

The San Mateo **HORSEMAN**

JANUARY/FEBRUARY 1984



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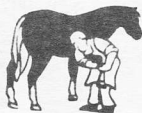
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1984 SMCHA President
Katie Kane

Photo by Bob Allen



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PRESIDENT'S MESSAGE

Dear Friends of SMCHA:

I wish to everyone a belated Happy New Year. We have many activities planned for the year and I am confident there is something which will interest you. We hope to see many new faces this year and I encourage you to contact me regarding the events you are interested in. We need your ideas to make 1984 a successful and enjoyable year. So check the calendar of events which appears in this issue and give me a call right away. I have one of those "blasted" answering machines in case I'm not home, so don't hang up just leave a message and I'll call you back.

Our first General Meeting will be the Annual White Elephant Potluck on Friday, March 30th at Independence Hall in Woodside. You know that old item which you have been meaning to throw away--however you hate to do it because "someone could get some use out of it"? Well the White Elephant Exchange will provide you the opportunity to give it to a friend! Watch for more details but circle the date now.

I look forward to seeing you all and thank you for the confidence you have extended to me as your president to make this year great.

SAN MATEO COUNTY HORSEMEN'S ASSOCIATION

1984 CALENDAR OF EVENTS

JANUARY	12	Healthy Horse Clinic
	19	Healthy Horse Clinic
	26	Healthy Horse Clinic
FEBRUARY	2	Healthy Horse Clinic
	9	Healthy Horse Clinic
	16	Healthy Horse Clinic
MARCH	20	White Elephant Pot-Luck & General Meeting
APRIL	26	SMCHA Night at The Races
	28	Spring Ride
MAY	20	SMCHA Ride
	23	General Meeting-program "Judging English Events"
JUNE	3	Mounted Patrol Western Show All cattle classes & reined horses
	16	Mounted Patrol English Show
	17	Mounted Patrol Western Rail
	20	English Clinic
	21	Western Clinic
	23	SMCHA Western Show
	24	SMCHA Ride
	27	English Clinic
	28	Western Clinic
	29	General Meeting Out Doors
JULY	4	NO CLINIC
	5	NO CLINIC
	11	English Clinic
	12	Western Clinic
	14	Equestrian Festival
	18	English Clinic
	19	Western Clinic
	22	SMCHA English Show
	25	English Clinic
	26	Western Clinic
	29	SMCHA Western Show
AUGUST	2	Final Western & English Clinics
	18	SMCHA Pony Show
	19	SMCHA English Show
	25	Overnight Ride
	26	Overnight Ride
SEPTEMBER	16	Autumn Ride
	21	Welcome Autumn Party
OCTOBER	21	President's Ride
	26	SMCHA Night at the Grand National
NOVEMBER	14	General Meeting, Elections & Insurance Program
DECEMBER	8	Installation & Christmas Party

Steeplechasing got its start two centuries ago in Ireland. After a day's hunt, Edmund Blake challenged a Mr. Callaghan to a race across the countryside from the steeple of Buttevant Church to the steeple of St. Legen Church, a four and a half mile course over any obstacle in their path. There is no record of who won.

EDITOR'S MESSAGE

Here we are, the holiday madness over, armed with the Healthy Horse Clinic under our polls and looking forward to the White Elephant Pot-luck. Look at the calendar of events, it promises to be a busy and fun year.

Last issue I said I couldn't return your pictures and almost missed out on a very special one (see Morris Grossman's article on "Mechanics of the Horse Jumping"). If you have some very special pictures you would like to share with the Association, please do send them in with your name, address and a monograph of the picture, include dates if you can and I will send them back to you.

OUTGOING PRESIDENT'S MESSAGE

By Harry Wellman

It was with mixed feelings that I saw my term coming to an end. I have really enjoyed my two years as President of SMCHA, and I hated to see it end. On the other hand, it will be nice to see Tezron again and start getting us both back into shape. And the extra room will be handy.

I really want to thank all of you whose help has been so valuable and so appreciated. I would also like to encourage everyone to get involved with the SMCHA events. If no one calls you, call them. It is a very rewarding experience. Tez and I both thank you for the beautiful bridle. It will be well used.

See you at the rides.

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VET'S VERBUM SAP

By Dr. William A. Grantham, 2920 Woodside Road, Woodside, CA 94062

EQVALAN (Ivermectin, MSD) - New injectable horse wormer

Eqvalan is indicated for the treatment and control of the following:

Large strongyles (adult): Strongylus species
Small strongyles (adult and fourth-stage larvae)
Pinworm (adult and fourth-stage
Ascarid (adult): Parascaris equorum
Hairworm (adult): Trichostrongylus axei
Large-mouthed stomach worm (adult): Habronema muscae
Neck Threadworm (Microfilariae): Onchocerca sp
Stomach Bots: Gastrophilus spp

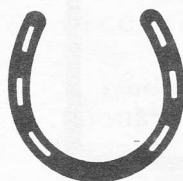
The dose is very small - 1cc per 220 lbs - and very easy to give, but the company recommends that it be given by a veterinarian because they want it given in a very precise way using a certain size and length needle. They recommend that it be given by intramuscular injection in the lateral muscles of the neck. This area provides a readily accessible site for injection with the least danger to the clinician and minimal site reaction in the horse. The hind leg is not recommended as an injection site.

The mode of action of Eqvalan is on the nervous system of the parasite causing paralysis and subsequent death. Eqvalan is unrelated structurally to any of the other presently available parasiticides therefore no cross over drug resistance is known. A suggested use for parasite control program is as follows: Foals should be treated initially at 6 to 8 week intervals. A paste form of some other parasiticide could be substituted from time to time. Adult horses are treated also every 6 to 8 weeks and paste wormers can also be substituted from time to time.

Eqvalan should not be used on pregnant mares. Cases of transient soft tissue swelling have been observed at the injection site; this possibility should be considered before treating horses to be entered in an event.

Some horses have experienced reactions with swelling and itching of the ventral midline, neck, and face shortly after treatment. In most such cases the horses have been diagnosed as carrying heavy infections of Onchocerca microfilariae and it is assumed the reactions were the results of microfilariae dying in large numbers. When this reaction has occurred as well as soreness and swelling at the injection site, I have used butazolidin, steroids, and diuretics to help relieve the symptoms.

My personal feeling about Eqvalan is that it is an excellent wormer and its benefits far outweigh its sometimes side effects.



MIDPENINSULA TRAILS COUNCIL

Your San Mateo County Horsemen's Association is a member of the Midpeninsula Trails Council with Lew Reed as the club representative. Incidentally he is Treasurer of the Council. Dues are \$15 per year.

The purposes of this organization is to provide a focal point of communication and a liason between all groups, bodies, entities and individuals that are involved in the planning, funding, acquisition, development, maintenance and use of trails, to further the use and development of trails and to espouse legislation to this end locally, statewide and nationally and to futher the protection of the scenic and recreational resources of the Mid Peninsula area for public use and enjoyment. Membership is open to individuals, political entities and agencies and associations, clubs and organizations.

Presently there are 37 clubs and individuals holding membership and representing possibly some 2500 trail users. They meet monthly at the offices of the Midpeninsula Regional Open Space District in Los Altos. Present President for her second term is Carolyn Lekberg who followed a 2 year term of Doni Hubbard (well known as author of Favorite Trails of Northern California Horsemen). During 1983 the Council published a monthly newsletter (edited and prepared by Hildegard Mackay, a SMCHA member); sent a representative to all MPROSD board meetings; sponsored a walk-ride at Skyline Ranch August 6th; sponsored a walk-ride at Piccettie Preserve June 26th; sponsored a hike at El Sereno Preserve on October 29th; participated in the development of the Trail Information and Volunteer Center; presented recommendations to Santa Clara County Parks and Recreation Commission, sent a representative regularly to San Mateo County Parks and Recreation Commission; investigated trails in the Saratoga developments of Parness and Blackwell; toured Henry Coe State Park and held several informational meetings re the Henry Coe Master Plan; handled reservations for MonteBello equestrian parking and helped

develop trail maps for preserve users; helped MPROSD celebrate OPEN SPACE DAY; provided a forum for discussion between trail users, provided information about activities of various member clubs and provided educational information about trails and trail users and trail needs.

Your San Mateo County Horsemen's Association is proud to belong to and to participate in the Mid Peninsula Trails Council.



TRAIL NEWS

What is happening to the trails of San Mateo county? In and around considerable work has been accomplished to improve the trails. The trail behind the Hitchrack from Glencrag to Canada Road has been rocked. The steep trail from behind Carol Goodsteins to Mountain Home Road has been rocked. The trail from Goodsteins to Woodside Road leading to Wunderlich Park has been worked over and ditched on both sides to make it less soupy in winter. This was done by the volunteer services of Gordon Jennings with his own trail building machine. It remains to be rocked and this is the responsibility of the developer who will do the work this summer. The Parks and Recreation Dept. has rocked the trail beside Portola Road from the old entrance to Searsville around to Family Farm Road and they also intend to complete the rocking along the Stanford fence to Whiskey Hill. San Mateo County has adopted an active policy of providing all weather trails in the area as a substitute for the trails within Wunderlich and Huddart that they must necessarily close during winter rainy season. The roadside trail on Raymundo at Marva Oaks will shortly be improved as the landslide repair progresses. The bridge on Mountain Home Road behind Roberts has been rebuilt with steel beams and new lumber all with volunteer labor and some bargain prices on materials. Such volunteer labor reduced the cost from some \$8000 down to \$3500.

Everyone seems to be working together to keep our trails open and in good shape. The Town of Portola Valley, Town of Woodside, Woodside Trail Club and County of San Mateo all have most active volunteers to accomplish all of this for the benefit of all horsemen.



required). Unfortunately there are no direct trails between Portola Valley and Woodside to LaHonda, though indicated on the Master Plan. Parks and Recreation can provide trail maps for you.

There are trails within the San Francisco Water Department with overviews of the bay cities and Crystal Springs Lakes. These are under the jurisdiction of the SF Water Dept. and keys are needed. Contact SF Water Dept, 1000 El Camino Real, Millbrae, CA 94030, Mr. Bendix, for applications. Send self-addressed stamped return envelope, phone 697-4424 for further details. Special applications are needed for group rides. No fees.

For over 50 years the Woodside Trail Club has organized and maintained a system of permissive trails over private properties within the Woodside Fire District comprising Woodside and Portola Valley. One must be a member of the Woodside Trail Club to obtain a key. Fees are \$25 initiation fee, a key deposit of \$10 and annual dues of \$30. An applicant must be a resident of the Woodside Fire District or maintain their animal within the area, must be sponsored by a resident member who must attest to your ability to observe private property rules and to your horsemanship, and must be seconded by two more resident members. The rules are strict. Obviously this is necessary because many of the trails are permissive and the property owner may remove the permission for infractions on his property. The trails are well maintained and all funds collected go to the maintenance of the trails. Applications may be obtained from Robert O'Neil at 851-1967. A fine network of trails cover Portola Valley and Woodside and allow one to move easily thru the entire area.

So, if you really want to trail ride it is suggested that you join an organization and obtain the various keys. Actually in 1981 there was an organized ride thru the various systems across the entire San Mateo County from Santa Clara to Golden Gate Park. It can be done. It takes some doing on your part and dedication but the rewards are tremendous. San Mateo County has one of the best trail systems within the continental United States. Valleys, hills, grassy areas, vistas, fog banks, redwood groves, and all the trails are safe and generally well maintained.

And we should not end this without mentioning another rapidly developing trail system within the Preserves of the Mid Peninsula Regional Open Space District. Montebello Ridge and Skyline Ranch offer lots of trails for riders. Whittemore Gulch in San Mateo County from Skyline to the coast is undergoing a use and development plan right now. Contact MPROSD for details at 965-4717.

Join our clubs. APPLY FOR YOUR KEY. WE SHALL SEE YOU ON THE TRAIL!!!!



SAN MATED COUNTY HORSEMEN'S ASSOCIATION



LOS VIAJEROS

SAN FRANCISCO



SHACK RIDERS

**HAPPY
HOOFERS**
SINGLE RIDING CLUB

WHY JOIN SMCHA???



By Harry Wellman of
San Bruno, California

There are many good reasons to join SMCHA. We have all heard most of them--The clinics, the horse shows, meetings, installation dinner and the like.

However, there is something we have in this area that most people take a bit for granted, and a thing into which the horseman's assoc. puts a large amount of work. This is our unique trail system. All anyone really has to do, to appreciate what we have here, is to visit a few other areas. We hear regularly from other people who have left the Bay Area about how much they miss the trails.

So help us keep the system going.
Join SMCHA today!!!



If your horse balances himself in the trailer by leaning on the rump bar, protect his tail and rump by covering the bar with a fleece girth cover.



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LOS VIAJEROS INSTALLS

Los Viajeros Riding Club installed their 1984 officers on Saturday, February 4th at the Crystal Springs Golf Club in an impressive ceremony. Master of Ceremony Doug Moody performed admirably despite being on crutches following his horse falling on him late that afternoon during a cutting practice.

Reinstalled as President was Roland Scowden along with First VP Marv Twisselman, Second VP Sue Sheehan, Secretary Julie Scowden, Sgt at Arms Bill Gwinn. Members of the Board include Rob Krensky, Ed VerLinden, Lew Reed, Sue Machado, Norma Tucker, Tex Rowan and Kitty Haddix.

The Club plans some 18 days of organized riding throughout the year with a program of day rides, overnites, 3 day rides and their traditional 4 Day Ride. Dates will be set at their next Board meeting.



"The outside of a horse is good for the inside of a man."

Mark Twain



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Cut glass Rosario Haviland China set, bottles, 1865 Joan of Arch Tunbridge table, 1845 Meladian, Simon & Halbig 23" doll, English, Western, Army & Sidesaddles, late 1890's early 1900's bits, spurs and much more "horsey stuff", very old, also new and used tack bought-sold-traded. Call for appointment.

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MECHANICS OF THE HORSE WHEN JUMPING



By Morris Grossman of San Jose, California

In the belief that it should be of interest to riders to understand something of the more or less exaggerated gymnastics performed by the horse as he approaches, clears or negotiates the obstacle, lands again, and gallops on, the following is submitted and is aimed particularly at the aspiring jump riders with the hope it will be of some aid to them.

As the horse approaches an obstacle he will, if relaxed, be carrying his neck long and straight, with the ears at about the height of the withers, his ears forward, eyes carefully and alertly scanning the obstacle and judging his stride for the takeoff. At his last stride before the jump-stride he allows HIS HEAD AND NECK TO DROP SOMEWHAT, and at the same time his hind feet are brought far forward under his mass and planted for their thrust at takeoff.

What is the effect of the falling head and neck?

As the neck is falling its weight is removed from the forehand. This, of course, lightens momentarily the forehand, which must be carried up by the thrust of the hind legs. Further, because of the neck falling away, an equal weight of the mass just behind the withers is put out of balance and must necessarily be supported by the hind quarters.

This has the effect of charging the hind legs with practically all of the weight and mass of the horse, which is what the horse desires and must have, since the hind legs furnish the force necessary to put the horse up and over the hurdle or obstacle. It is very plain that the LOWERING of the head and neck must be allowed if the horse is to clear an obstacle with the least possible strain.

The next step in the acrobatics of the jump is the THRUST FROM THE HIND LEGS, which forces the mass into the air. The front legs are flexed at the knees as the feet leave the ground and are tucked up high. As the mass starts into the air the head and neck swing up to about the normal position- their momentum in that direction effecting a certain amount of upward lift on the forehand.

Following this movement and as the forelegs approach the top of the obstacle (just before clearing it) the head and neck are again dropped; the drop at this time is small or great, depending upon the jump. If the horse is having a difficult time of it he shoots the head and neck out and down to maximum extension.

And again, what is the effect of the use of the head and neck?

Just as before, the forehand is instantly relieved of this considerable weight (while the neck is falling) plus the equal weight behind the point of balance (about the withers). This so-called equal weight goes at once onto the hind quarters, which are still in their maximum thrust or have just left the ground and are on the way up.

The horse is, by this acrobatic maneuver trying at this instant to get his forehand over the obstacle. The result of the dropping of the weight, as he does it, causes the greatly and suddenly lightened forehand to go even higher than it would have as a result of the thrust of the hind legs because of the momentary removal of weight.

It is thus obvious that the horse must not only be allowed but encouraged to use the head and neck when jumping. He must have this freedom if he is to negotiate his jumps efficiently.

The horse has now got his forehand over the top of the obstacle and it (the forehand) is starting on its downward path. His next problem is to get his hindquarters over the peak of the obstacle. This is how he does it:

The hind feet have left the ground and are approaching the peak. At sometime during this approach the horse suddenly and with varying force, raises his head and neck up to a fairly high position. Here think of the effect not only of the weight of the head and neck but also of the force exerted by it on the forehand as the head and neck are thrown up suddenly, and add to this the force effected (or exerted) by the inertia involved (remember the head and neck were traveling downward when the raising began).

This movement thus executed exerts a strong force DOWNWARD on the forehand. Taking advantage of this force and weight the horse by contraction of his back muscles flips his hindquarters high up and over the top of the jump or obstacle as his hind feet well tucked up under him, approach the peak. Again, we have here the importance of the free use of the head and neck.

There are two more instances of such use. One as he lands on his forefeet over the obstacle and the other occurs as the hind feet hit the ground and conclude the acrobatics of the jump.

As the forefeet are landing the head and neck are high, where the strong upper thrust previously made has placed them; as the front feet hit the ground and are receiving the weight and terrific force of the falling mass, the horse again allows the head and neck to fall. This falling movement tends to detract from (or assists in the easing if you will) the first impact on the forelegs and the weight of the head and neck is caught an instant later, after the first shock as they arrive at the bottom of their fall.

The front feet leave the ground and as the hind feet hit it the horse throws the head and neck upward in an effort to again weight the forehand and somewhat lighten the shock of the landing for the hind legs.

All the preceding, of course, is but a sketchy description of the various effects of movements that a horse must make in negotiating obstacles, but they do cover those motions with which every rider should be concerned. There should be little doubt as to the value of head and neck freedom for the horse while jumping.

Other important subjects in connection with jumping such as the combined and coordinated uses of the hands, legs and body, learning to so detach the hands and arms from the body that their movements become those of the horse's mouth, keeping contact with and following the horse's mouth are all very important and must be perfected before one can hope for success as a jump rider. Too few realize this and therein lies the reason for the miserable exhibitions seen so often in every show ring. Therefore, I do not go into these subjects mentioned in this paragraph in the belief that they are best left to the best efforts of the student and a qualified instructor.

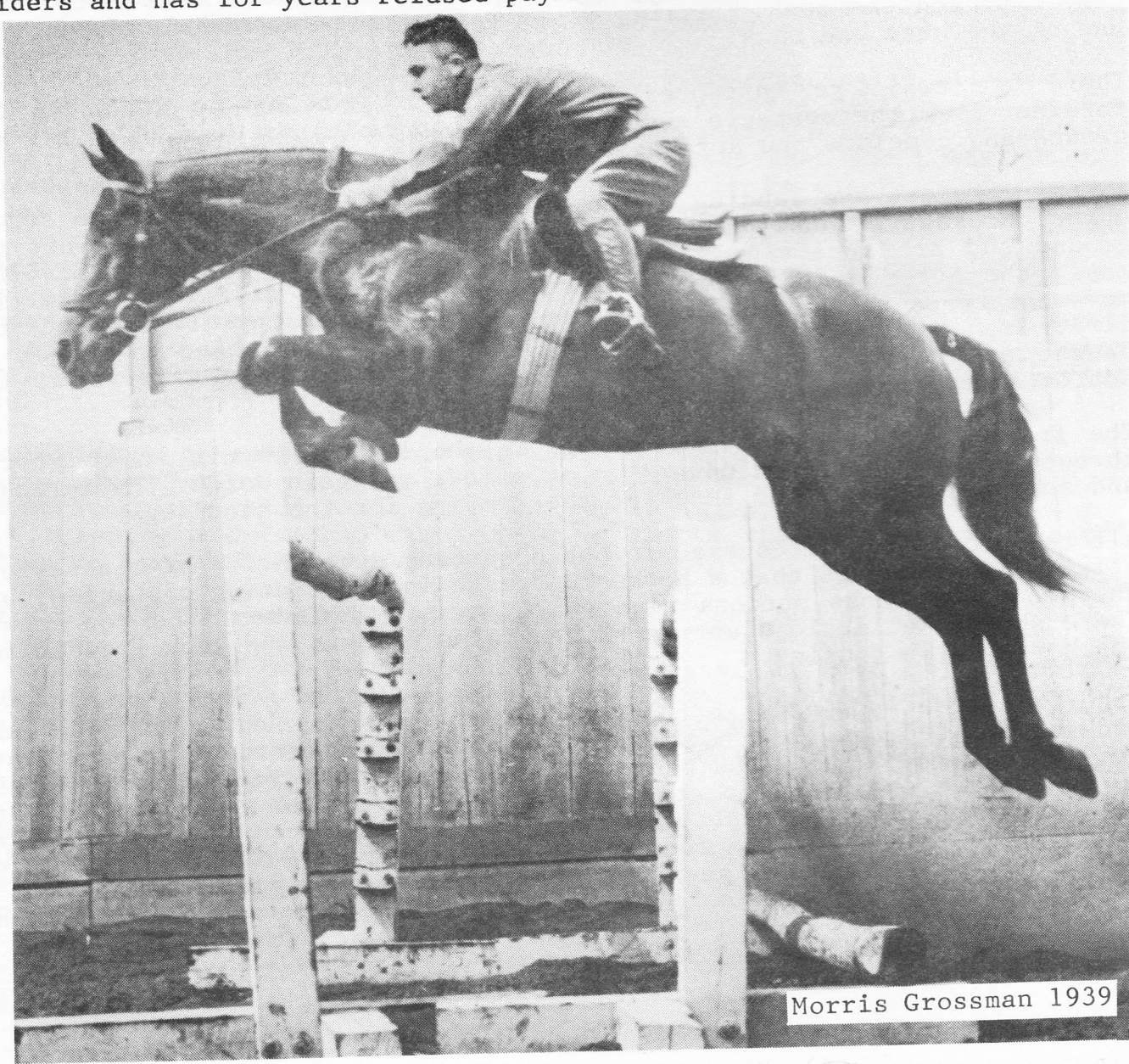
Finally, I leave you with this thought: Remember that the fixed lower leg is the key to good form in jump riding, and the following hand the key to the form of the horse over obstacles.



Bibliography: There is nothing really new in equitation and the foregoing subject has been gone over many times in previous years, particularly before WW2. This is perhaps the main reason many riders and instructors simply have no living memory or experience with previous methods but know only present day commercially palatable terms such as hunt seat equitation and crest release. So all credit for all the foregoing must go to my teachers at the School, the Cavalry School Manual, Capt. Paul Kendall who wrote so knowledgably on the subject, Gordon Wright, Henri Luebbermann, and Herr Mueller the only instructor I ever had who stood in the center of the riding hall drinking a bottle of beer with one arm while waving the other. However this only happened after he had worked himself into a lather.



Morris Grossman is U.S. Army retired and a graduate of the Advanced Equitation classes at the Cavalry School, and is certainly qualified to teach or train. He particularly enjoys teaching the serious younger riders and has for years refused payment for such lessons.



Morris Grossman 1939

FROM THE OTHER SIDE OF THE FENCE

Here comes Peppy. I surely wish all humans could be like him. But horse heaven isn't most human's worry. I truly love this time of day with clean stalls, plenty of hay and grain for all. What could be better. I'm sure a well-bred horse like you has been raised here. Some of the true joys are taken for granted. But for me, my new owner made life worth living.

My life started because of a careless mistake. The Arabian's stall was left open. And sure enough, my mother was easy prey to the older stallion of the show ring. Mother, who was a proud little Appaloosa filly from the reservation, was easily overcome. The careless barn manager feared for his job. In the morning my father was put back. Here's where the saying about closing the door too late comes into effect.

When I arrived, the shock was too much for either side to take; and to the highest bidder I went. Not to my liking, I went to a trader of sorts, a quick-profit man having no real feeling for his mount. As soon as I made it to his house, he started asking things of me which were more advanced than my capabilities. He then took my confusion to be acts of defiance. This would start him into picking on me and more often than not led to a full-fledged beating. Soon he grew tired of this and left the profit surely to be lost. My corral was extremely small and had no shelter. As a result of this, I was a mess. If I didn't show some signs of affection, there would be no food. I had been reduced to nothing. Then almost like a miracle, my new owner-to-be was standing on the other side of my corral. He had strong hands and soft eyes. Pity or maybe something else about me caught his eye. Figuring a quick way out of a colt with no heart or talent, the trader made excuses for my appearance and asked Peppy if I was what he wanted. The conversation was one-sided, but soon the deal was made.

Life made a complete turn around from that day on. First on the list was suitable conditions to live in year round. I also received regular meals and periodic vet checks. It all started to show. My coat quickly shined. I grew stronger in the passing days, and my health was improving. Scheduled visits by the farrier kept my moves smooth and the risk of stumbling to a minimum. Surely my respect has been demanded by him but never taken lightly. In human terms, it has been the perfect marriage. I can't hardly wait until he gets here. Well, now back to the chores of breakfast.

The above story reflects no certain breed, color, age or sex. It goes on every day. Remember, we have only got you and your love.



Signed,

Henry the Horse

Now residing at Eddie Cohn's Barn
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To stop a fence chewer, keep a bar of soap in the barn and just rub it on the fence where the horse has been chewing. The soap eventually washes off, but it is very cheap, quick and effective to use.



The only horse ever to beat Man O'War was "Upset".

Which stallion sired Man O'War?

Fair Play

REINS OF LIFE RIDE



By Lew Reed of Woodside, California

1981 was designated and proclaimed as the International Year of the Disabled. Orange County Riding Center, Inc. conducts a very active teaching program for riders in all phases of riding. Included in their program is the promotion of the concept of therapeutic horseback riding for the handicapped and they have a most active program with many volunteers, gentle horses and particularly well qualified instructors. All of this is financed through tuition, private contribution and fund raising is a necessary element of the program.

One of the plans conceived as a 1981 fund raiser included a sponsored horseback ride from Orange County to San Francisco. The sponsors included Orange County businesses and service organizations. As a sufficient number of sponsors materialized, plans were underway to organize the trip itself, a most formidable task of finding acceptable routes, maps, authority to cross lands and trying to keep to as many urban areas as the trails would allow for publicity purposes. Letters were sent up and down the state seeking the necessary information. And as it was accumulated, working it all up into a good route. Finally a route was determined and a calendar of riding dates prepared. The route chosen totalled over 400 miles and would take 6 weeks and 3 days allowing for some rest periods and emergency layovers.

The riders were Patricia (Petey) Reap, Head Instructor for Orange County Riding Center, a graduate of the Instructor Course of Cheff Center for the Handicapped, a certified animal health technician, holding a B.S. in Art and having completed requirements for entrance to a school of veterinary medicine and Kathleen Morris, Head Instructor for ORCR and a member of the North American Riding for Handicapped Association, holding a British Horse Society Instructor Certificate and a B.S. in nursing.

Their horses were Petey's GIANT, a 12 year old, 16 hand Appaloosa-Draft gelding, long used as a lesson horse and show horse and Kathleen's ROSIE, an 8 year old, 14.2 pure white Connemara mare from Ireland, also most gentle and willing with handicapped students but very athletic having been used for jumping, dressage, and trail.

The ultimate route took them from Lake Forest Riding Center in Orange County commencing on June 12th on to Griffith Park in Los Angeles, to Port Hueneme, Ventura, Santa Barbara, inland on Highway 154 thru San Marcos Pass land into Santa Ynez, on to Santa Maria, San Luis Obispo, Santa Margarita to Paso Robles. From there to King City, Soledad, San Juan Batista, Gilroy and Morgan Hill, around San Jose to Los Gatos, Cupertino, Santa Clara, Los Altos Hills, Portola Valley, Woodside, Pacifica, and finally into Bercut Field in Golden Gate Park in San Francisco on July 26th.

San Mateo County Horsemen's Association became acquainted with the project as the ORCR wrote to San Mateo County asking for the route of a direct trail, south to north, through San Mateo County. San Mateo County Parks and Recreation Department referred the problem to SMCHA and Lew Reed worked up maps and suggested routes through the public trails, trails of the Woodside Trail Club and of San Francisco Water Department. He solicited the help of San Francisco Horsemen's Association and San Francisco Posse for the last leg of the trip and received great willing response. The REINS OF LIFE RIDE was notified that the final phase of the entire trip could be handled.

Weeks went by and then Lew received a call that they would be at Westwind Farm in Los Altos Hills on July 18th. Driving over to meet them he found Kathleen and Petey and their horses, Kathleen's mother wearing a T-shirt claiming her as Wagon Master and driving her faithful old Volvo and pulling a small vacation trailer (something she had never done before), Kim Crawford, a 12 year old girl paralyzed from the waist down but an avid rider in the safer areas along with two of her girl friends. All were under the hospitality of the Los Altos Hills Horsemen's Association and Westwind Farm. Saturday night was celebrated with a fun potluck dinner there.

Tuesday the group rode to Portola Valley stopping at Rossoti's Alpine Garden for lunch and on to the Webb Ranch to board the horses overnight with Fay Humphries providing the space.

Wednesday, Phil Ray and Lew Reed guided them from Webb Ranch to Woodside. In the meantime Barbara Noble, at that time reporter for the Country Almanac, had become so enthusiastic on meeting the group and realizing their devotion to riding programs and to handicapped programs that she had contacted Phoebe Cook who immediately invited them to the Los Altos Hunt Pony Club quarters on Somers Field to observe the learning practices of the prize winning Sundance Vaulters and the techniques of Adrian and Sydney Stang, instructors of the vaulting program and the handicapped riding program there. So engrossed in observing and learning and questioning Mrs. Stang were Petey and Kathleen that they nearly missed the bountiful dinner spread on the porch for their group.

When Lew Reed picked them up early on Friday morning to join a group of SMCHA horsemen they had already been out and completed the entire jump course on Somers Field. Friday's route led them through the entire length of the San Francisco Water Department lands from Edgewood Road to Coastside Corral in Pacifica passing thru the quarry on #92 by special permission of the Water Dept., a most beautiful ride thru the fog washed trees of Cahill Ridge and sunlit vistas of San Francisco airport and South San Francisco from Portola Ridge. Tanya Galvin, then President of Los Viajeros Riding Club, had waiting a delicious lasagna dinner as her personal contribution. She also provided the trail boss services for their next segment of Pacifica to Palomar Stables in San Francisco.

The final leg of the journey was led by Ricky and Joanne Traversaro of San Francisco Horsemen's Association assisted by Merv Keegan. SFHA turned out in force. Several SMCHA members had trailered up. The San Francisco Sheriff's Posse under Capt. Tony Marez were in uniform accompanied by Sheriff Mike Hennessey. Winding their way around Lake Merced they stopped to pick up a group of handicapped riding horses of Four Seasons of Fremont and each led by a volunteer. All were dressed in yellow T-shirts. Continuing on up Sunset Boulevard they picked up a Wells Fargo Stage Coach loaded with handicapped to complete the final parade into Golden Gate Park. It was an impressive sight.

In the lead was the stage coach, then the handicapped riders all looking good, the Orange County Riding Center flag followed by Kim in her wheel chair pushing herself and resisting all assistance, Kathleen and Petey on their two white horses, then the various horsemen of SMCHA, SFHA, LV and SF Posse. Sheriff squad cars and the uniformed Golden Gate Park Police were at all intersections.

The REINS OF LIFE RIDE was over but the festivities were not. San Francisco Horsemen had ready a tasty barbeque. Kathleen, Petey, and Kim made immediate friends with the Mounted Police. They even got to ride

the police horses. Even Kim rode and got to sit on the horses for pictures. The REINS OF LIFE RIDE was a success!!

Along the way contributions came from many sources, individuals, horse groups, business. We understand that though the ride was 3 years ago some are still contributing. Contributions can still be sent to Orange County Riding Center, Inc., 23011 Moulton Parkway, Suite C6, Laguna Hills, CA 92653.

Kathleen Morris is still contributing to the handicapped by instructing at Somers Field. She was an instructor in Woodside Junior Riders program. All while holding down a full time job as nurse at Stanford Medical Center. Rosie, her horse, is stabled on Tripp Road and she will be seen on the trails in Woodside this summer.

The horse clubs of Santa Clara, San Mateo and San Francisco counties and local horsemen were all enriched with their participation in this unique, worthwhile and exhilarating riding experience and in meeting such dedicated people as Kathleen and Petey.



A NEW TRAILS ORGANIZATION

Have you heard of it?? It is known as THE TRAIL INFORMATION AND VOLUNTEER CENTER.

During 1983 there was born on the peninsula a new organization devoted to trail promotion all due to a substantial grant from the Mellon Foundation. Its purposes have been defined to provide information and to act as a clearing house of information on trails, to coordination and information about group's outings and hikes, a center promoting advocacy for trails and to provide maps and guidebooks on trails.

It is trying to establish a list of volunteers from all organizations, to coordinate Trail Days for volunteer building and trail maintenance, to promote Adopt a Trail Programs for local trails, to provide assistance to public agencies through coordination of volunteer land management activities and to encourage volunteer participation in trail planning and construction.

Contributions are solicited and may be sent to Trail Information and Volunteer Center, 2253 Park Boulevard, Palo Alto, Ca. 94306.

YOUR INVESTMENT TODAY WILL HELP US PROVIDE YOU WITH SERVICES TOMORROW.

HORSE COURSES



U.C. Davis is offering 4 courses for Horse Breeders in April and May. They are all Saturday classes costing between \$50 - \$75. The titles are: Legal & Tax Aspects of the Horse Business, An Introduction to Equine Genetics, Basic Equine Health Care, and Care & Conditioning of the Athletic Horse.

If you want further information call Vicki at 364-1339 (leave message). I have the pamphlet and can give you more details.



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CLEM'S CORNER



By Clem Carroll of Woodside
California

What a nice job you are doing, Editor Vicki Bohacs. Thank you for taking over.

And do we have an independent president of SMCHA---Miss Katie Kane!!! She attended the S.M.CO. Mounted Patrol Installation Dinner Dance alone. Heard there were many surprised looks on the faces of the ladies attending. Each year the current President of the SMCHA is invited. Katie had a great evening.

Everyone who ever rode a horse in the area knew Al Laws and his activities with the Jr. Riders, Los Viajeros and competitive riding. Suddenly, we heard, all horse interests were behind him and the new thing was sailing. An accident happened near Monterey and Al died of hyperthermia. Our sympathy and condolences to Phe, Al's wife, who took part in every activity Al was involved in.

The Fox Theatre lobby in Redwood City was an unusual setting for the SMCHA Installation dinner. Walt Kirk and Tom Miller tended bar, and a nice buffet was offered. Doug Moody was Master of Ceremonies. We were given a game to play - a question and answer one on old time movies, 46 questions in all. For instance, "What actor is Mary Martin's son?" and "What was the secret identity of Don Diego de la Vega?" Was interesting to see how this game brought people together.

Ron Haddix felt such compassion for Doug and Noel losing their quarter horse "THE FOX" and then facing a bill from U.C. Davis in the amount of \$3500. Ron collected over \$500 from fellow horsemen and presented Doug with a check to go toward payment of their hospital account. Everyone has known the many hours of labor Doug continues to give to the Jack Brook Horse Camp and this was to show their appreciation. It was a complete surprise to them and many

sincere "thank you" notes were written. They will never forget this.

To Carroll Ann Hodges, we are very sorry to hear of your Mother passing away right after Christmas, and such heartaches concerning your dear riding friend TORCH, having cancer and other problems. Carroll Ann has a wonderful knack in training her cats. They jump through hoops, over and around anything they are asked to do, retrieve, roll over, it's fun to watch. We look forward to your Horse Caroling group this Christmas of 1984.

C O M P I N A W A, that sounds like the name of an American Indian, but it isn't. It stands for: Committee of Men Participating in National and Woodside Affairs. To meet these illustrious gentlemen, just check in at the bakery in Woodside. (Editor's note: See the February 8, 1984 issue of The Country Almanac for story and picture about this group.)



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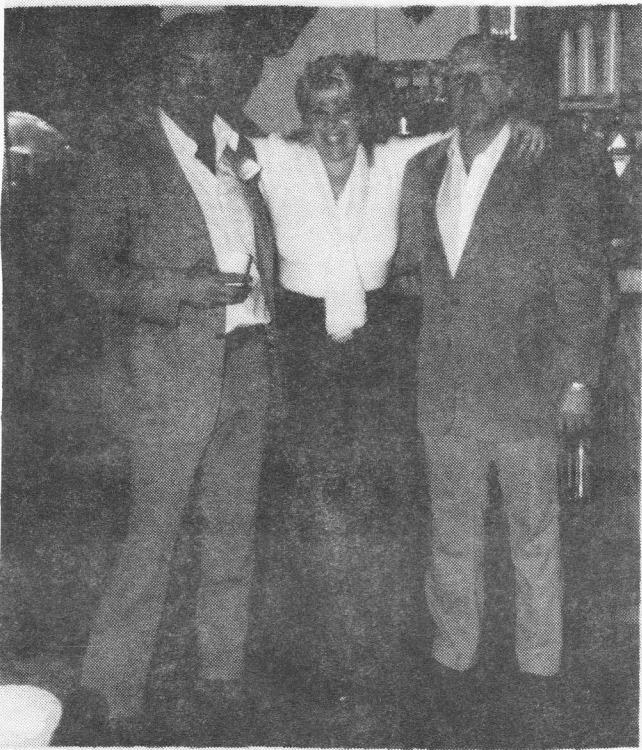
THE SMCHA MOVIE TRIVIA QUIZ



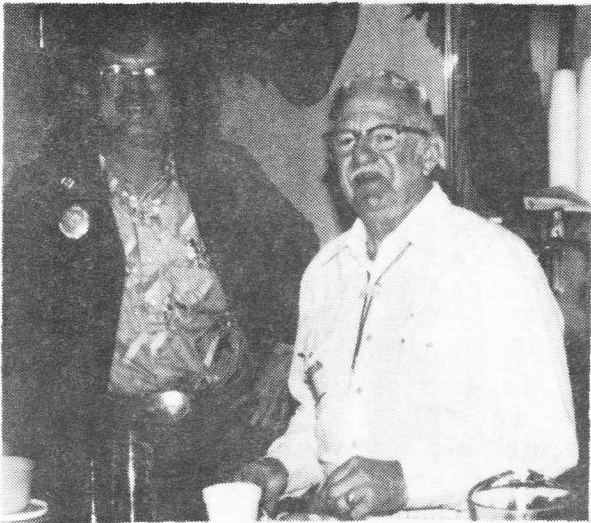
By Noel Moody of
Palo Alto, California

The Fox Theatre was the perfect location for the SMCHA Movie Quiz. Pitting table against table, the plot thickened as each team worked together to solve the mystery. Carol Goodstein's table proved victorious, 37 right out of 46 questions, and was awarded the "Oscar." Congratulations!!

CHRISTMAS PARTY



AND INSTALLATION



Photos by Bob Allen

MEMORIES

By Irma C. Goldsmith of Los Altos Hills, Past Historian of 40 years

I had been evacuated from the bombing in Hawaii 1941 and my beautiful thoroughbred mare, Lindy Lou, also was sent back and was in the old stables on the Stanford campus as used by the ROTC. (This has all now been torn down to make way for more athletic space by the stadium.) I was riding Lindy Lou in back of the campus and headed for Portola Road. As I rode on up Portola Road nearing the old Lazy Day Ranch which at that time, I think, was managed by Don Fazziola, now long gone from this area, a large station wagon stopped and the occupants spoke to me and invited me to join their rodeo barbeque at the Lazy Day Ranch. I recall one of those persons was Marie Kemm together with Fred and Rosemary Lehman and others.

And so I did join the group which turned out to be the second rodeo of the newly incorporated San Mateo County Horsemen's Association. The setting was most rural, of course, since the ring used for the pleasure classes wound up over a little hill, then dropped down over what might once have been a stream, up and around the opposite bank returning once again to the incline. This was a far call from the beautiful ring in Kapiolani Park, Hawaii, where Lindy Lou had won the Dodge Trophy in a class of over 80 entries. Most of the riders at that time were Western and I guess we were the lone English participant that day, and I may still have the second place ribbon somewhere. This was the second rodeo held by the newly formed group of horsemen, managed by Doc Whitman, held during the summer of 1942. The "Pink Shirt" newsletter helped to keep enthusiasm high and to inform members of the interesting activities scheduled; rides, over-night rides, shows, etc. I do remember, though, the hospitality and friendliness extended to a lone refugee from the bombing of 1941 in Hawaii. This was also the time when the first trail markers were established along the trails.

WOODSIDE COW CUTTER'S NEWS



By Noel Moody of Palo Alto, California


Elections and a pot-luck dessert highlighted the January meeting of the Woodside Cow Cutters. Held at Independence Hall, Woodside, these members were elected: President-Greg Morasci, Half Moon Bay; Vice President- Dave Dutton, Pacifica; Secretary- Kendra Kraus, Sunnyvale; and Barbara Price, Half Moon Bay-Treasurer.

The W.C.C. Board of Directors will consist of Terri Pacheco, Ed Williams, and Tom Price, Half Moon Bay; immediate past president, Steve Christensen, San Francisco; and June Curtis, Burlingame. Good luck to all.

For a change of pace, a fun rainy day horse show was held in November at the Pacific Coast Training & Breeding Center in Half Moon Bay for W.C.C. members only, it highlighted cutting horses incognito as pleasure horses, halter horses, and the fastest trail horses west of the Mississippi. Judged by the Cajun, Dennis, it was a great day. Other events included a stock horse "championship" class won by Doug Moody on a borrowed horse named "Cement Boots" and an equitation class won by Kathy Gumina. The fun and frolics was followed by a great chicken barbeque.

The January cutting playday was also held at the Pacific Coast Training & Breeding Center. Twenty-two riders participated. The morning cuttings were judged by club members according to NCHA rules. The placings counted towards the end-of-year awards (silver buckles) in the beginners and intermediate divisions. The afternoon works were unjudged and lasted five minutes each.

The Installation dinner will be held March 3, 1984 at Nick's, Pacifica. For information concerning the Woodside Cow Cutters contact Barbara Price at (415) 726-9316.



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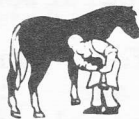
An Iowa law prohibits keeping a horse in an apartment house.

A Boston statute requires a hotel owner to put up and bed down the horse of a guest.

You can't enter a tavern on horseback in California.

You cannot put cowbells on horses in Tahoe City, California.

A Los Angeles City magistrate denied damages for a horse-bitten hand. The ruling stated that a horse was entitled to at least one bite!



HORSE ACCOMODATION DIRECTORIES

Equine Travelers of America, founded approximately a year ago by George A. Blatchford of Arkansas City, Kansas, provides over 100 listings of equine accomodations throughout the nation. ETA works on a membership basis only, according to Janice Nelson, secretary and part owner, and memberships are \$25 per year, a fee that includes a directory of facilities and locations, and a listing for each member with stalls of their own available to rent to traveling horsemen. Listings currently include locations throughout 29 states and three provinces in Canada. For more information, contact Equine Travelers of America Inc., P.O. Box 322, Arkansas City, Kansas 67005.

*ARABIAN NAME RULES CHANGES

The Arabian Horse Registry of America has in the past used the asterisk as the first "digit" or character in a horse's official name, but that was changed as of June 1983. The registry will no longer use the asterisk after that date, though owners of imported horses are free to continue using the asterisk for promotional purposes. After June, in a case where there are two horses with the same name such as *ISIS, sold recently at the National Showcase Sale in Louisville, Kentucky and another ISIS, a domestic-bred horse that died in 1974, a new official name would have to be chosen. Names with asterisks that are already approved will be retained.



FREE RODENT CONTROL BOOKLET

The U.S. Department of Health, Education and Welfare says that 145,000 rats are born every hour and each can cost a farmer some \$25 worth of contaminated or consumed grain per year. This coupled with other serious rodent-related farm problems such as disease, structure and fire hazards can be combated, according to the Ralston Purina Company, which has been conducting rodent control research for 26 years. "Bad New for Rats, Good News for You" is the title of a booklet culminating this research and is offered free of charge by the Ralston Purina Company to help farmers and livestock producers overcome such infestations. It shows farmers how to recognize and control rats. Those interested may write "Rodent Control", Health Industries Marketing, Ralston Purina Company, P.O. Box 1058, St. Louis, MO 63411.





TRAILER SAFETY CHECKLIST



Every addition to this list increases safety and decreases worry. Make each check a hands-on check wherever possible. When checking run-down trailer stabilizers on some models, for example, put your hand on them and give them a good shake to make sure that it not only looks secure but actually is tightly in position.

While details of a check vary for different rigs, a complete circle should be made around the rig in all cases. Many of the items on this checklist are included in competitive safety and driving events for professionals.

Around the vehicle

- Check lights including stop, hazard, signal, clearance, and interior lights.
- Check bumpers, mud flaps, canvas, tarps, lashings.
- Check shocks, springs for softness, sag, and U-bolts for tightness.
- Check fuel level, fuel tanks for leaks and loose mountings, and properly locking cap.
- Check stowed oil can.
- Check rearview mirrors, mirror mountings, door operation and locks.

Hitch

- Check for broken spots.
- Sway control secured, set for weight of trailer when loaded.
- Rundown trailer wheel up and secured.
- Trailer hand brake off.
- Electric brakes plugged, lights plugged, all wires free of possible entanglement or friction.
- Breakaway brake secured and safety chains secured.

Tires

- Spare tire mounted and pressure checked.
- Trailer and tow vehicle tire pressure checked.
- Trailer tire condition checked for buldges, cracks, tread, foreign matter.
- Tire lug nuts secure, hubcaps secure.

- Tire wrench stowed together with jack.

Wheel bearings

- Check twice a year for seals, packing grease.

Trailer

- Check flooring for worn, rotten, or slippery spots.
- Check for splinters, loose fastenings, exposed nails, protrusions, sharp edges.
- Check for leaks, loosened covering, blocked ventilation.

In the driver's seat

- Check feel of brake and clutch pedals.
- Check hand brake for excessive travel.
- Check adjustments of mirrors.
- Check the fuel gauge.

With engine started

- Check engine for ease of starting and smooth operation.
- Check operation of hand throttle, choke, and accelerator pedal.
- Check brakes.
- Check operation of all instrument panel gauges including tachometer.
- Check operation of windscreen wipers.
- Check for unusual noise in clutch and transmission when clutch pedal is depressed and released, with engine running, and transmission in neutral.

Other equipment

- Chemical fire extinguisher and flares.
- First aid kit.
- License, registration, insurance papers.
- Distilled water for battery, radiator.
- Spare engine oil.
- Tools property secured.

Horses loaded

- Upper doors locked into position.
- Ramp support legs secured.
- Left wingnut or latch secured on tailgate.
- Right wingnut or latch secured on tailgate.
- Trailer rear ramp stabilizer up, right, secured.
- Jockey door closed and secured.

CURE FOR TINTED TAIL

Laundry bluing can be used to clean gray or white horses tails, but it has been known to turn the tail green. An alternative is Wisk laundry detergent that whitens without tinting. Pour a small amount into the palm of your hand, work it through the wet tail and rinse.



To prevent a horse from eating too fast, put a small salt block in his grain bucket. This slows him down and at the same time enables him to get the salt he needs without the salt block getting dirty.



"Money is like manure, you have to spread it around or it smells."

-J. Paul Getty

"The horse weighs one thousand pounds and I weigh ninety-five, I guess I'd better get him to cooperate."

Jockey Steve Cauthen

"If horses won't eat it, I don't want to play on it."

Dick Allen on Astroturf

"I take a tremendous amount of vitamins, which includes a giant Swiss pill each morning, and six protein-rich pony pills--whats good for a horse is good for people."

Diana Vreeland



FLY CONTROL - WITHOUT PESTICIDES



Pesticides are dangerous to the user and the environment, but man has used them consistently to fight his battle with the insect. Now there is another way. A different sort of program to control flies has been promoted for years by the United States Department of Agriculture, based on the fact that insects are the best control of insects.

The Fly Predator, a tiny, biteless and stingless wasp, can replace dangerous poisonous sprays to control flies, according to Patrick Spalding of Spalding Laboratories, Arroyo Grande, California. Spalding raises and sells the Fly Predator, which destroys its only prey, the pest fly, by laying eggs on the fly pupa. The immature fly then consumes the body for nutrition, destroying the fly. The Predator does not crawl on people nor infiltrate their living quarters.

The Predators will be shipped in an inactive cocoon stage, with approximate date of hatching printed on the package. If a horse owner starts early in the year, before flies are a major problem, he can control his pest fly population for just a few dollars per month, says Spalding, as long as the program is followed according to specifications.

Additional information on the Fly Predator, classified by the USDA as a beneficial insect, is available by writing to Spalding Laboratories, Route 2, Box 737, Arroyo Grande, CA 93420.



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COPING ON THE TRAIL



Your horse deserves a break from the ring work and showing--why not take him out for some fun on the trail?

There are polite, well-manicured bridle trails for starters, where your only peril is your own horse. But you may want to strike out into open country. Coping en route here may need some pointers.

Descending Hills

From atop a high hill, there's a clear, chilling picture of things-to-come far below. Best take these descents at a walk, straight-on--not zig-zagging, which can cause an unbalance of your horse and you. Easy on the reins; a death-grip will cause your horse to pull against your hands and hinder his head movements, needed for balance.

There's a tendency to lean back when going down. Don't...unless the slope is almost vertical. Otherwise, sit balanced, your weight off his hind end, leaving it free for "breaking."

On the ravine-like descents that tend to give you cardiac arrest, lean back and let your horse slide. One such slopes, your horse slows himself by shifting his weight back, often with rump close to the ground. Not to worry: he can make it in fine fettle.

Going Up?

Stand in those stirrups, grabbing mane far forward, allowing him free use of his hindquarters. Holding the front of the saddle won't help--your weight will still be on his back. When scrambling up, your horse may have a tendency to pull like a lead dog on a sled team; he'll need his head and neck free, so don't restrict his movement.

Rivers and Streams

Crossing a river may provide you a gateway to some fine trails. Don't be afraid, even though it's often

fearsome for the uninitiated--even the initiated at times.

Carry a stick and use it, emitting a lusty yell, too, if your horse drops his head; he's probably looking for a cooling roll. Keep him moving, his head up. But if you get ejected, grab his tail, and he'll pull you across. If it's deep, best stay aboard--'til the bitter end.

Bridges

No two bridges ever are alike. There's one short, low wooden bridge over a little creek; it rattles, and riders shake on first crossing. Just be sure the bridge is safe. (If cars cross, then a little bridge will hold you and your horse, no matter his size--or yours.)

If your horse balks or won't follow another one over, pause and let him think things over. If he still won't budge, stay put and eat your lunch, discuss the rate of inflation or static cling with him. Still refuses after the use of your legs and crop? Dismount and lead him over--several times. Then ride him across, dead-center. (Most country bridges have no railings--a chilling thought.)

Dogs

To disperse same, best keep the riders together to form a formidable front as well as flanks, too. Walk. If you are aware of a mean pack, arm yourself with pebbles which you can heave at will.

Vehicular Traffic

Cement and trailer trucks are often mayhem-producers. Best to initiate your horse to such vehicles, even plain cars, along a less-traveled road with wide shoulders and an open field at side. (By law, you must ride on the right side of the road--with the traffic.) Talk to your horse, pat and soothe--but keep walking. If yours is not a common-sensible horse but is truly terr-

ified, walk him deep into the adjoining field, gradually riding closer to the road.

Stay in that saddle! 'Tis tempting to abandon ship and lead past all "dangers." Don't. Your horse must learn to rely on you, on his back. If you are quaking, a stalwart friend may volunteer (if urged!) to ride him; go ahead and lose face--accept such generous offers at once.

It's up to you to teach your horse that he won't be hurt and that going where you suggest can be fun. The big world out there is often a frightening place to a horse. Be patient. Give him a break--before he gives you one.

Trail fears fade. The spirit of adventure lingers on.



ONE WAY OF LOOKING AT IT

The beauty of horses is that they can be recycled. They can do other things besides racing or jumping. They can become a carriage horse or a pleasure horse.



Talk about bad taste! -- M&R Packing Co., a Hartford, CT, meat packer, has won permission from the New York City Health Department to sell grilled (frozen) horsemeat burgers on the streets of New York.

SPEAK UP FOR EQUINE SPORT COVERAGE

Typically, TV coverage of Olympic games includes little equine sports. If you would like to see more three-day and other horse sports televised this year, now is your chance to speak up. Mail your request for equine sport coverage to: Mr. John Martin, Vice President of Programming, ABC, 1330 Avenue of the Americas, New York, NY 10019.

OUT OF THE NURSERY, INTO THE BARN

While they won't signal an end to mucking out stalls, disposable baby diapers may yet have a place around your horse. These sterile, absorbent pads come in a variety of sizes and thicknesses, providing the resourceful horseman with ready-made bandages that cost about 25 cents.

They can be placed over a nonstick pad and covered with a final wrap to serve as padding on a wound.

Plastic-side-down, they retain moisture and body heat for sweats and poultices.

They make excellent shipping bandages to protect legs.

Use them inside the girth to protect a girth gall from irritation.

They can be soaked in Epsom salts or other medication, then placed on a wound or inside a treatment boot.

Cut and fitted under a bridle, they provide padding for an injury behind the ears.

Tape them on the underside of your saddle blanket to hold medication on a wound beneath without getting medication on the blanket itself.

They are easily cut and shaped to serve as head bandages.



MYSTERY **'s???

If you have two asterisks next to your name that means this will be the last correspondence from SMCHA you will receive. Please send in your dues for 1984 now!!

SUPPORT OUR ADVERTISERS
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IN THE SAN MATEO HORSEMAN

MEMORIES

Stan Schlichting member since 1943

During the middle 1940's the San Mateo County Horsemen's Association had several overnight rides to the Frye Ranch on LaHonda Road. We used to ride over the Old LaHonda Road, which crossed Skyline Blvd. about one and one-half miles south of LaHonda Road, and then down the other side. This road intersects LaHonda Road near the old Frye Ranch. Later Rena Frye sold to Jack Glass and we had several more rides to his ranch. Needless to say we had some good times on these rides.

Around this same time the monthly magazine of the Horsemen's Association was called "The Pink Shirt." The uniform shirt of the Association was pink, hence the name. Norma Kramer was editor and Alice Schlichting was advertising manager.



Repair leaky barn boots with Shoe Goo. It costs about \$3.00 and is sold in athletic shoe stores. One tube does several repair jobs.



To Tony and Olga Lopez:

Margaret Barbera had written a glowing report and complimented you highly on the lunch you handled for The Shack Riders last summer, but it was inadvertantly omitted from the May/August issue of the magazine.



Forty-five percent of mature body weight, in your horse, is reached by six months of age and about 60 percent by 12 months. Wither height is 84 percent, and body length and heart girth circumference are 75 percent of the mature measurements at six months of age. Body length reaches 91 percent, and heart girth circumference is 85 percent at 12 months.

In case you're wondering how the courses for the endurance phase of the Olympic Three-Day Event are progressing, be assured that three golf courses are now being built for them. Steeplechase will be on one and crosscountry on the other two. Ten million tons of dirt have had to be moved, and 40 thousand trees are being planted. A year hence, golfers will be making divots where thundering hooves did tear the turf.



The old order passeth--Novice is the name for the lowest (fifth) level of Eventing previously called Pre-Training. The other four levels--Training, Preliminary, Intermediate, and Advanced keep their designations. All levels have received certain amendments, contained in the 1984 AHSA Rules for Combined Training.

PALOMINO REGISTRATION



Until June 1, Palomino owners can register their horses with the Palomino Horse Breeders of America (PHBA) for \$15.00 regardless of the horse's age. Owners do not have to be a member of the PHBA. It is hoped that this, in addition to the repeal of inspection requirements, will encourage Palomino owners who otherwise might not register their horses.

If the horse is registered in another recognized breed registry, the owner need only provide copies of these papers, and one color, side-view photograph of the horse.

For a new registration application, contact PHBA, P.O. Box 249, Mineral Wells, TX 76067, (817) 325-2513.



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FUN FUN FUN



By Lew Reed of Woodside, California

Group Trail Riding is a great sport. It is most enjoyable if all the riders adopt and follow a few basic principles of good horsemanship and courtesy.

Every rider is under the jurisdiction of a TRAIL BOSS. He is responsible for everyone and everything. He should be consulted if you have a problem or want instructions. During the ride no rider should proceed ahead of the TRAIL BOSS. There is a good reason for this. He knows where the ride is going but more importantly he is setting the pace for the entire group.

Every ride has a designated DRAG RIDER, sometimes called the safety rider. During the ride no rider should drop behind the DRAG RIDER. It is his responsibility to keep the group together and to get all the riders back safely. He can best do this if all the riders are ahead of him. During the ride a few riders should wait with the Drag Rider while he closes the gates. Leaving him alone leaves him with an anxious horse and a potential accident.

Riders should not smoke on the trail and smoking is allowed only in designated areas. Generally we are the guests of some private property owner or adjacent on state or county trails with their permission only. All property owners are afraid of the fire hazards and all horsemen must be exceptionally careful not to violate such permission.

It is an excellent idea to use a red ribbon on the tail of your kicker for the safety of all. Your Trail Boss usually has some if you have forgotten. It is just a good way of lessening the liability to yourself and to the organization sponsoring the ride in the event your animal does kick another or someone.

All riders should keep up without lagging behind or stringing out too far apart. All riders should avoid unnecessary stops. One of the biggest problems of any group ride is the breaking up into separate groups because someone dallied on the trail causing unnecessary problems to all who follow and concern to the Trail Boss. Just keep up with the horse ahead. A good guide is to stay back one horse length. And try not to jog or run up every little incline. The horse behind adopts the practice of the horse ahead and this is disruptive to the whole group.

While riding along avoid grabbing at bushes and branches and allowing them to swing back against the horse and rider behind. One should not let his animal graze along the trail or snatch bites. That moment's hesitation compounds back along the line until the Drag Rider is virtually loping to keep up.

Studs!! You may have the best mannered stud in the area but on a group ride it is imperative that you have the permission of the Trail Boss to bring your stud animal on this particular ride. Some groups prohibit studs entirely.

It is expected that you will stay on the designated trails and not take short cuts or create new trails. This goes along with the idea that we are all guests of the property owner--public or private. Generally speaking all horsemen appreciate the privilege of riding the various trail systems and recognize the property rights of others, but a little reminder goes a long way toward upholding the good name of all horsemen.

All horsemen know that proper tying up of their animal is important-to tie with a knot that will readily come loose in an emergency but which will still keep the animal securely tied at a proper length. Usually the Trail Boss will inspect all tie-ups and may ask you to re-tie, if in his opinion your tie is not proper. Tie high and short is a commonly heard instruction. It is best not to hobble your horse in a group. It is upsetting and disconcerting to others even if your horse is really well mannered.

On all group trail rides it is expected that both the horse and rider will be properly equipped. Horses should be equipped with a saddle and appropriate other tack. The rider should be dressed to protect their arms and legs against scrapes and scratches. Boots should be worn. Generally the Trail Boss will have to be consulted for anything less and his permission obtained before starting.

At all times it is necessary to remember this is a GROUP TRAIL RIDE and the group should start out together and all should return together. Therefore no one should ever leave the group without the permission of the Trail Boss or Drag Rider.

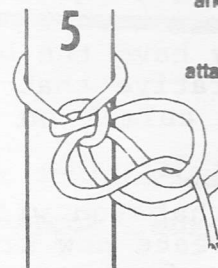
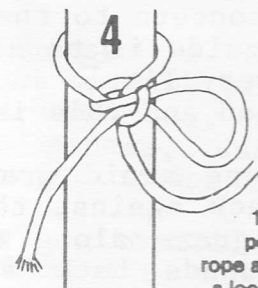
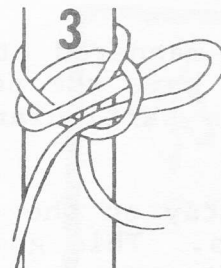
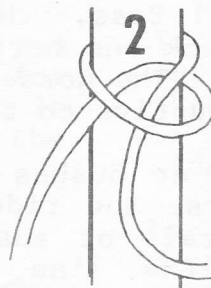
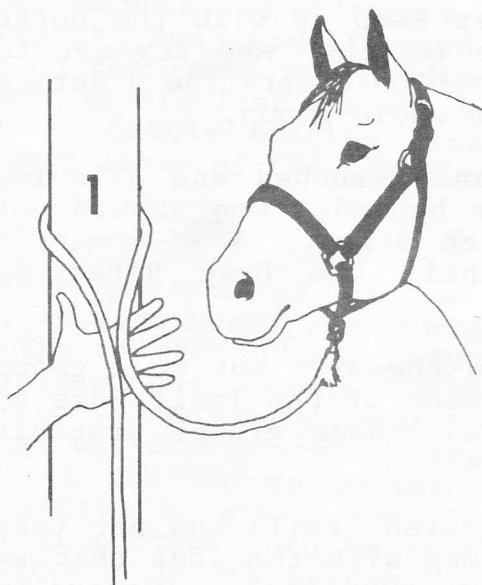
Your individual conduct should be judged by what is best for the entire Group.

The trails are waiting. Your horse is ready. You are anxious. Let's all go out and have a good time enjoying the pleasures of riding a good mount, viewing the beautiful scenery and enjoying the fine company of good horsemen and horsewomen.

Group Trail Riding is FUN-FUN-FUN. You make it so!!!!



THE QUICK RELEASE KNOT



The Quick Release Knot.
1) Run the rope around the post. 2) Wrap the end of the rope around itself once. 3) Make a loop with the end of the rope, and insert it through the loop made in step 2. 4) Pull the part of the rope that is attached to the horse to make the knot snug. 5) Loosely insert the end of the rope through the loop.

PLEASE CONTRIBUTE

All of us are over solicited for contributions and each plea is well founded. It is difficult for any of us to pick and choose. But there are some pleas that really should be promoted.

STANFORD RED BARN RESTORATION is a most worthy cause. All members of SMOHA and members of other horse clubs within our area received a personal plea last fall. Many members made substantial contributions and the primary goal was reached. But several of us failed to send in their response. It is not too late!! May we suggest that you send your check ASAP to Stanford Red Barn Restoration, Stanford University, 301 Encinal Hall, Stanford, Ca 94305. Then we all shall be invited to the grand opening coming up soon. Your past and future contributions have impressed Stanford administration with the strength and needs of the horse world.

Another plea came from Los Altos Hunt Pony Club for the complete rebuilding of a trail across Somers Field leading to Wunderlich Park. Their cost is some \$8000 and it must come from contributions. This is a vital trail deserving also of your financial support no matter how small. Send contributions to Los Altos Hunt Pony Club, 5001 Woodside Road, Woodside, Ca 94062.

Volunteerism and personal financial contribution supports the horse world. Are you doing your part? Every little bit helps!!!

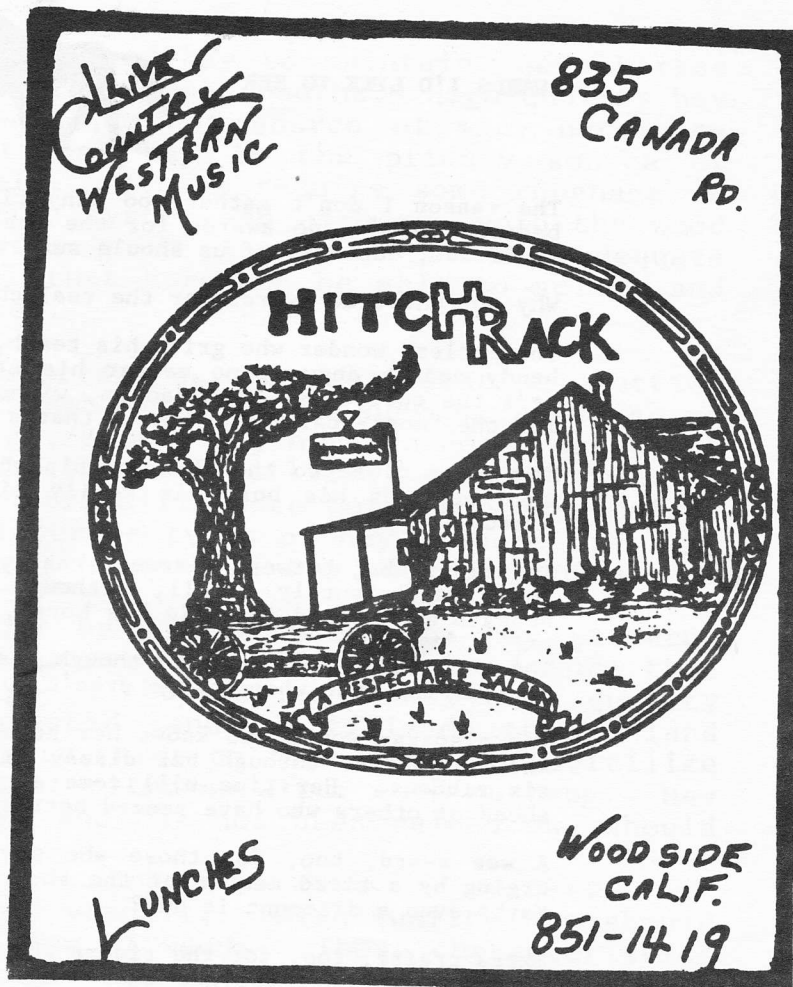
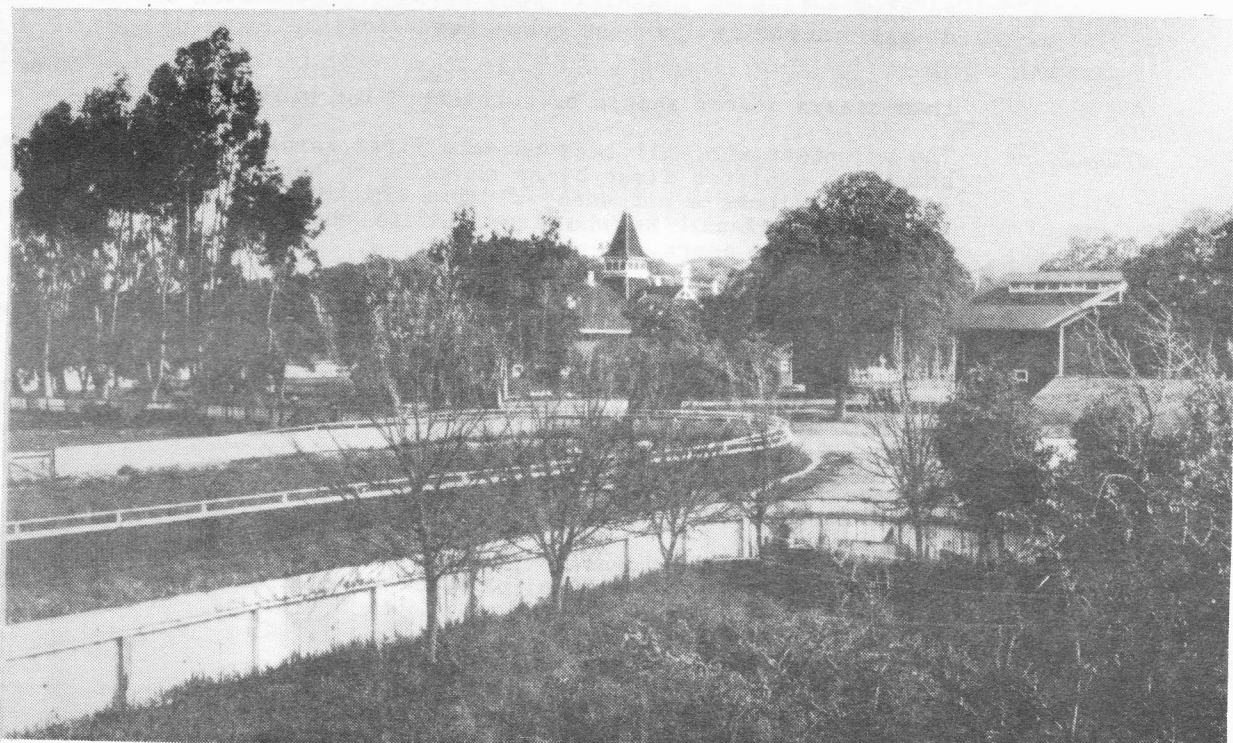
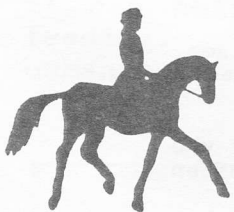
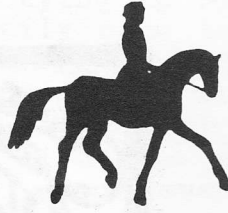


Photo courtesy of The Stanford Archives Museum



AWARDS I'D LIKE TO SEE



By Lucie Stigler
* Reprinted from Horseman

The reason I don't gather too many ribbons at shows is, without doubt, because they've no awards for the really bit feats. Mostly people get their due, but some of us should surely come into our own, praisewise.

Why not showtime awards for the real champions of horseshowmanship?

The gutless wonder who grits his teeth, wipes sweaty palms and jumps that handy course anyway, no matter his style or his horse's way of going. It's the cool cats who clean up, without turning a hair grey. An award for the "most-scared who does," that's the thing.

The owner close to the championship who decides to forego one more class when he sees his horse is really tired. An I-won't-push-him-farther award?

The rider who, between classes, really cools out his horse with a sponge bath and leisurely stroll, although he feels the need to splay out beneath a tree and just tie his horse, saddled. A "horse first" award.

The competitors who look as though they're having a good time, who smile in the ring even when things aren't going well. A "best-showman" award.

The also-ran woman who knows her horse did better than some who pinned; she who smiles through her dismay at coming in seventh in a class of six ribbons. Her time will come another day when her horse is pinned ahead of others who have seemed better. An award for remaining a lady?

A wee award, too, for those who pay their class bills promptly, sans urging by a tired member of the show committee. A good customer award. Maybe even a discount is due?

Extra praise, too, for the riders who come prepared, down to the last bit of flyspray, hoof oil and curry comb. A borrower all the time doesn't rate any ribbons any time.

A blue for the contestant who jumps in and acts as jump-crew to speed things along. His reward shouldn't wait till heaven.

Trail and cross country riders should be awarded things, too, it seems to me, for unsung deeds as demonstrated by that patient soul who hangs back to give solace to a not-so-savvy nervous rider, even though he aches for an all-out charge. A best companion award.

The leader who pops off to get gates, knowing he can cope more quickly than others nearby should be recognized for his courtesies.

The volunteer who will test terrain first earns a trophy. A massive bog should be explored first by an experienced horse and rider. So should a river that looks a bit deep, a dense thicket area that may be a home to thriving nestles. He who is first to check out the unknown deserves reverence from peers.

He who offers his horse to an older rider whose mount is suddenly lame, insisting that he needs to stretch his legs by walking home deserves a standing ovation.

The fools-rush-in type who will give a gentle lecture to a beginner who isn't handling a horse too well. Speaking up to instruct can so often prevent mishaps. A most sincere award.

And the silver cup to all owners who bring succor to their sick horses, who soak feet for hours, who truly care.

So there they are - ideas for new awards. I guess for the present I must be content with an occasional pink or green ribbon. I have my pride.

PURCHASING QUALITY HAY



Many horsemen are dependent upon purchased hay to maintain their horses throughout the year and particularly the winter months. High-quality hay must be purchased, since hay is an important source of many nutrients required by horses. In most rations, hay is the primary source of calcium, vitamins and trace minerals. Horses require some roughage in order to maintain a healthy digestive system and also to avoid the wood chewing which often occurs as a result of low quality or inadequate forage. Therefore, it is essential that horsemen be able to select and purchase quality hay for their horses.

The type of hay is not nearly as important as the fertilization, cutting time and handling of the hay. Although legume hays such as alfalfa are normally higher in protein and energy, almost any hay can do an excellent job of meeting the horses needs if it is fertilized, cut and handled properly. In other words, there is more difference between high-and-low-quality bermuda hay than between different types of hay. Therefore, the quality of hay is more important than the type of hay used for horses.

Horsemen can select high-quality hay by first asking the hay producer about his fertilization and management practices in order to insure that the hay has the potential to be high-quality hay. Producers of quality hay should normally have soil-tested and fertilized their land accordingly. They should cut hay every three to four weeks and fertilize with approximately 50 to 100 pounds of nitrogen after each cutting. Hay that has been managed in this manner and has not been rained on, should be quality hay.

Secondly, the hay should be inspected visually. High-quality hay should be leafy, green, small stemmed and free of weeds. These characteristics are important because leaves and grass contain more than twice as much protein, calcium and phosphorus as stems. Stem size should be small so that it represents a small portion of the total weight. The natural green color also indicates good curing and high vitamin A content. If hay meets these qualifications, it will normally have a pleasant aroma. The hay also should be free of musty or moldy conditions, since these can cause colic in horses. Therefore, when looking for hay to purchase, horsemen should look for hay that is clean, leafy, small-stemmed, free of mold and weeds, and should have a natural color and pleasant aroma. These characteristics indicate good quality.

The ultimate determination of hay quality is a forage analysis. Forage testing takes the guesswork out of determining quality, and it is the best method of determining the feeding value of the hay. Properly used, it can help horsemen balance rations and do a more economical job of feeding. By selecting and purchasing high-quality hay, horsemen can enhance the growth and performance potential of their horses.

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POISONOUS PLANT CHART

By Jewell Taylor

*Reprinted from North Monterey County FORTNIGHTER

<u>COMMON NAME</u>	<u>POISONOUS PART OF PLANT ACTIVE PRINCIPAL IF KNOWN</u>	<u>CLINICAL FINDINGS</u>
Cheeseweed	All parts (Nitrogen)	Severe muscular trembling
Puncture Vine	Seeds (Nitrogen)	Irritates lining of mouth
Pigweed	All parts	Severe scours
Poinsettia	Leaves	Not very palatable, causes abdominal pain and scours
Castor Bean	Seed (Ricin)	A toxic albumin hemorrhages affects kidneys
Snow On Mountain	Leaves	Nerve excitant
Durango Root	All parts	Diarrhea and weakness
Klamath Weed	Leaves, stems (hypercin)	Rapid breathing, skin blisters
Pinnatifida	All parts	Gastroenteritis
Wild Radish	Tops	Stomach trouble
Common Knotweed	(acid)	Dermatitis gastric disturbance
Water Smartweed	The sap	Photosensitizations, skin irritation, gastro disturbance
Rhubarb	Leaves, pedistol portion	Affects urethra
Sheep Sorrell	All parts (oxylates)	Affects urethra
Mexican Tea	Leaves (oxlate)	Muscular incoordination, coma
Amaranth Pigweed	=====	Abortion, low lactation, discolored urine, digestive disturbance, vitamin A deficiencies
Cyclamen	Stems, leaves, (smilacin)	Gastro intestinal irritation, itching, swelling, blistering
Privet	Leaves, berries	Gastro intestinal irritation, renal damage
Oleander	Leaves (Oleandrin)	Increase in heart beat, ventricular fibrillation
Jimson Weed	All parts (atropine)	Dilated pupils, rapid pulse, hot dry skin, halucinatic
Angel Trumpet	Leaves, seeds (alkaloids)	Thirst, disturbance of vision, heart-beat rapid, delerious, incoherent
Carolina Horsenettle	Berries	Inflammation mouth and stomach
White Horsenettle	Berries	Inflammation mouth and stomach
Black Nightshade	Leaves, fruit (solanine)	Weakness, thirst, lack of coordination
Buffalo Bur	Burr	Enteritis, hemorrhage, ulceration
Potato	Seeds, sprouts (solanine)	Abdominal pain, depression
Hairy Nightshade	Leaves, fruit (solanine)	Weakness, thirst, lack of coordination
Foxglove	Leaves (Digitalis)	Irregular heart beat, diarrhea, depression
Hydrangea	All parts	Gastroenteritis, diarrhea with blood
Apricots	Pits	Coma, stupor, vocal paralysis
Cherry Laurel	Trimnings	Cyanide poisoning
Peaches	All parts, stones are particularly rich in cyanide	Dyspnea, gasping, paralysis, convulsions, coma, prostration
Spotted Loco Weed	Leaves, stems	Lack of muscular coordination, frantic movement, dullness
Virgina Creeper	=====	Think it's poisonous
Boxwood	Leaves, twigs	Dysentary, nervous tension
Mistletoe	All parts	Vomiting, diarrhea, (Digitalis)
Prickly Lettuce	Green plant only	Cattle - lesions in lungs
Cocklebur	Young plants	Quivering, trembling muscles
Elephantear	Raw	Swelling of mucous membranes
Lily of Valley	All parts	Purgative effect like digitalis, severe purgation, scours
Hyacinth	Bulbs	Dehydration
English Ivy	Berries, leaves	Nervous depression, emesis and purgation
Narcissus Daffodil		
Jonquil	Bulb	Gastroenteritis, convulsions, scours
Wisteria	Seeds, pods	Gastroenteritis, scours, abdominal pain
Buckeye	Seed	Vomiting, paralysis, fruit will cause hogs to abort
Elder Berry	=====	Animals usually avoid
Yellow Pine	=====	Abortion

SIGNS OF OVERSTRESS



There are specific signs that may tell you that your horse has been overmatched. None of them should be ignored. One, of course, is general malaise. If your horse is standing around looking miserable, you need to investigate further.

Heat, soreness, or swelling in a specific area. These are signs of injury. Your action will depend on the location and the kind of injury involved; you may want to call in a vet.

Reluctance to eat, restlessness in the stall, listlessness, dull expression. These could be signs of oncoming colic; they need a vet's attention.

Shaking. This is a sign of acute muscle fatigue, usually seen right after exercise. It's a result mainly of toxic buildup and electrolyte imbalance in the muscles, so it's doubly important to keep the horse moving and keep blood flowing to the muscles. Because toxic buildup can lead to tying up, you should have a vet look at your horse.

Reluctance to move or to get up. This could be a sign of tying up or of laminitis. Again, toxic buildup is most likely the cause. You should keep the horse moving and contact a vet.

Thumps. This is rapid breathing with a distinctive thumping appearance. It's another sign of near-total exhaustion with electrolyte and pH imbalance, and also requires a vet's attention.

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COOLING OUT AFTER A HARD WORK

1. Jump off and loosen the girth but don't stop to untack. Keep your horse moving so that his circulatory system remains active, carrying heat to the surface and removing toxins from the muscles.

2. After several minutes, pause long enough to untack. Cover your horse with a cooler if the weather is chilly, and continue walking.

3. Monitoring your horse's pulse and respiration will give you an indication of how severely he was stressed, and let you track the progress of his recovery. If you don't have a stethoscope, you can locate the pulse along the inside surface of the lower jaw.

4. Measure respiration by placing your hand on the flank and counting how many times it rises and falls in ten seconds.

5. When your horse's temperature has dropped to 103 degrees, and his pulse and respiration have slowed, he can have a little water. The old rule of five swallows for every fifty yards walked still holds.

6. Check his legs for minor injuries. A hard-to-see scratch, left untreated, could become swollen or infected by tomorrow morning.

7. Jog him briefly for lameness before you put him away. Early treatment helps keep small problems small.

8. Once your horse is completely cool and dry, blanket him. Put him in his stall but check back on him every ten minutes or so for the first half-hour to make sure he hasn't broken out.



When applying hoof polish, it is easier to keep dirt off by standing each freshly polished hoof on a paper plate until dry. The plates are portable, cheap and reusable.

MEMORIES

By Barbara Sills Bergman, Member since 1948 of Woodside, California

We remember Jacinto best for his wonderful, gritty little mustang self. We didn't forget, either, that he was special because he was the very first horse we owned. Horses which have shaped and colored our lives, chosen our friends, picked our homes for us, and patterned our lifestyles.

When we came to California in the 40's, the Peninsula was a very different place. There was hardly a house in the hills behind San Carlos where Jacinto took us so often. Country started just a few blocks west of Five Points in Redwood City and best of all there was no word for smog since there wasn't any yet. A high point of the year for us was the Redwood City 4th of July Rodeo. It was a real down and dusty, bronc busting affair, entered not only by local cowboys, but by real circuit riding professionals, too. Once we even got to join the parade, clippity clopping along behind.

Jacinto himself could usually be found in a small, shaky stable just across the railroad tracks off Holly Street. If we couldn't find him there, he was probably out behind on the salt flats or single-footing happily down the middle of El Camino Real. The local police were very long-suffering (we knew them all) but fortunately before anything bad happened we moved far away to skyline. A couple of times Sally Towne journeyed up Alpine from her dad's ranch, or Jimmy Rolfa's daughter came over from what is now Pony Tracks, but otherwise we were suddenly clearly alone. There was no electricity, no phone, no bus (still no bus, actually). Of course Jacinto saw us safely through these trying times and occasionally we did manage to go to the Horsemen's meetings, rodeos, roundups and certain social events kids our age were allowed to attend.

After we moved, Woodside became the center of our Western world. Everyone, it seemed, had horses and knew one another. Of the many wonderful people there, the families I remember best were the Ed Zwierleins and the Pete Townes, warm and generous people who were always doing something with and for horsepeople. The SMCHA has long been a Mid-Peninsula focal point. I should take this moment to thank its members who have striven hard to accomplish so much, not only for other Horsemen, but for all lovers of the outdoors and open spaces. A special thanks to the horses, too, who made it all happen. Who among us would ever consider trading our barns and fenced pastures, trucks and trailers, silver saddles, vets and farriers, trips to emergency and the feed store for 48 Ferraris and a villa in Mazatlan? Now that you mention it, just the other day.....



1984 MEMBERSHIP DUES

Don't let your renewal lapse, you might miss receiving the magazine or some important announcements in the mail. Our P.O. Box Number has changed, please make a note of it.

Please send your dues to SMCHA,
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THE REAL PAPER CHASE

A FEW TV seasons ago, there was a highly acclaimed program on about struggling young law school students. Called "The Paper Chase", the show portrayed the endless challenges a first year law student must face.

But the term "paper chase" didn't originate in a law school. It originated on the hunt fields of Merrie Olde Englande.

Since the sport of fox hunting was a primary leisure activity among the wealthy, young riders had to be able to obey rules of hunt etiquette as well as they rode (maybe even better). Thus, the master of the hunt and his staff would stage mock hunts to school the young riders in their manners.

But the mock hunts didn't follow a hound pack and they didn't hunt a real fox. Instead, the riders had to follow a trail of small bits of paper scattered across the fields by the master. The trail would include fences and creeks and other challenging and educational obstacles for the young equestrians.

Since there wasn't a kill at the end of the hunt, it made the effort seem almost futile to the youngsters. While it taught them their manners, the chase itself was meaningless. Thus, the term "paper chase" has evolved into meaning an arduous or challenging experience that has no real end or meaning.

The term has, however, fallen on hard times in the hunt field, and the more accepted name for this sort of game is "Hare and Hounds." The hide-and-seek format consists of some players scattering bits of paper for a trail and the remaining players trying to find and catch them. It may still be a method of teaching the rules of the hunt, but more often than not it's a fun game to play on trail rides.



Still, it's easy to see how "paper chase" came to be associated with law school. But to the struggling young rider, all that studying on an immobile chair--as opposed to a very mobile horse.--may not look so bad.



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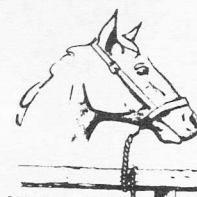
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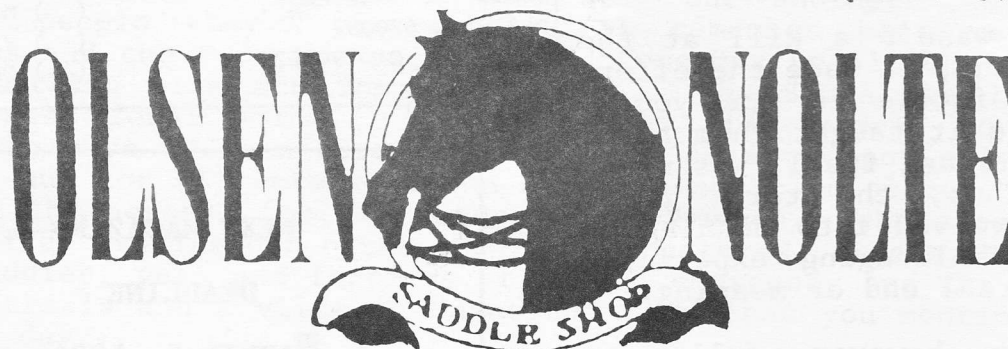
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Vol. 42 No. 1 January/February 1984

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