

The San Mateo
HORSEMAN

SEPTEMBER / OCTOBER 1984



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On the cover:
Demonstrations provided by
Peninsula Driving Club and
by Travis Reed highlighted
the May Outdoor Meeting.

PRESIDENT'S MESSAGE

This summer has been filled with several events which has brought many new members to SMCHA.

We started in May with our annual outdoor meeting at Horse Park. The evening started with a chicken dinner; during dinner the "Antique Carriage Club" and Travis Reed providing demonstrations. We ended with complementary carriage rides at sunset.

The rides, organized by Jim Estep, were most successful and were followed by excellent BBQ's at Carol and Andy Anderson's; Carol and Norman Parker's; and Jill Silva's. Thank you to our hosts and hostesses. The highlight of the rides was the overnight at Jack Brook Memorial Horse Camp. The efforts of Janet and Jim Estep resulted in fabulous food, wonderful rides and a memorable event.

The culmination of the summer was the Play Day which brought forth a new "high point" champion, Judy Bull; of course, the comedian of the day was your president trying to stop Ron Harris' horse after the barrel race--for those of you who missed the expo, I'm sure you'll hear about it!! With that I bid you a farewell.

EDITOR'S MESSAGE

By: Sharon Doster

I'm very excited to be joining the magazine staff as editor. I hope that I will do as good a job as Vicki Bohacs, the previous editor. I'm sure that it will provide much challenge, as well as getting me more involved with the ongoing "horsey happenings" in the area.

A little about myself: I am married and of course, a horse enthusiast since early childhood days. I own a Morgan filly, Sunwinged Treasure, which I've had almost a year now and whom is very near and dear to my heart. We spend as much time as possible on the beautiful trails of Wunderlich Park where I keep her.

Happy reading and riding!

SMCHA 1984 CALENDAR OF EVENTS

- OCT 5/6/7 CTETA Fall Horse Trial and 3-Day Event
- 6-7 Los Viajeros Mr. Diablo Overnight Ride (call Sue Sheehan 851-0296 for info)
- 7 Westwind Combined Schooling Event (call 941-9952 for info)
- 21 SMCHA President's Ride (call Katie Kane 593-3520 for info)
- 26 SMCHA Night at the Grand National Rodeo
- 27 LATC Windy Hills Ride (call Millie Scranton 493-9050)
- 28 CTETA Schooling Horse (Novice Training) & Dressage Tests
- NOV 4 Los Viajeros Mid-Peninsula Open Space District Ride (call Sue Sheehan 851-0296 for info)
- 9 Happy Hoofers Oktoberfest (call Stephanie Anise 326-4630 for info)
- 11 Hidden Villa Horsemanship Center Drag Hunt & Breakfast (call 941-7983 or 948-4690 for info)
- 14 SMCHA General Meeting: Elections & Insurance Program
- 18 Happy Hoofers Almaden Ride (call Stephanie Anise 326-4630 for info)
- DEC 8 SMCHA Installation and Christmas Party
- 10 Hidden Villa Horsemanship Center Video Program at Duveneck Home



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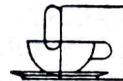
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SMCHA Holds 35th Annual Open Western Horse Show



By Noel Moody

Beautiful horses and perfect weather proved to be the perfect combination for the SMCHA 35th Annual Open Western Horse Show held July 29, 1984 at the Mounted Patrol Grounds in Woodside.

Lew Silva of Wilton, California judged the one-hundred-seventy-seven entries in the CSHA and Region VI recognized event. The Halter division and the Trail Horse division were particularly filled. Money prizes were offered in twelve of the thirty-one classes. Dee Dee Kramer riding "Curious Kid" was the high point senior award winner. Crystal Sousa riding "Sippy Joe Whaler" took home the purple ribbon as high point junior. Our own Leonard Young won the SMCHA Pleasure class riding Quincy Covergirl owned by Andy Stegnaro. The five trail horse courses were designed by Jan Yaroslav who also designed the trail courses at all the other western shows. Thanks Jan! A special thank you goes to Sharon Himebrook. Sharon is the trophy and ribbon buyer for SMCHA. She always has everything ready without anyone having to call her.

THE JUNE 23 - WESTERN HORSE SHOW



By Noel Moody

One hundred fifty-three entries made the June 23, 1984 Western Show a success. Judged by Ted Brasier of Rodeo, the show was sanctioned by CSHA and Region VI.

SMCHA especially thank Phil Ray for his announcing and for all of his help and leadership this year, and in previous years. We all hope Phil "gets to feeling better" so he can be back assisting SMCHA next year.

Workers at the SMCHA Western Shows have included the following: Leon Forbes, Rosemarie Allen, Linda Van Loan, Jill Silva, Susan Bossee, Brandy Cocker, Carol Robertson and her daughters, Diane Mercer and her daughter Alycia, Mary Claire Wellman, Walter Kirk, Barbara Bergman, Karen Rawley, Janet and Jim Estep, Jan Yaroslav, Pat and Don Caroway, Susan Griner, Linda Kincaid, Tom Miller, Eileen Borzone, Linda Lippset, Mary Jo and Don Harris, Doug Moody, Shirley, Katy Kane, and Bob Rojke. To those omitted, thank you from SMCHA! Thanks also goes to Christine Epstein for her advice, Ross Meredith for loaning us equipment, and a huge hug to Bob Rojke for building a new trail horse bridge and painting all of the jumps and poles.

THANK YOU SPONSORS!

SMCHA is very grateful to the sponsors of our 35th Annual Open Western Horse Show held July 29, 1984 at the Mounted Patrol Grounds in Woodside.

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THANK YOU

I wish to extend a gracious thank you to those members who contributed to SMCHA. Your generosity augmented the expenses incurred by our activities. Again, thank you for remembering the San Mateo County Horsemen's Association.

Sincerely,

Katie Kane
President

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THE EQUESTRIAN FESTIVAL, 1984 or "ARE WE READY YET?"

By Brandy Cocker

On the day of the Equestrian Festival, July 14, everything was completely ready. The show committee had planned, postered, publicized, proselytized, and philosophized, all through the winter, into the spring, and upon summer, by gum, we were really, ready. We had cheese (thanks to Marion Rau's unceasing efforts), wine (hats off to Katie Kane), bread (Patty Quinn), and entertainment (yours truly) and music (Marion again). We had programs (soon-to-be transient, Vicki Bohacs, and her trainees the "Dual Lindas", Kincaid and Lipsett) with sold-out advertising (that Linda Lipsett could sell saddles to bare-back riders) and big signs, (Linda Kincaid, so talented) so people could find us.

We had rounded up friends and spouses to sell tickets, do errands, and be the ring crew. I had checked the P.A. system four days running, my plans at least a hundred times, and my sanity occasionally. On the big day we had the Esteps and Ron Harris at the gate, Nancy Van Zwol in the announcer's booth, and about a thousand horses waiting to go into the ring, and I'm here to tell you, folks, that we were absolutely, unbelievably ready.

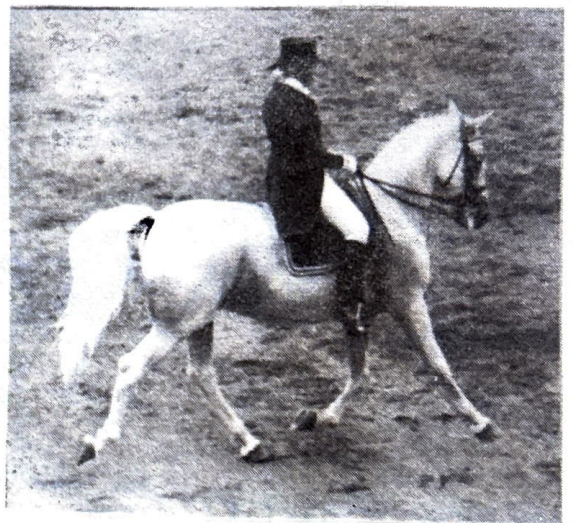
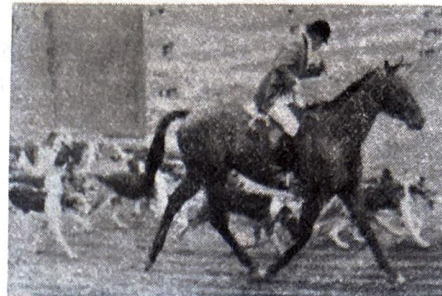
Two o'clock was showtime. The Junior Color guard and All Seasons' color guard stepped into the ring, the music swelled, and the P.A. system, as my husband to indelicately put it, "took a s _ _ _".

So if you want to know what happened after that you'll have to ask someone else. I'm told that Nancy jury-rigged a P.A. system using a bullhorn and a portable tape deck, and the show went on.

I understand that 200 people had a grand time, marvelous horses and

riders performed, people danced, drank wine, and made merry.

We even made hundreds of dollars to contribute to the USET. I don't know...After I got my heart started again, I spent my time fussing over why we couldn't, just once, be ready for anything!!



OVERNIGHT RIDE - AUGUST 25-26

By Cynthia Baird, Menlo Park, CA



The La Honda contingent had already staked out their places by Saturday a.m. when riders and horses began to arrive for the overnight ride, hosted by Jim and Janet Estep at the Jack Brook Horse Camp.

While newcomers got settled, Janet produced lunch as if by magic, and by early afternoon, the riders hit the trail---all 26 of them. And a dusty trail it was! Endurance horses strained to set the pace, one horse "scouted" perilously near high drop-offs, a certain drag rider made scandalous propositions in Spanish of sorts, and the rest of the group enjoyed the scenery on a well-paced 2 1/2 hour ride led by Jim Estep.

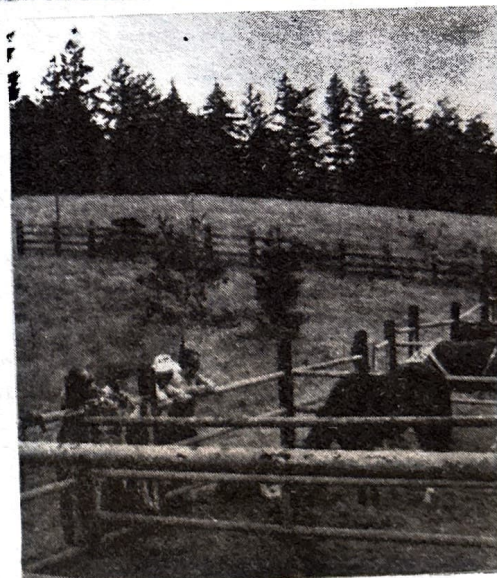
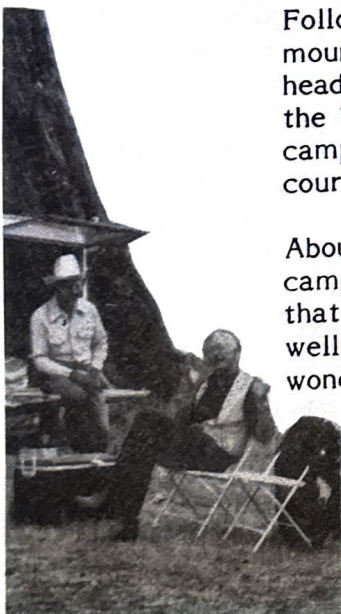


Back in camp, folks lined up to bathe their mounts at the washrack, then headed for the hot showers themselves. (You call this roughing it?)

After a delicious steak dinner, Ron Harris entertained with accordion music for dancing and harmonizing...turns out some people knew some of the words, at least, to a lot of old songs! Many people came just for the evening; these "townies" partied late, but a long ride planned for the next day sent some of us sneaking off to catch some sleep.

Following a leisurely breakfast, riders mounted either for a short excursion before heading home, or for the piece de resistance: the Tarwater Loop. We didn't make it back to camp for lunch on that one: lunch came to us, courtesy of the ranger & his truck!

About 4:30, the ride over, we began breaking camp, with some doubts about making it up that hill to get out to the road. But all went well. Thank you, Jim and Janet for a wonderful weekend.



P.S. Our sympathy to the owners of the horse that became ill and was trailered out. It was a reminder to us all to be aware of the symptoms, causes and treatments of such illnesses as colic and azoturia, which can occur on such occasions. (Check your Healthy Horse Clinic notes, or vet books from the local library.)

CLEM'S CORNER



By Clem Carroll

Returned from my Grand Teton ride and what do I find but many fellow horsemen having had bad experiences with their horses: Charles Griner had a scary spill, broken shoulder, two broken ribs, a punctured lung, plus fighting an infection. Danica Piers is in a cast--a broken leg (below the knee) and just before the Tevis. So sorry to hear about this, Charles and Danica, our best wishes for a speedy recovery.

Many people know Angela Schaffer. She has had several heart attacks, but is still in there fighting to overcome them.

Sue Sheehan's horse slipped on a trail while riding with the Merced-Mari-
posa group in Yosemite. How she ever was able to walk away from the situation is a miracle. She landed on a log and her mare rolled on her, and then "Shandy" was kicking at bees and hit Sue on her leg. You are one tough gal, Sue Sheehan!

Don and Gail Altieri (now from Oakdale) spent a weekend in Woodside doing the Shack Riders outing and then the Los Viajeros lunch ride in the Peninsula Open Space area off Page Mill Road and Skyline. Gail was on her mule, Olde King Joel, shiny and sleek, and of course Don was riding his best mannered Arabian stallion, Fersnaeyn. Doug Moody had Gail on his cutting horse, just to experience the feeling of "floating" from side to side. Noel just returned from Texas having enjoyed a visit with her sister and nieces. She especially had fun at the San Antonio Multi-Culture Fair with demonstrations, bands, and good food, from German, to Mexican, to Greek, to Polish, you name it--they had it.

New arrivals--it's a bouncing 9 lb. 9 oz. boy for Debbie and Rich Beebee. He was born June 13 and his name is Nicolus Joseph.

Linda and Doug Kincaid have Troy Kincaid helping at the shows already! A darling strawberry blond, he completely charmed all the SMCHA workers on July 29th. Yes, he's already been on a horse at 5 months.

Travelers--Carol and Jim Robertson and their daughter, Wendy, ventured to Scotland for three weeks, a Robertson clan reunion. Wearing Robertson plaid, they enjoyed the Scottish games. Throw any telephone poles, Jim?

Barbara Bergman enjoyed seeing friend and relatives in Maine.

Bev and Dale Ryman were thrilled with the Olympics! They were given a ground pass to help Hilda Guerney and Keen. Santa Anita was spectacular with its lovely flowers and decor. It was truly an experience of a lifetime.

When Leta and I returned to California and the beautiful weather, it was hard to believe that the Wyoming Grand Teton area has had rain so heavy that the Rangers closed three main trails leading to various camping areas. We were camped one night at 9200 elevation. The thunder was deafening and it must have rained an inch in an hour. The scenery was beautiful, many lakes hidden up high, and viewed only by riders and hikers. The Teton Trail Ride outfit is well run, having some 30 years experience. Every horse has it's own saddle, saddle pad and bridle. At the end of the day, the tack is placed on a rack showing each horse's name. Every morning, some 80 horses are saddled, and when the job is completed the gates are opened and they quietly walk to another large

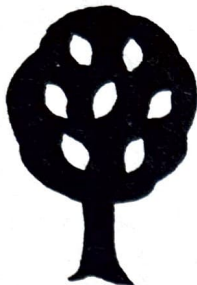
paddock awaiting to be chosen for riding. None of the horses are tied, they are free to move around. The riding season lasts only six months out of a year.

Los Viajeros (The Travelers) have had their usual great rides in 1984--- Jerry Pocan's Ranch near Livermore, Pt. Reyes 4-Day at the Stewart Ranch, and the Jack Brook Horse Camp over Labor Day holiday. There is a weekend ride coming up at the Mt. Diablo area in October. One of the reasons this club is so successful---many days are spent by the ride committee going over all the trails weeks before the rides are scheduled. Sue Sheehan and Kitty Haddix are the most dedicated horsemen one would ever want to meet! They know their trails blind-folded. Janet and Jim Estep spent days cutting down brush on the new trails in the Pescadero area. Thank you folks, and thanks to Joe Fennesh, Roland and Julie Scowden for preparing gourmet meals. Norma Tucker does an excellent bar. And thank you Doug Moody, John Oliver and Ron Haddix for working on all the odd jobs at the Horse Camp---putting in double wash pipes (hardly a few minutes wait to hose down our horses), covering water valves to protect them in the Winter time and on and on. The shower and bathroom area is one great and wonderful building. Your many months of building it, Dale Ryman, Grant Bennion and James Guinn Masonary Co. are most appreciated. And let us not forget Ron driving to San Francisco for the cook wagon and returning it.

Two local ladies finished the Tevis Ride this year--Lynda Walker and Darleen Stimson. We congratulate you. See ya!

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OLYMPIAN FROM WOODSIDE



By Maria Lee, San Jose, CA

American pride has never soared higher in decades past until our country had the honor to sponsor the 1984 Summer Olympic Games in Los Angeles. But the pride is so much greater when one of "the home town" boys is there to participate. Woodside's local boy in the Olympic Pentathlon was a horse by the name of ROY OSCAR, owned by S.M.C.H.A.'s own Carol Tague, herself a proud participant in the same event. But how did Carol and ROY OSCAR ever get to the Olympics?

It all started in mid-May when Carol spotted an add run by the Organizing Committee, saying that they were in need of sound, willing, hunter-type horses to be used by the athletes competing in the Pentathlon. After a few encouraging words from friends, Carol called the committee and they agreed to come and see ROY work over fences at his home at Webb Ranch. 72 horses were initially chosen in June and by early July the final 26 had been decided on. ROY OSCAR was one of them. He was on his way to L.A.

Carol did not, however, ride ROY in the Olympics; she had the official title of "handler" on the day he competed. From what Carol told this reporter it seems she had to work harder than ROY did.

ROY OSCAR was shipped to L.A. on the 20th of July where he was treated to his own exercise person each day and his own professional jumping instructor three times per week. ROY was also bathed, wrapped & coddled each day by the groom which he shared with two other equally spoiled horses. (He had his own groom for good measure on the day of the competition.) Carol, on the other hand traveled back and forth to L.A. "working" to practice for her very important job as his handler. She was to lead ROY OSCAR out into the arena during the beginning ceremonies of the pentathlon, line him up with the other 26 horses, with sides touching, and stand at attention while the athletes, one at a time, drew for the horse they would be riding that day.

Thank you, **WOODSIDE TRAIL CLUB TRAIL BLAZERS**, for the great new trail you put in behind Webb Ranch!!!
 --Judy Bull




After the first 6 horses were chosen, they and their riders were allowed to warm up together in a holding ring. The pairs were not allowed more than 20 minutes warmup before their ride and were limited to only 6 jumps of the two fences in the holding ring during that time. Considering that these athletes are not riders, think how much confidence they must have to ride a horse in a once-in-a-lifetime competition like the Olympics with no more than a twenty minute warmup. Most equestrians wouldn't dream of doing such a thing on horses they have owned for years.

As for our ROY OSCAR, he was chosen by the Swiss team and was ridden by a young man by the name of Andy Jung.

Both the trainer that had been riding ROY all month and Carol told the young man to ride hard into the first fence. Being inexperienced and nervous, however, Mr. Jung did not approach the first fence well and ROY OSCAR had it down. The remainder of the 15 fences, included a bank, a ditch, and two water obstacles which he cleared very well.

Thanks to ROY OSCAR, the Swiss team placed an overall fourth in the competition. Among his honors for being a competitor, ROY OSCAR and Carol were given a beautiful blanket with the Olympic logo on it, which ROY now wears proudly everytime he goes out; an Olympic medallion and a personal greeting by Princess Anne when she toured the barn after competition.






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JULY RIDE

By Cynthia Baird - Menlo Park, CA

Participants in this year's July ride enjoyed a glimpse into the area's history, as well as a scenic ride through orchards and forested slopes, a delicious lunch and the companionship of fellow horse lovers.


Led by Carol Parker, 21 horses and riders left the parking lot next to Spring Down Farm and began the ride through the Morshead property, a working family farm since 1906. The trail climbed from the farm into a forested water-shed, with lovely ferny glades and enormous redwoods. Roughly half a dozen more riders joined the group as it made its way through the Morshead, then portions of the Windy Hill trails, arriving for lunch at Carol and Norm Parker's home on the former Schilling estate.

Here, riders were joined by nonriding friends and family. Carol and her helpers served lunch for 54 (!) in a redwood grove beside a graceful pool designed as part of the stylish 1920's landscaping. But the spice empresario must have stood out among his contemporaries: Way ahead of the Beatles, Schilling had his own guru, whom he housed on the property; he also placed signs strategically throughout his woods, reminding himself--and others who might pass by--to ponder various topics.



The July Ride's leader, Carol Parker

The relationship of trail riders to landowners is well worth some thought. We are fortunate that the Morshead family is so agreeable to having riders use their trails. Marilyn Blake, granddaughter of the farm's founder, points out that the presence of conscientious horsemen can be beneficial, for they keep the owners informed of trail conditions, fire dangers and the like. Although not open to the public, the property is accessible to Trails Club members, and on occasions such as this SMCHA event, to other riders. This time at least three East Bay guests, as well as several new local riders were introduced to the beauty of the Morshead trails.



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BLUEROCK - An Asset and a Hazard



By Russ Peterson, D.V.M.

Bluerock is a finely ground rock substance which is widely used in the Peninsula area for paddock and stall floors. While bluerock is a good, porous substance which is helpful in eliminating muddy, waterlogged paddocks, it also poses a distinct nutritional management problem.

If you use bluerock, you should be concerned if any of the following conditions exist.

- a. Hay is placed directly upon a bluerock stall floor or paddock.
- b. Hay is placed in a wall feeder but the horse pulls the hay out and eats off the ground.
- c. Your horse has a bluerock floor and he is being "dieted" thereby stimulating the horse to explore the paddock floor for any tiny morsels of hay or food to eat.
- d. Several horses are kept together and fed off bluerock ground, which results in the least dominant horse being forced away from the hay. This horse will get less feed and therefore spend more time exploring the ground for any small bits of feed.

Horses are evolutionarily "grazers". As the horse consumes hay off the ground it inadvertently picks up small amounts of bluerock which is swallowed along with the feed. This bluerock traverses the bowel and settles out in the most ventral (lowest) parts of intestine. This accumulation occurs gradually over a period of months. The left ventral colon is the most frequent site of bluerock accumulation.

The weight and abrasiveness of the bluerock in the bowel eventually erodes thru the wall of the intestine at which point the horse becomes acutely and usually fatally ill (Bluerock Colic/Peritonitis).

How can you tell if your horse has ingested bluerock?

If you have acquired your horse recently (within the last year), he may have ingested a significant amount of bluerock in his previous environment and yet show no obvious signs of illness yet.

Fecal sedimentation test:

To check for bluerock in the feces, fill a quart jar 1/2 full with fresh feces off the top of the pile. (Be sure your sample has not been in direct contact with the ground so you do not pick up soil bluerock.) Fill the jar with water and shake vigorously to dissolve feces. Then set the jar on a shelf and let it settle. Any bluerock will fall to the bottom of the jar; a layer 1/16th to 1/8th of an inch is significant. You may need to do several samples on consecutive days to get an accurate assessment of your horse since some samples may carry more bluerock in them than others.

Several nonspecific clinical signs may be suggestive of a potential bluerock ingestion problem:

- a. Repeated bouts of diarrhea or loose manure especially when accompanied by low fever (102° - 103°)

- b. Recurrent "spasmodic colic" of undefined origin
- c. Frequent mild colic as evidenced by intermittent brief "loss of appetite"


Treatment

If diagnosed early, treatment includes metamucyl or mucilose® (1 - 2 cups daily) and Bran mashes (1 pound volume daily) in an effort to mobilize or stir up the bluerock in the intestine and get it to pass through the manure. Because the bluerock is so dense and abrasive, it is more difficult to mobilize and purge than similar cases involving sand ingestion and accumulation (Sand Colic).

Horses with large volumes of bluerock over prolonged periods are prone to an abrupt episode of colic associated with intestinal rupture and peritonitis and their prognosis for survival is poor.

Management prevention suggestions:

- a. Horses with bedded stalls over a bluerock base can be fed off the bedding as long as it is deep enough to thoroughly cover the bluerock 6 - 8 inches of shavings or straw.
- b. Horses fed in bluerock stalls or paddocks should have feed mangers which prevent them pulling hay out onto the ground and which minimizes spilling hay pieces onto the ground.
- c. Horses in paddocks without mangers or hayracks can often be fed off the ground in a corner with a 4 X 8 plywood and 2 X 4 boarder placed atop the bluerock.
- d. Haynets are OK but they do not prevent feed falling on the ground, so they should be used in bedded stalls or nonbluerock floor areas.
- e. Horses, on diets or in groups in paddocks are especially susceptible.
- f. If in doubt, consult your Veterinarian for advice.



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REDWOOD CITY, CA 94061

A REAL EYE-OPENER

Here's how much it cost to provide general membership services in the first eight months of 1984:

\$2424 General Meetings
1139 Flyers & postage
826 Data processing
500 Donations & fees
300 Storage shed rental
750 CSHA fees
5775 Magazine & postage
1500 Misc. (food, stationery,
equipment repair, etc.)

\$13,214 TOTAL

With 468 members, this comes out to \$28 per person.

By contrast, the average dues per person were \$14.

C&C

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