

the San Mateo **HORSEMAN**

SPRING 1986



ON THE TRAIL

Oil, original mouthpainted by J. E. SMITH

Courtesy of the Association of
Handicapped Artists, Inc.

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We're sorry to report the passing of one of our most valuable members, SOMEONE ELSE. SOMEONE's demise creates a vacancy that will be tough to fill. SOMEONE's been with us for years and years and each year SOMEONE did far more than a normal person's share of the work. Whenever there was a need to be filled, a job to do, or a place of leadership and responsibility vacant, one name that was always mentioned was SOMEONE ELSE! "SOMEONE ELSE can do it." "SOMEONE ELSE can have that job." It was common knowledge that SOMEONE ELSE was among the largest contributors of time to SMCHA. Whenever anything was needed, people assumed that SOMEONE ELSE would be there to fill the need.

Now that SOMEONE ELSE is gone, we will just have to do it ourselves. R.I.P.

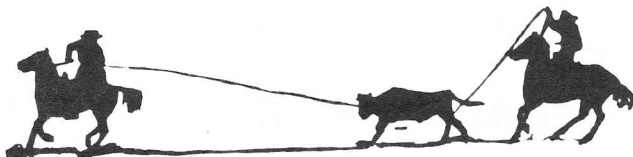
EDITOR'S MESSAGE

By Cynthia Baird

Like all other phases of this Association, the magazine depends on your participation for its success.

How do you "participate" in a magazine? Here are some suggestions:

- 1) Heard any good horse stories lately? Share them; you don't even have to write it down, just tell me about it and I'll get it into print.
- 2) If you take your camera along on a ride or to an equestrian happening, make extra copies of your favorite shots for the magazine.
- 3) When you patronize businesses that advertise in our magazine, be sure to tell them you saw their ad...and if you patronize businesses that don't advertise in our magazine, ask them to give it a try! Suggest a \$15 business card ad for starters!



ABOUT THE COVER:

The cover illustration, entitled ON THE TRAIL, is a original oil mouthpainted by J. E. Smith. This is one of several works reproduced in an annual calendar by the Association of Handicapped Artists, Inc., 503 Brisbane Bldg., Buffalo, NY 14203.

INSTALLATION

THE OLD.....AND THE NEW



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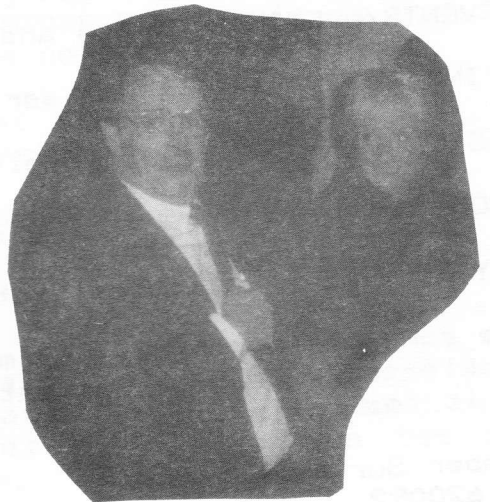


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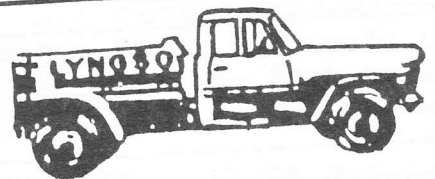
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CLEM'S CORNER

By Clementine Carroll, Woodside

Uppermost in everyone's mind the past few months ---RAIN--- and how to cope with it. Did you know that we had two inches of rain within 20 minutes in the center of the town of Woodside? The creek that runs along the shopping area overflowed it's banks, and it is about 20 feet deep. Doug Moody's barn and corral had 1 1/2 feet of water. The drug store, Roberts Hardware and other stores were sweeping out their damages. I checked with a number of horse people in the area and the general reports seemed to be the same--plenty of water, but thank goodness it kept flowing through. The guest cottage of the Rick Corso's on Mountain Home Road (where Heather Cook resides) was flooded with two feet of water. The hill behind Rob Krensky's on Glen Craig Way slid down next to his kitchen windows and damages are estimated to be \$20,000. So far, our trails seem to have withstood the storms, but many trees have been uprooted. The Los Viajeros Trail Club had their first ride of the year in Golden Gate Park. We passed through a section of land behind the Bison corrals where tons of fallen trees were hauled from various sections of the park.

A very nice gesture: the Woodside Trail Club is arranging to place a commemorative plaque somewhere on the Sand Hill Road Trail in honor of Creed and Bobbie Haberlin--was one of their favorite riding trails. Christine Eppstein's mare may be 22 year's young, but she presented Christine with a beautiful stud colt on March 9th. He has a perfectly round star and is a smokey blue grey. His mother is doing well.

Our new president, Marylee Counts, is planning an Equestrian Fashion Show on July 12th. Make a note of the date. There will be Horse-and-Carriage, Jumpers, Dressage, Western Pleasure, Polo, Side Saddle attire and more.

Another date to remember, the first Sunday in May, that's the fourth. Lew Reed will be leading the Los Viajeros in the San Francisco Water Department. What is so special about this ride--we will have the privilege of riding along Lake Pilarcitos and using their private picnic area for lunch. But, here's the sad news: this will be the last time any group rides are allowed in the San Francisco Water Shed area.

We are sorry to hear that Jean Brook and Lynda Walker both have broken arms. Jean's was bad enough to necessitate pins, and her right arm to boot! Both accidents were horse-oriented, but believe it or not, neither of them were on their horses.

Well, folks, am on my way to the Island of Hawaii. If I have the opportunity to ride on the Parker Ranch, will share my experiences. 🐾

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HOORAY FOR HORSES"

Westwind 4-H Riding for the Handicapped is presenting a benefit show at the Hidden Villa Horse Arena, 26870 Moody Road, Los Altos Hills, on Saturday, May 10th. This will not be the usual competitive horse show, but will be a demonstration of the talents of horses. The show should be of interest to both horsemen and non-horsemen alike.

Jim Forderer, riding instructor and judge, will show the beautiful movements of the dressage horse and the harmonious partnership of rider and horse. Dwight Gilbert will give his impressive demonstration of the timing and team work of draft horses in action. Also featured will be the driving horse, jumping horse, stock horse, Peruvian Paso, Mustang, vaulting, drill work and more. Doni Hubbard, author of the two popular trail guides for Northern California horsemen, will be the commentator giving history and descriptions while the horses are performing.

This promises to be an enjoyable day for the whole family offering information and enlightenment as to the diversity and skills of one of the most popular and useful of animals.

Events start at 10:00 a.m. and will continue after a lunch break into the early afternoon. Refreshments will be sold. Tickets are \$4.00 for adults and \$2.00 for youth under 18...tax deductible. For information, please call (415) 941-7645 or (408) 739-0882.



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NEW FRONTIERS IN HORSE HEALTH CARE

By Cynthia Baird

Not too awfully many years ago, terms such as accupuncture, accupressure, reflexology and holistic medicine would have drawn blank looks from most of us. Now they are part of our everyday vocabulary. One form of holistic medicine familiar to many horseback riders is chiropractic. A dictionary definition is "a therapeutic system based on the premise that disease is caused by interference with nerve function, the method being to restore normal condition, by adjusting the segments of the spinal column." This alternative treatment of muscular and skeletal complaints is rapidly growing in popularity. It is not surprising that horse owners satisfied with its results in treating their own ailments would be interested in offering such relief to their animals. One such horse owner, MaryClaire Wellman of Woodside tells of this experience:

Last year, MaryClaire's mare Bayberry developed soreness in her hindquarters and became totally unrideable. Many months of conventional veterinary treatment brought no lasting success and, in desperation, she prevailed on her own chiropractor to see the horse. She had been treated for nine years at a local clinic, and felt sure that this treatment which had helped her so much would relieve her mare's suffering. Her chiropractor, Dr. Thomas Bruno, uses kinesiology with the assistance of a human surrogate to detect problem areas in horses. This diagnostic technique involves the doctor touching various areas of the animal's body with one hand as he checks the muscle strength reaction of the surrogate. Any problem or disruption of energy flow in the horse's body creates a weakening of the human surrogate muscle response, which pinpoints the area in the animal needing treatment. In the case of Bayberry's extremely sore stifles, the problem was not arthritic hocks as previously diagnosed, but located above in a torqued pelvis. Even with such a large bone as a pelvis, no force was needed. Dr. Bruno applied pressure on both sides of the spine as the horse was led forward, "walking her into" the adjustment. Other bones affected by the misaligned pelvis, lumbar area, withers, the opposite shoulder, and atlas at the base of the skull were gently adjusted. The treatment was painless and offered relief, so after an adjustment or two, Bayberry would help by moving into the adjustment as if to say "yes, it goes there." With a longstanding problem, gradual and gentle exercise and a series of adjustments were needed before muscles would

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remain in normal support positions, but the horse has recovered completely.

Last August Herman Koopmans was glumly contemplating the apparent necessity of putting down a handsome 8 year old Thoroughbred. Cybone had a beautiful disposition, excellent conformation for dressage work, but injuries from the race track had not healed with two years of treatment at U.C. Davis, and other methods. Due to chronic inflammation of the coffin bone in a forefoot, he could not stay sound at the trot. MaryClaire, learning why he was so despondent, asked if she could try chiropractic for a month or so. Although Koopmans has used other holistic methods successfully, he was dubious about Cybone's chances, but said "I don't think it will help, but I know it won't hurt him. You can try." Dr. Bruno found that the pastern bone in both forelegs had rotated inward slightly, not enough to show on x-rays, but enough to aggravate lameness. Bute medication was discontinued, adjustments made to pasterns and related bones in the withers area and light exercise begun. We'll never know what happened to the inflamed coffin bone, but after several treatments about two weeks apart, Cybone was working and staying sound. Again there was evidence the animal was well aware of being helped. After his first adjustment, Cybone melted hearts by turning to Dr. Bruno and nuzzling his chest. During his surrogate Mary Claire's visits, he'd cavort and play to show how good he felt, and more than once he "hugged" her by softly wrapping her in the circle of his neck.



The technique of using human surrogate was demonstrated last year by Alice Smith D.C. at a program held by the Los Altos Hills Horsemen's Association.

A recent article in the Full House Farm newsletter features another chiropractor, Dr. Nancy Charney in S.F., who is interested in treating animals, particularly dogs. She is quoted as saying that working with animals and getting results validates her profession. "Animals are not searching for something to believe in. If it works, works! They don't know what the media says..." Other forms of alternative treatment for horses are offered by a local vet, Dr. Ihor Basko, who uses a synthesis of far Eastern remedies, including herbs and acupuncture, and the latest laser technology. Although such methods are not yet recognized by the veterinary or the chiropractic establishment, these pioneers are providing animals owners with a desired service at the same time they are laying a foundation for future practitioners.



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NEXT MAGAZINE

DEADLINES:

JUNE 1, 1986

AUGUST 15, 1986

OCTOBER 15, 1986

SEASONAL LAMENESSES IN HORSES

By Michael Manno, D.V.M., M.S.

Dry Weather Problems -



1. Foot Bruises - hard, dry ground, especially rocky surfaces, can lead to bruising of the soles of horses' feet. This condition is particularly noticed in those animals which have been recently trimmed or shod. More severe cases can actually lead to hematomas, or blood pockets, beneath the soles, which need to be pared out with a hoof knife by a farrier or veterinarian. While most cases resolve with rest alone, sometimes the hoof is toughened with such agents as turpentine or strong iodine. Occasionally, pads are required beneath the shoes to provide extra protection in those more severely bruised conditions.

2. Cracked Hooves - excessively dry conditions, especially when compounded by a low nutritional level can lead to brittle, cracked hooves. Improper hoof care is also a major factor in this problem. The cracks are most often seen from the ground up and usually are on the sides of the feet, though they can be found less commonly at the toe. This condition is not to be confused with quarter cracks which are splits in the hoof wall originating at the coronary band and move downward. Most of these problems are easily managed by promoting a good nutritional program which may require vitamin and certain amino acid supplements. Corrective trimming is also very important in establishing proper hoof growth in certain horses. Hoof oils and paints are very good in helping to prevent moisture loss but really do not add too much to hoof development.

Wet and Moist Weather Problems -

1. Cellulitis of the Lower Legs ("Mud Fever") - extremely wet and rainy conditions in which horses are made to stand in mud, especially

above their ankles, lead to a very painful and potentially serious problem commonly referred to as "mud fever." Most often seen in the rear legs first, all four legs may be affected. Usually the legs are hot, swollen and very painful even to the touch. The horses are reluctant to walk and are often slightly feverish, lethargic and off their feed. Removing the animals from the muddy conditions along with thorough cleaning of the affected legs is imperative. Most cases require medical treatment to relieve the pain and inflammation. Antibiotics are often needed to control infection. Once in dry quarters, the majority of cases resolve within a week without further complications.


2. Corynebacterial Abscesses ("Pigeon Fever") - very soon after the first rains of the season, especially heavy rains, a few horses in pasture or paddocks, will develop large localized swellings under the skin. These swellings eventually develop into abscesses and may break open or require lancing. The majority of these problems are found on the chest between the horses' front legs, but can also be seen on the sheath and mammary glands. The agents responsible for this situation are bacterial spores which live in the soil and come to the surface when it rains. These bacteria then make their way into the skin and affected horses become very stiff and are reluctant to move. Many horses will also become feverish and may go off feed. Hot-packs and anti-inflammatory compounds such as phenylbutazone ("Bute") are usually prescribed to ease the pain and reduce the fever until the abscess breaks or is lanced. Antibiotics are usually avoided in most cases as they tend to prolong most situations. Once the abscesses are open and draining, antibiotic therapy may be effective in stopping their recurrence.

3. Foot Abscesses - far and away, the most common wet-weather lameness in horses is a foot abscess. Initially noticed as a slight lameness, the foot or feet become very warm and the horse is extremely painful, even three-legged lame. Many owners are often so alarmed at the severity of the lameness that their initial fear is that the horse has "broken it's leg." Fortunately, this is very rarely the case. Hoof testers are very useful in locating the area of the hoof that is affected. By paring the sole of the foot with a hoof knife, a pocket of fluid is often located and allowed to drain. Other times the foot must be soaked in epsom salts and bandaged for a few days and then be rechecked. In a few instances, the abscess may break open at the coronary band and not at the bottom of the foot. In all cases, relief is very apparent once drainage is initiated. By keeping the foot clean and dry, most cases resolve in a week or so depending on the size of the abscess.

4. Cracked Heels ("Scratches") - Moisture, filthy conditions and long hair in the pastern predispose horses to a painful lower leg problem. Heat, swelling and crust formation in the pastern area with open sores are the major signs. The hind legs appear to be more often affected than the front. Rigorous cleansing of the area with mild antiseptic soaps and warm water are necessary to remove scabs and debris. Clipping the hair and completely drying the area are also very important. Many antiseptic creams and ointments are available for topical application and in some more severe cases, antibiotics may be required. Improving the sanitation of the bedding and stable area is also important.

5. Thrush - Filthy, wet conditions combined with improper foot care and exercise, lead to a degenerative condition of the frog. Often the feet have a foul odor when cleaned. The degree of lameness varies with the severity of the condition.

Thorough cleaning of the foot with a hoof pick and removal of necrotic tissue with a hoof knife is imperative. The feet may also need to be soaked in astringent solutions for a number of days. Daily treatment must be carried with chlorine bleach, strong iodine solutions or copper sulfate solutions ("Kopper-tox"). Most of these conditions resolve uneventfully with proper hoof care maintenance.



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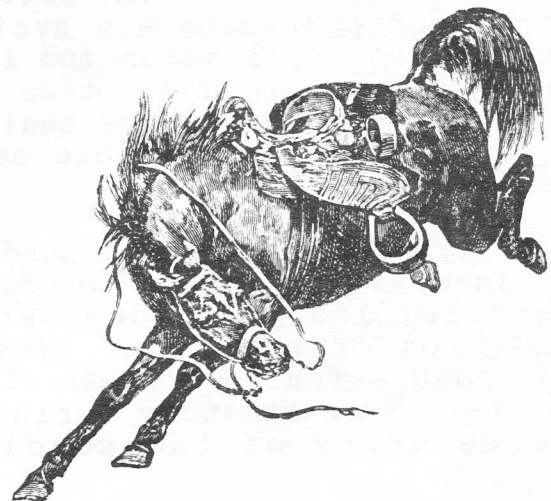
May 3	SMCHA, LATC Big Basin Ride
May 4	LV San Francisco Water District Ride
May 10	Westwind 4-H Benefit "Hurray for Horses" Hidden Villa
May 14	SMCHA Board Meeting (8:00 p.m.)
May 24-26	LV Pt. Reyes, with HH
May 28	SMCHA Meeting

June 1	SMCHA Western Schooling Show, Webb Ranch
June 1	LV Almaden Park Ride
June 11	SMCHA Board Meeting (8:00 p.m.)
June 14	LATC Golden Gate Park
June 15	HH Triple L Ranch Ride
June 19	SMCHA Western Clinics begin 6:45 p.m. Mounted Patrol Grounds
June 26	SMCHA Western Clinic
June 29	SMCHA Ride to Alex's

July 6	LV Coast Ride
July 9	SMCHA Board Meeting (8:00 p.m.)
July 10	SMCHA Western Clinic
July 12	SMCHA Equestrian Fashion Show
July 13	SMCHA Western Schooling Show Mounted Patrol
July 17	SMCHA Western Clinic
July 20	LATC Windy Hill Ride
July 27	SMCHA Ride
July 31	SMCHA Western Clinic and BBQ

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CALENDAR - 1986

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Aug. 2-3	LV Santa Cruz Sheriff's Possee Ride
Aug. 3	SMCHA Open Western Show, Mounted Patrol
Aug. 10	SMCHA Junior Play Day
Aug. 16-17	LATC Jack Brook overnight
Aug. 23-24	SMCHA Jack Brook overnight
Aug. 31-Sept 1	LV Mount Diablo

Sept. 5	SMCHA Night at the Races
Sept. 7	SMCHA Senior Play Day
Sept. 10	SMCHA Board Meeting
Sept. 13	Tally-Ho, Menlo Circus Club
Sept. 19-21	LATC Pt. Reyes
Sept. 21	SMCHA English Show
Sept. 21	HH Woodside Ride
Sept. 26	SMCHA Box Social
Sept. 28	SMCHA President's Ride

Oct. 3-4	LV Napa Ride
Oct. 8	SMCHA Board Meeting
Oct. 18	HH Moonlight Ride
Oct. 24	SMCHA Grand National Rodeo
Oct. 26	SMCHA Fall Ride
Oct. 29	SMCHA General Meeting

Nov. 2	LV Portola Valley-Windy Hill Ride
Nov. 16	HH East Bay Ride



1986 SMCHA HORSE SHOWS AND HIGH POINT SERIES

- June 1 SMCHA WESTERN SCHOOLING SHOW
Webb Ranch
Jana Long, Judge
9:00 a.m.
- July 13 SMCHA WESTERN SCHOOLING SHOW
Mounted Patrol Grounds
Debbie Sereni, Judge
9:00 a.m.
- August 3 SMCHA 36TH ANNUAL OPEN WESTERN HORSE SHOW
Mounted Patrol Grounds
Mary Baughman, Judge

HIGH POINT SERIES WITH WEBB RANCH

Webb Ranch Shows: June 28, August 9 (tentative), and October 12

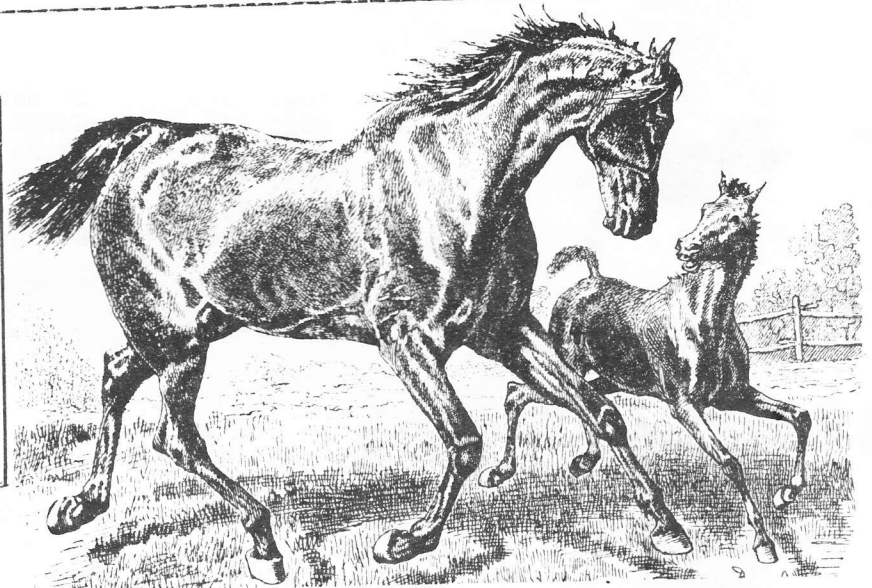
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NEWS NOTES

Former Editor Sharon Doster qualifies as gypsy horsewoman of the year. Her horses (three in all) have been in Pescadero, two addresses in Woodside, Santa Rosa and now Fremont in the past year. Down to two mares now, a registered Morgan and a registered Arab, Sharon is getting serious about the horse business. Good luck, Sharon, and keep us posted. We may get some baby pictures published yet!



1986 HORSE SHOW SCHEDULE



April 20	Park Pacifica (English/Western)	- Portola Valley
April 27	CTETA Schooling Horse Trials	- Portola Valley
May 3	Lone Oak Region 6 (English)	- San Martin
May 3-4	CTETA Dressage CDS Show	- Portola Valley
May 4	Los Altos Hunt at Springdown (English)	- Portola Valley
May 4	Pajaro Valley Region 6 (English)	- Freedom
May 4	Pony Club Show	- Portola Valley
May 9-11	CRCHA Reining/Cutting at Mounted Patrol	- Woodside
May 10	CTETA Horse Festival & Exhibition	- Portola Valley
May 11	CTETA All Breed Show	- Portola Valley
May 10-11	Fremont Hills Country Club (Western)	- Los Altos Hills
May 17	Webb Ranch (English)	- Portola Valley
May 18	Park Pacifica (English/Western)	- Pacifica
May 18	Tiedown Show (Engl./West.) Hidden Villa	- Los Altos Hills
May 18	Springdown (English)	- Portola Valley
May 22-26	CTETA Spring Horse Trial & 3-Day Event	- Portola Valley
May 23-26	Golden State (Western)	- Santa Rosa
May 24		
June 1	SMCHA at Webb Ranch (Western)	- Portola Valley
June 2	SCCHA Region 6 Graham Hill	- Santa Cruz
June 7	Mounted Patrol (English)	- Woodside
June 7	Lone Oak Region 6 (English)	- San Martin
June 8	Josephine Dovenek Memorial Show - Hidden Villa	
June 8	Mounted Patrol (Western)	- Los Altos Hills
June 8	Lone Oak Region 6 (Western)	- Woodside
June 14	CTETA PCDC Driving Fun Day	- San Martin
June 15	Park Pacifica (English/Western)	- Portola Valley
June 21	Pajaro Valley Region 6 (English)	- Pacifica
June 22	CTETA Hunter/Jumper Schooling Show	- Freedom
June 22	Pajaro Valley Region 6 (Western)	- Portola Valley
June 22	SCCHA Region 6 Graham Hill	- Pacifica
June 22	Region 6 Horsemastership Benefit- (English & Western) Hidden Villa	- Santa Cruz
June 28	Webb Ranch (Western)	- Los Altos Hills
June 29	Webb Ranch (English)	- Portola Valley
July 5	CTETA Driving-Dressage Show	- Portola Valley
July 6	CTETA Dressage Show	- Portola Valley
July 13	SMCHA - Cal Grand (Western) at Mounted Patrol	
July 20	Park Pacific (English/Western)	- Woodside
July 26-17	CTETA CDS Dressage Show	- Pacifica
Aug. 3	SMCHA Region 6 Mounted Patrol	- Portola Valley
Aug. 7-10	Menlo Circus Club (English)	- Woodside
Aug. 8-10	CTETA Horse Trials	- Atherton
Aug. 9	Webb Ranch (English/Western)-tentative	- Portola Valley
Aug. 10	SMCHA Jr. Play Day Webb Ranch	- Portola Valley
Aug. 13-17	Convention CSHA (English)	- Portola Valley
Aug. 17	Park Pacific (English/Western)	- Santa Rosa
Aug. 17	CTETA Driving-Dressage Schooling Show	- Pacifica
Aug. 22-25	Convention CSHA (Western)	- Portola Valley
Aug. 30-Sept 1	CTETA Comb. Driving 3-Day Event	- Santa Rosa
Aug. 31	Horse Play Hidden Villa	- Portola Valley
Sept. 13	Tally Ho (English/Western)	- Los Altos Hills
Sept. 14	Pony Club Show (English) Mounted Patrol	- Pacifica
Sept. 21	Park Pacifica (English/Western)	- Woodside
Sept. 21	SMCHA English Show Spring Down	- Pacifica
Oct. 12	Webb Ranch (English/Western)	- Portola Valley
Oct. 19	Park Pacifica (English/Western)	- Portola Valley
		- Pacifica

LEW'S BARGAIN BOOTS

From Doni Hubbard's
New Trail Adventure's for California Horsemen

Lew Reed couldn't possibly have guessed that the simple decision to have a second cup of coffee would change the course of his life. With the first cup of coffee he had skimmed the local newspaper, reading in full only the articles of national interest. But with the decision to stretch out the coffee break (a rare luxury for the harried insurance claims supervisor), Lew's attitude became leisurely as he scanned the Peninsula newspaper with the thoroughness native to his character. Then he saw the advertisement. A Western store not too far from his San Mateo office was having a sale. For just \$12 he could own a pair of genuine leather boots! The bargain price caught his eye, but it was the memories aroused by the leather boots that made the ad irresistible.

Lew had grown up on a Illinois farm in the good company of cows, horses, pigs, and chickens. He was only eight years old when his parents presented him with his own horse, buggy, and harness in which they had invested \$20. Lew kept the whole rig intact for seventeen years until the day he sold the horse for \$30. His enjoyment of horses and farm life had been interrupted first by college at the University of Illinois, then law school, followed by law practice in Chicago, marriage, then with wife and daughter a move to California for health reasons. The "good old days" of rural living seemed gone forever until 1949 when he discovered the Circle H guest ranch in Bridgeport, California. Since then the ranch had been the favorite vacation place for all three members of the Reed family. But in the midst of all the pressures of suburban life, happy memories of farms and ranches had lain dormant until now when they were roused by the prospect of owning a new pair of boots.

"Walking in that Western store was the most expensive decision of my life," recalls Lew 24 years later. "I plunked down the \$12 for the boots, then on the way out I saw a belt and a hat and so on. Before I got out the door I'd spent \$60 on Western wear hardly needed by a Bay Area insurance man! But that was only the beginning. Pretty soon I found myself at an auction where I bid on a saddle and got it! It seemed kind of silly to own a saddle without a horse so the next thing I knew I was buying a horse. Then we felt like we needed a home in Woodside to keep the horse around so we could try different trails. When we put it all together I'd say those \$12 boots ended up costing me about \$300,000!"



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Donna & Glenn McCollum

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"Mano blanca, mano manca."

Proverb

TRAIL TIPS



By Lew Reed

Warm weather is returning and trails are being opened. San Mateo County Parks and Recreation staff advise that their trails will be opened again in April. Woodside Trail Club will open some of their closed trails at the same time.

It is amazing how much moisture remains in the ground and on the trails even after periods of warm weather. All horsemen are requested to be particularly careful to stay on the trails despite the wet spots. Shortcutting creates worse problems than forcing your animal through the wet spot.

Stanford is indicating a willingness to reopen the trail from Webb Ranch to Sand Hill Road and is putting new locks on the gates and ordering a supply of keys for distribution. At the moment Stanford will issue the keys. As soon as more information is available all will be informed.

The Woodside Trail Club held their annual business meeting in March. They maintain a staff person and truck and tools to keep the interior trails of Woodside and Portola Valley in repair based on a budget of about \$22,000.

The Woodside Trail Club was organized in 1922. One of the founding members has served consistently on their Board for all these years. This is the first year that Myra Duncan of Kings Mountain Road in Woodside has elected to vacate her seat on the Board. The Board of Directors is arranging a special plaque for delivery to her in honor of her 64 years of continuing service.

The annual Trail Conference at Asilomar in March under the auspices of State of California Parks and Recreation Recreational Trails Committee was a success and all attendees voted to request another meeting next year--the reservations have already been made. Lew Reed attended on behalf of SMCHA and Los Viajeros and returns with enthusiasm for the volunteer programs being promoted up and down the state.

47 volunteers turned out in the rain in March for a training hands on session in Huddart Park installing a drainage culvert. Park Rangers who a short time ago were of the belief that volunteers were more trouble than their worth have now changed their minds and heartily support any volunteer program. It is just amazing how much can be accomplished in the field by just a few willing hands.

Governor Duekmejian has proclaimed April 19 and 20 as California Trail Days. Other jurisdictions are choosing other days. San Mateo Trail Day is May 3rd. Five major projects are outlined for work including Purisima Creek Redwoods Open Space Preserve, Huddart County Park, Junipero Serra County Park, Pescadero Creek Park and Wunderlich County Park.

Horsemen will be pleased to learn that a new trail has been marked and flagged and construction underway for a more usable trail from Richards Road in Huddart Park to the trail leading to the Pfueger property bypassing the creek crossing that was so poor in recent years.

Two new trails in Pescadero Creek Park will be opened this spring for the first time eliminating most of the steep grades of the Towne Trail. Obtain a map from County Parks and Recreation Department and explore the great trail systems now available from the Jack Brook Horse Camp. Infact they have many new maps of their various parks. Drop in and pick some up.

Plans are underway to dedicate a plaque in memory of Creed and Bobbie Haberlin possibly on the Sand Hill Road trail. San Mateo County is being asked to pass the necessary resolution.

Lew Reed is now serving on the Trails Advisory Committee to GGNRA regarding the trail connections from various adjoining areas to Sweeney Ridge now in the process of master planning. Trails lead from the Coast Highway, from San Francisco, from Pacifica, Skyline College, San Francisco Water Department to the windswept Sweeney Ridge with its great views, fog, and Bay Discovery Site.

One of the larger trail developments underway in California is the Tahoe Rim Trail with its 175 miles of trail completely surrounding Lake Tahoe on the ridge tops. Parts of the trail have already been developed.

Mid Peninsula Regional Open Space District has received a \$330,000 state grant to be used for development at Skyline Preserve at Skyline and Alpine Road. This Preserve is intended to become their hub for events and trails leading to adjacent Preserves such as Montebello. The Open Space District is developing a fine network of trails. For their first 10 years emphasis was on acquisitions but now much land has been obtained and they are directing their attentions to masterplanning for recreational use of their properties.

Do you know that you can ride from most of Woodside and Portola Valley to the coast without a key?? One may ride up through Wunderlich to the Skyline Trail to Huddart Park, and just above the Archery Trail one may cross Highway 35 (Skyline Blvd) to enter Purisma Creek Redwoods Preserve and ride all the way down to Purisma Road to Highway 1.

CC



EVEN RICH GIRLS GET THE BLUES

Remember Mara Domecq, the Lady from Spain who passed through here during her Mission route cross-country ride? Lew Reed recently ran into a couple from Long Beach with whom she stayed at the end of her trek. Her family in Spain rewarded this couple's hospitality by inviting them to come to Spain as their guests. Although Mara was apparently not a very attentive hostess, her parents were most gracious. The Domecq family lives together in a family compound resembling a walled city, with three locked gates, and bodyguards. She must have felt marvelously free during her ride here, where her family name brings prestige without political tension...The Long Beach couple mentioned that Mara and her horse have made another pilgrimage: this time they rode to visit the Pope. That is, she and her cross-country riding horse. Her stay-at-home horses? Eight Lipizzaner stallions. Tough...

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ATHENA ARVETIS

MARCH GENERAL MEMBERSHIP MEETING
WHITE ELEPHANT

Approximately 30 members turned out Wednesday night, March 19th, for a White Elephant Potluck. The date coincided with President MaryLee Counts' birthday, and after dinner she was surprised by a birthday cake. (It seems that her birthday wasn't all she celebrated that night: congratulations to MaryLee and Marv on their engagement!) Decor included white tablecloths and colorful elephants. A special vote of thanks to Dick Convery for saving the day--or evening-- by bringing a toaster oven, since the stove at Independence Hall balked at the last minute. Dick also took home the all-time ugliest White Elephant that evening (according to Linda Kincaid, who brought it!). Noel Moody was seen lovingly rubbing the bald head of a little Buddha figure and murmuring "Douglas! Douglas!."

A good time was had by all, thanks to organizers Linda Lipsett and Linda Kinkaid, and Doug Kinkaid who acted as a most amiable bartender.



Next year we should make it the 'light' elephant!



Artwork by
Linda Kincaid



SAN MATEO COUNTY HORSEMEN'S ASSOCIATION

1986 APPLICATION FOR MEMBERSHIP

For more information please call:
Harry Wellman (Registrar) 583-6343

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<input type="checkbox"/> MR/MRS MEMBERSHIP	\$30
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Please check activities in which you have special interest would like to participate.

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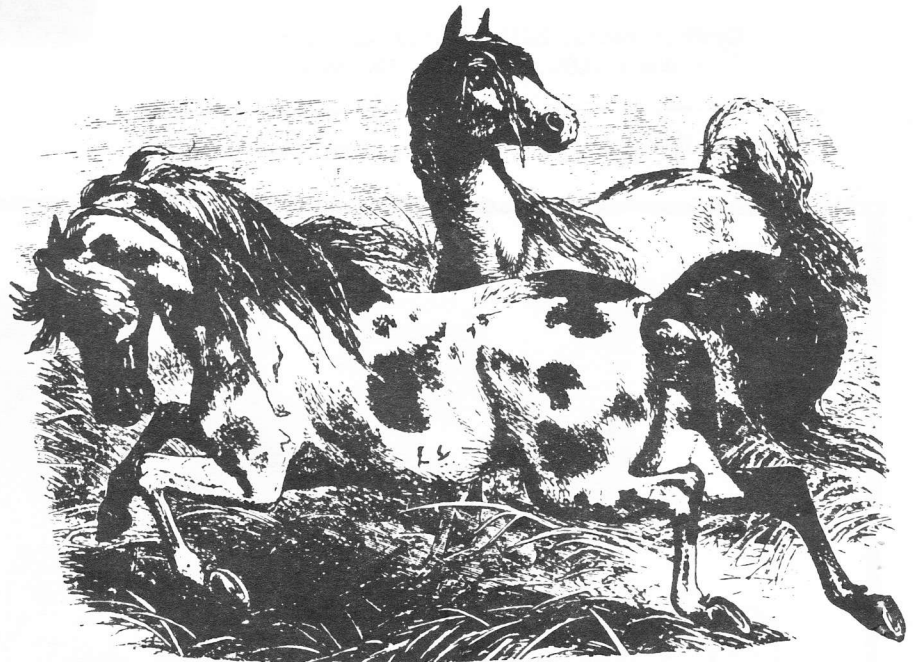
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"There on tips of fair fresh
flowers feedeth he;
How joyous is his neigh.
There in midst of sacred pollen
hidden;
All hidden he;
How joyous is his neigh..."

Navajo Song
(in Robert Vavra's EQUUS)

"Horses...a friendly foreign nation
living in our land."

Dick Francis
TWICE SHY



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