

The San Mateo HORSEMAN



Summer 1993



EQUINE POOP SCOOP

- Manure Hauling at Reasonable Rates
- Stall and Paddock Repair
- Baserocking Stalls and Paddocks
- Residential Barns
- Monthly Pick-up Service Available

Our job is picking up!

Established the Year of the Horse
P.O. Box 4561 Stanford, CA 94309 424-1896

ROD T's

TRAILER SALES

WE NOW CARRY...



Equestrian Pride Nationwide
Charmac Horse Trailers
Big Tex Utility Trailers
Pacific Boat Trailers
Cargo Chuttles

ROD T's

Your One-Stop Trailer Shop

San Carlos, California
(415) 591-9609



SMCHA Color Guard

2ND ANNUAL TACK SWAP MEET

Woodside Elementary School

Sunday, August 29, 1993 • 1:00 p.m.–4:00 p.m.

Doing your Spring Cleaning and don't know what to do with all that extra tack?
How do you turn old tack into \$\$? Or are you looking for just the right piece of equipment
and just the right price?

Remember the Annual SMCHA Color Guard Tack Swap Meet!

Whether you're selling or buying, be sure to put August 22 on your calendar as the
day to find that very special bargain. Last year's meet drew over 20 "vendors" and proved
highly successful for all.

All booth rental proceeds benefit the SMCHA Color Guard in support of their annual
competition at the Grand National Horse Show.

All sales proceeds "stay in your pocket" (maybe to buy that new saddle you've been
wishing for?!).

For questions and information call Laurie Fieguth

Home: (415) 369-7749 • Work: (415) 329-7571 (direct)

CONTENTS

Message from the President
Amos Dana 1

Restaurant Ride to Skyline
Doris Lantz 3

In Memory of Leonard Young 4

Los Viajeros Trailgram
Noel Moody 5

Clem's Corner
Clementine Carroll 6

The Plot Tick'ns
Christina Romano 8

SMCHA/Webb Western Riding School
Carolyn Rice 9

Equine Health Care: The Eyes Have It
Wayne N. Browning, DVM 11

Family Picnic
Mary Jensen 12

Status Report on Bicycle Access
Mary Claire Wellman 13

Back to Africa
Doris Lantz 14

750 Miles? No Problem
Linda Menon 16

Volunteer Trail Patrol
HildeGarde MacKay 17

SMCHA Calendar of Events 20

COVER

Family Picnic:
Paige Brewer and Bre,
owned by Bruce Baker

Magazine: Linda Menon, Patti Wetzel
Photography: Gay-Lynn Mann

MESSAGE FROM THE PRESIDENT

Amos Dana



Our busy summer is in full swing! The first English and Western shows have been super successful, drawing the most entries ever—almost 60 horses in each show. Thanks to Carolyn Rice and Nancy Van Zwol for all their hard work and coordination of these events.

The "first annual" family picnic (see page 12) and the restaurant ride (see page 3) were both great fun—thanks to Aleta Reed for organizing the picnic and Doris Lantz for leading the ride.

But more is yet to come! Be sure to mark your calendars for the SMCHA Open Western Nor-Cal show at the Mounted Patrol grounds on August 15. This is the only fund-raiser of the year for SMCHA so please bring your friends and relatives to the show and the delicious barbecue lunch.

Also our annual Jack Brook Horse Camp overnight ride is scheduled for August 16-23. We're fortunate to have such a wonderful facility so near to us, and we always have a great time—so come for the week or come for the weekend, but be sure to come!

Volunteering to help with the SMCHA activities is a great way to support the Association, meet new friends and have a great time! Your help would be especially appreciated in the following areas:

- English and Western Shows Call Noel Moody at (415) 322-6545 or Amos Dana at (415) 369-2178
- Nor-Cal Show Call Noel Moody at (415) 322-6545
- Trails Committees Call Amos Dana at (415) 369-2178
- Trail Incident Reports Mary Claire Wellman (415) 326-0414
- SMCHA Magazine Call Linda Menon at (415) 349-1462

SMCHA depends entirely on volunteer support, and your help with any of our activities is greatly appreciated.

Your President,

Amos Dana



San Mateo County Horsemen's Association

1993 Officers

PRESIDENT

Amos Dana

FIRST VICE PRESIDENT

Doris Lantz

SECOND VICE PRESIDENT

Sharon Lann

SECRETARY

Larae Akland

TREASURER

Deanna Marchi

SERGEANT-AT-ARMS

Walt Kirk

HISTORIAN

Sue Sheehan

REGISTRAR

Harry Wellman

PARLIAMENTARIAN

Carolyn Rice

1993 Board of Directors

Dave Akland

Larae Akland

Bruce Baker

Eileen Borzone

Nancy Crowley

Amos Dana

Patty Dana

Lisa Dixon

Ed Drotloff

Laurie Fieguth

Karen Flores

Dianne Fruehling

Stephanie Goldie

Ron Harris

Bill Hopper

Lisa Kazanjian

Ann Kirby

Walt Kirk

Sharon Lann

Doris Lantz

Deanna Marchi

Linda Menon

Noel Moody

Sheri Neufeld

Rick Payne

Bobbie Petrov

Aleta Reed

Carolyn Rice

Karen Rowley

Sue Sheehan

Donna Tozi

Harry Wellman

Nancy van Zwol

HONORARY MEMBER

Ross Meredith

Advertising & Subscription Rates

All remittances must be paid in advance.

Business Card:

\$25.00 per issue

\$80.00 per year (4 issues)

Camera Ready Ads:

1/4 Page: \$50 per issue

\$160 per year

1/2 Page: \$75 per issue

\$300 per year

Full Page: \$150 per issue

Subscriptions:

Are available for \$25.00 per calendar year which includes membership in the San Mateo Horsemen's Association. Please fill out and mail in Membership Application on last page of this magazine.

We invite you to grow with this magazine by promoting your service or product. Please send your ad and your check to San Mateo County Horsemen's Association

DEADLINE

FOR ADS AND ARTICLES

for the Fall 1993 issue

is September 15, 1993



P.O. Box 620092

Woodside, CA 94062

The San Mateo HORSEMAN

Summer Issue 1993

The official publication of the
**San Mateo County
Horsemen's Association**

Published quarterly

January (Winter)

April (Spring)

July (Summer)

October (Fall)



MEMBERSHIP

Join SMCHA
Mail Application
Today!

(Application on back cover)

No paid political or religious advertisements will be accepted; all articles submitted are subject to editing; all articles or items reprinted from another source must be cited as source and permission to reprint; items or articles submitted for publication that are not printed will not be returned to the author or persons submitting them. Editing will be reviewed by a review committee of the President and two board members.

RESTAURANT RIDE TO SKYLINE

by Doris Lantz

This year we did something different—we rode to The Mountain House on Skyline. What a great ride it was! We all met in



Gathering at Spreckles Gate

front of the Spreckles gate and went up the back through Huddart Park. The temperature was just perfect for the ride. There were 35 riders and Tanya's husband walked the whole way with us—what an athlete! We even had some new members join us that had never ridden with us before. When we arrived at The Mountain House some of us were already there (Larae, Dave, Carolyn—not to mention any names). I guess



they wanted the good tie spots . . . there was plenty of room to tie the horses across the street though. The men immediately gathered around the bar to watch some sport (baseball) on the TV, while the rest of us were social. We had the whole outside deck and the whole dining room to ourselves. It was great having a whole restaurant filled with horse people. Viva Reed even came up for lunch. The lunch was delicious and enjoyed by everyone. I had the Chinese chicken salad and recommend it. The ride back most everyone went on their own, but there was still a small group of us that went down together. If you missed this ride, you missed a lot of fun and some good riding—so don't miss it next year.



Lunch was great.



IN MEMORY OF LEONARD YOUNG

Leonard Young, renowned Woodside horse trainer and long time member and active supporter of The San Mateo County Horseman's Association, died May 26, 1993 after a long illness.

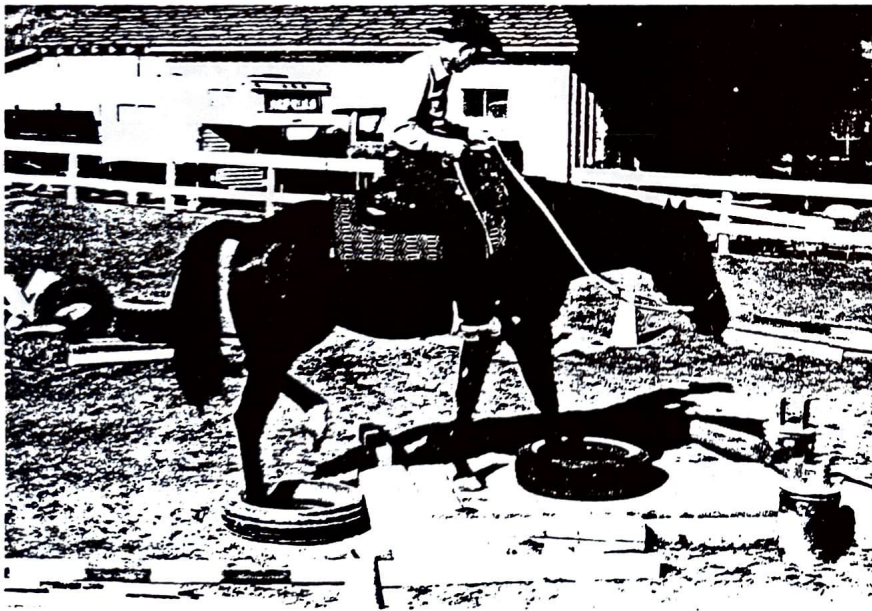
In past years, Leonard could often be found at our local horse shows and riding clinics, willing and able to lend a helping hand. His expertise at these functions was invaluable. He will be missed.

The following profile is reprinted, with permission, from *California Horse Review* (April, 1987).

"Profile of Leonard Young"

The unique aspect of Leonard Young's ability is that he trains trail horses so the owners can successfully show them when they're taken home. All the horses Leonard has trained have gone on to be successful with amateur and junior riders.

Hailing from Redwood City and training from a Woodside stable, Leonard has a long list of successes with trail horses. In '86, the most outstanding to come from his barn was the 4-year-old LARK N BAR who, when ridden by Leonard in the junior trail horse class at Cow Palace, won the competition with ease, earning the Cow Palace silver buckle that Leonard now wears.



Leonard's filly works two tires and a lengthwise bridge. He won't start this work until the horse lets him know it's really tire-broke.

Cheryl Kruezer showed LARK N BAR in amateur classes, winning the amateur green trail horse grand championship at the California Grand Slam and the non-pro championship at the Springtime Classic Trail Futurity. The pair was also awarded the championship

for Nor Cal Western Association's year-end amateur second-year green competition.

One of the most notable old-timers to come from Leonard's barn is TYREE GOFIR JOE. Leonard purchased the horse as a yearling, broken and trained him, earned his Register of Merit in trail, and qualified him for the World Championship Quarter Horse Show. The horse was also champion of the Northern Counties and Central Counties Quarter Horse associations, as well as reserve champion for the Pacific Coast Quarter Horse Association. JOE went on to win the \$5,000 Mr. Spats class at Cow Palace with his present owner.

Remember MISS MCCUE? She was one of Leonard's earliest successes, later sold to Nina Worsley, a student of Patti Knudson. MISS MCCUE and Mrs. Knudson went to the Cow Palace and were big winners.

UP TWO PAR was another Young-trained trail horse star, as was PATTI'S PLAYMATE, who was the PCQHA reserve champion trail horse in 1984.

Leonard Young's show horses are also real trail horses. With his stable located next to thousands of acres of trails, Leonard is able to ride all his horses out of the arena, through streams, up hills and down valleys. If a deer should leap onto the path, will Leonard's horses be upset? Nope. Water to cross? No big deal. And if someone has thrown — curses?—a tire onto the trail? Ten to one says Leonard's horses will look for the hole, amble through the tire and continue on a relaxing trail ride.

LOS VIAJEROS TRAILGRAM

by Noel Moody

It's been a busy spring and summer for LV and it's not over yet! Thirty-six members and guests had a fabulous time at Point Reyes for the annual Four Day Ride. Six riders qualified for membership by participating in all the rides - congratulations! June Irhazy, Kitty Haddix, and Sue Sheehan led the group through redwoods and very tall majestic pines to the beach on Friday. Thursday was the



Beautiful Lake Sonoma

short ride from the Stuart Ranch to the Visitors' Center. Saturday, the riders chose which group they wanted to ride with and each group did its own thing. A poker ride was the main feature on Sunday, followed by lunch.

LV is designed as an adult trail riding club which rides the first Sunday of each month. Its purpose is to have fun with friends as you enjoy riding your horse on different trails in different areas. It's a great club to learn all the different parks that surround us.

With that commercial, what trails has LV ridden to far this year? We started in March with a ride through Wunderlich Park to Skywood Inn for lunch. Then the next month we went to Sunol to the East Bay Water District. We saw a craggy waterfall and a great area called "Little Yosemite" of huge boulders with a white-water stream rolling over them. The emerald hillside was laden with orange poppies and purple lupine. In May, Dick Sanders led twenty-seven members all over Lake Sonoma for a terrific weekend.

Sometimes we were on top of the world looking down on the lake and other times we were within an arm's length from the water. Similar views were found on the Calero Park Ride in June in San Martin except it poured rain! The barbecue was held in trailers and it was great fun! July 11 was a one-day ride to Wilder Ranch near Big Basin. Rob Krensky led us through wonderful redwood trails. Camping Friday and Saturday was optional. Labor Day will be our Horse Camp ride in San McDonald Park. Visitors are welcome, so come! Then we will ride the seventeen mile drive in Carmel and stay overnight in Carmel Valley. Our last ride of the year is always our Progressive Ride from breakfast to lunch to dinner. It's in October, and we ride in scary costumes and masks. It's a bootiful ride!

For information on Los Viajeros call Norma Tucker at (408) 268-0318 or Kitty Haddix at (415) 851-0243.

August 1

Bear Lodge ride (ride on private property from Half Moon Bay to the Native Sons Bear Lodge; steak barbecue by Native Sons)

September 4-6

Jack Brook Labor Day ride

October 2-3

Carmel ride and overnight in Carmel Valley

November 7

Woodside Progressive ride

CLEM'S

by Clementine Carroll

O
R
N
E
R

A few years ago a young attractive woman joined SMCHA; her name, Heidi Koch. An active horsewoman in Switzerland, what does one do, of course, but contact local horsepeople. Lew Reed befriended her and before long she attended all club meetings and activities. She left her dressage horse behind and was soon exercising horses in the Woodside area. Just recently her husband was again transferred (something in electronics), and now the family lives in Florida. She asked me to thank all of you lovely people who shared their horses with her and to say she will always have many fond memories of California.

The following report was gathered for me by Noel Moody:

"Summer is here and everything is going along at a great pace!

Thirty riders enjoyed riding through the redwoods, up to Skyline for lunch. (See page 3) All the horses behaved beautifully and it was nice to have so many new members join in.

That same day, Nancy Van Zwol was busy conducting the English show at Webb. Low fences were featured in the afternoon and the rail classes were held in the morning. In all, somewhere in the neighborhood of sixty-five horses participated. Since each horse entered an average of three classes, the judge was kept mighty busy.

The Western Show was the next day. (See page 9) It was the first show managed by Carolyn Rice, so she was a bit nervous! Fifty-nine horses were entered in the twenty-three classes, and everything went smoothly. Larae and Dave Akland handled the food department. They had so many customers they had to make a second trip to the store for goodies. Karen Rowley and Eileen Borzone helped Carolyn survive the day, and all in all, it was a great success.

Then, of course, the Clinic on Thursday evenings has been as popular as ever. The two Joans — Joan Loftin and Joan McLaren — along with Nan Kreeger are keeping all the SMCHA members

busy with "heels down, head up, look where you are going" and other commands. It's great fun, so come on over to the MP grounds and either watch or participate. Karen Rowley is doing her usual great job as major-domo of the Clinic.

The Coast Riders just completed their ride to Big Basin and back. Their gear was moved each day to a new camp and each day they would ride 25-35 miles. They reserved Jack Brook Horse Camp and invited the Shack Riders to come on up and use the camp. Nine members did, so on Saturday night there were twenty-four people in camp. SMCHA members included Joe Geller and Grant Bennion.

Donna Richeson and Regina Davis just returned from a week's ride through Tuscany, Italy. Seven ladies made up the group and they rode from inn to inn from outside Florence to Sienna. The horses were Arabs and Arabians crossed with Italian horses. Equi-Tour made the arrangements and everything was wonderful, according to Donna and Regina. The leader was an English woman and they had a wonderful Italian chef who followed them in a red van. The English woman who led the rides had lived in England, but fell in love with the quaint towns of Italy and

(continued)

Clem's Corner, *continued*

decided to stay. She leads three long rides a year, does daily rides, and teaches riding in between.

Los Viajeros had their annual 4-Day Ride at Pt. Reyes/Stewart Ranch Horse Camp. They had thirty-six riders who all enjoyed the beautiful trails. It was HOT for a few days, however, and some horses stressed returning from the beach—a hard uphill climb. Rob Krensky on his 33-year-old horse, WONDER, led rides everyday and WONDER never faltered."

Thank you, Noel.

I've wondered how many members of SMCHA are into jumping and dressage, and, if there are any, it would be nice to have articles written about their activities. Right at Whiskey Hill Road and Sand Hill Road we have the great CTETA field (Combined Training Equestrian Team Alliance). I would like to share a story printed years ago about riders and their horses during an Olympic competition:

"They took a gently rolling golf course 25 miles north of San Diego and turned it into an Olympic cross country course for horse and rider. Don't let the words 'cross country' fool you. Equestrian cross country is not a soothing ride through the hills while the larks and doves coo in your ear. It is

torture on four legs.

The 4-1/3 mile cross country course, site of yesterday's Olympic competition, must have been designed by a sadist, or perhaps a horse-hater. It contains 33 obstacles, each testing the horse's strength, versatility and bravery. The hurdles are high, wide and massive, and if a horse crashes into an obstacle, it does not give. There is a high degree of danger in cross country, and injuries are common.

The hurdles, in fact, are designed to frighten the horses — to present them with problems that only a disciplined, highly trained animal can solve. There are jumps over water, leaps through holes in walls. To make matters tougher, the horse has never seen the course until the moment it rushes through the starting gate. A rider is permitted to walk the course before the competition, but any rider caught sneaking a horse onto the course is disqualified on the spot.

The horse and rider must function as one personality during the trip. One veteran rider said, "Those hurdles look like mountains when you're on a horse. You get scared. And if a horse senses you don't want to go over, he won't. If you have trepidation, you're screwed."

Competitors in cross country start with a score of zero and

are awarded penalty points for mishaps along the way, such as the rider falling off, the ride being too slow, or the horse stopping dead in its tracks and refusing to jump a barrier. Three refusals at any one barrier and horse and rider must hang up their spurs.

Unlike such uncomplicated sports as boxing, which is strictly man vs. man, cross country equestrian is rider and horse vs. course — and sometimes rider vs. horse. The tensions between rider and horse were never more clear than on jump No. 7, known as the Bridge and Walkway.

The horse charges up a hill and then descends toward a water obstacle. The animal never has seen this water before, and for a moment it tries to decide if someone has played a trick. But there's no time to reach a conclusion because, suddenly, the horse is in the water and has lost all its momentum. It has to hoist itself onto a narrow bridge, and without benefit of run-up, jump a hurdle into more water.

Horses were continually flipping their riders into the drink on No. 7. Diana Clapham of England went for a swim after Windjammer jammed his hind legs on the hurdle. She popped up while a crowd of hundreds, lurking on the grass awaiting just that kind of catastrophe,

(continued)

Clem's Corner, continued

exhorted her to remount. But Clapham was a trifle slippery and couldn't get her foot into the stirrup. Finally she got on and got going, off with a hi-ho, Silver.

Another rider approached the Bridge and Walkway too quickly. The horse, which apparently had more sense than the rider, wanted to stop and think things over. But the rider persisted, the horse relented, and they somersaulted into the water. It was an amazing sight—a peewee rider flopping in head-first, all those horse legs upside down, and all that panting and panic. For a moment the spectators feared that the rider had been crushed, but no, there he was, jumping into the saddle and dashing off across a green glade.

Karen Stives, the least experienced member of the American team, rode the course flawlessly on Ben Arthur. She negotiated the Bridge and Walkway as if it were a cakewalk, and at the end of yesterday's competition she led all riders after two events—dressage and cross country.

Ben Arthur is an Irish-bred gelding who stands 17 hands and weighs about 1200 pounds. Stives weighs 105 pounds. They are an odd couple, and they are a team."

THE PLOT TICK'NS

by *Christina Romano*

Let's breathe a little sigh of relief, get on our ponies and hit the brushy trail!! In 1992, two scientists reported why California, which holds 10% of the US population, has no incidents of Lyme's disease, compared to states in the Northeast. The reason is that only 1-5% of California's common Black Legged deer ticks carry Lyme's disease, and the figure is not growing. So, few California deer ticks carry Lyme's and there is no data that Lyme's is carried by any other bug or insect. However, once bitten, twice shy—so please read on.

This fall my buddy was bitten by a tick. We have been bitten several times before, mostly because we get sloppy and don't follow our own rules! We really try to always do a tick check after riding, hiking or cutting trail. This entails combing hair with a fine tooth comb, stripping down and checking all over, especially under arms and behind the nape of the neck and ears. Take a shower if you can. Clothes are checked and hung outside, away from the bed or furniture.

He pulled out the tick as soon as he found it; the tick contained no blood. Quick removal is the best way to prevent infection. It takes a tick many minutes or even hours to attach its mouth parts and start injecting your system with infected saliva. But, this tick bite was sore and soon had the telltale Lyme's bull's-eye. It was about a 1/2-inch round red area caused by broken blood vessels. Three days passed, and the doc looked, said yes, and sent him home with a ten-day antibiotic prescription. The test for Lyme's disease is around seventy-five dollars, and not always accurate. The red bite is a better indicator than a test, but unfortunately not everyone gets a bull's-eye from a Lyme's disease tick, so keep the tick in a jar. Labs can test the tick itself. Lyme's disease is a bacterial infection, and it is imperative to see a doctor and treat it early in order to avoid serious long term health troubles.

So, you check yourself and find a biting tick. Gently grab the tick between thumb and forefinger and gently pull straight out from your body. The tick will release. This is how you pull a tick off a horse, as well. Forget all the myths you have heard like using a hot match, a cigarette, or turning the tick counter clockwise—it's all bunkum! Just pull straight out slowly and gently. If you lose grip, try again, but don't do this if you have open cuts on your

(continued)

Plot Tick'ns, continued

fingers. When you get the tick, smash it with a flat object. Normally we find ticks on ourselves before they have swollen up with much blood. This is not always the case when pulling ticks off our horses. Don't squeeze swollen ticks hard because you may pop the tick and leave the head in your animal. If this happens, a long lasting 1/4 or 1/8 inch bump will be left. They seem to last for weeks or months. Vets have special tweezers for dogs you might want to try.

When I tick check, my fingers dance through the fur (to the tune of a lively polka). I start under the forelock, then I follow the jaw line in back of the ears, down the bars to the chin. I check under the mane, around the chest, behind the elbows, around the udders or sheath, the thin piece of skin between the barrel and flank, and at the back of the flank. It seems the worse months here are mid-March, April, May through mid-June, depending on the rain.

Here are some trail guidelines to limit your tick exposure on the trail. Check your horse for ticks before going out, and spray your horse with repellent before you ride. Try to wear light colored non-patterned clothes. Tuck your socks over your pants, the put on the boots. Put repellent on. Tuck your shirt in and don't wear



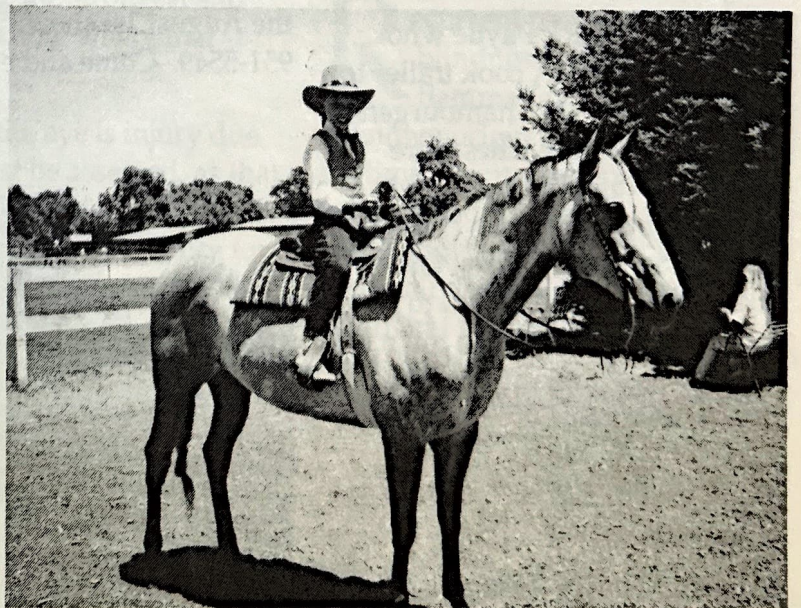
dangling bits, like a sweatshirt around the waist with arms flapping. Use a collared, long-sleeved shirt. Tie hair up. During the ride get off and do a check of your clothes, especially if you have pushed through or sat around tall grass, chaparral or deer trails. Have someone check under your collar. Check arms and exposed areas. Will you feel crawly false alarms? Yes, but if you feel a steady slow small little something, it pays to check it out.

Lastly, another friend has been riding trail here for 40 years and has only ever had two ticks on her, and she has never been bitten. So, keep riding trail and loving horses. We'll make it through this ticky business . . .

SMCHA/WEBB WESTERN SCHOOLING SHOWS

by Carolyn Rice

The first of this year's series of three Western Schooling Shows got off to a great start on June 12 at Webb Ranch. We had a total of 59 entries. We had 28 classes including a beginner series, Arab-1/2 Arab series, 17 and under, and 18 and over. We also had our SMCHA Pleasure Class for members only. An award for this class will be donated by Noel Moody and given out at our 2nd show on July 18. Nan Kreeger designed some wonderful trail classes that were made attractive with fresh flowers donated by Boris Garden Center in San Carlos. Darlene Bingham was our judge for the day. She drove



Alexis Greenberg on April's Landing

Western Schooling, continued from Ione, California and in spite of the 8 hours of hot sun was enthusiastic and helpful and we received many positive comments.

The junior hi-point was awarded to Erin Van Cleave riding JETALITOS SONNY D and the senior daily hi-point was awarded to Joy Cardelli riding ITSA SUPER BIZNESS. Jenny Jamieson is also doing well in the junior division on BAD BAD LEROY BROWN. Debra Wright on DUSTYS SILVER DOLLAR is leading the Beginner Series and close behind is Vicki Pacquet on SKIPPA IRISH JIGG and Whitney Egner on MUSCLES TUFF CHICK. Leading the Arab-1/2 Arab division is Denise Lanzini on AKZ TOPAZ with Cory Finn on DL MISS T not far behind. The Model Horse in Halter Class is being sponsored by What Ranch and so far Whitney Wegner on MUSCLES TUFF CHICK is in first place.

Thank you to Rick Payne who towed the SMCHA cook trailer to the scene. Over 120 hamburgers and chicken sandwiches were grilled by Nate Ashbrook and prepared by Walt Kirk. Dave and Larae Akland did a swell job taking orders. Thank you to Dave for making a few trips to town for more burgers and drinks. All done with a smile on his face! We also had fresh bagels donated by Wedemeyer's Bakery in South San Francisco.

Thank you to Karen Rowley, Eileen Borzone, Christine Epstein, Ann Kirby, Deanna Tanner, Rick



Nathan Ashbrook, Larae Akland & Walt Kirk anxiously awaiting the lunch crowd.

Payne, Nate Ashbrook, Dave and Larae Akland, Walt Kirk, Joan McLaren, Nan Kreeger. Thank you also to Aleta Reed who did a great job of announcing and keeping the classes running smoothly. Larae gets special thanks from me for jumping right in and helping with all the details and organizing.

Our next SMCHA show will be on July 18 at Webb Ranch and will be judged by Teri Brazil. The series awards will be given out at the 3rd show held on August 1st. This show is given by Joan McLaren. Any questions regarding the July 18 show can be directed to Carolyn Rice at (415) 364-8622; questions about the August 1st show can be directed to Joan McLaren at (415) 951-5549. Come and enjoy the fun!



A beginner class, ready for judging

EQUINE HEALTH CARE

The Eyes Have It

by Wayne N. Browning, DVM



With summer finally here, I felt a discussion about the eye would be a good topic as the incidence of eye-related problems increases during these months. This can be attributed to factors such as increased dust, flies, pollen, and susceptibility to trauma during trail riding.

First, a brief review of the eye and vision in general is in order. The globe is not round in the horse, but ovoid, with the back of the eye flattened. The clear front surface of the eye is the cornea, which is the horse's predominant focusing mechanism. The lens is much less important than it is in humans. The borders of the cornea next to the conjunctiva and eyelids are frequently grey or white. The iris is the colored part of the eye behind the cornea, and is usually brown or occasionally blue. It dilates and contracts in response to light, with the opening called the pupil.

From side to side, horses have a wide range of vision (nearly 350 degrees), but only from one eye. The horse has a small blind spot right under its nose, and directly behind the rump, although I'm sure many of you would swear they have one wherever your foot happens to be. The horse uses its head angle to aid in vision. When the head is near the ground, eye movements allow focusing on both distant and close objects. Color vision is minimal, with yellow being the strongest and red being the least recognizable. (I don't know where that leaves us with regard to carrots.)

The most commonly seen condition with the eye is injury due to trauma. The integrity of the cornea must be assessed, as that determines the course of treatment taken. Corneal defects (ulcers) must be treated aggressively to increase the chance for full recovery and lessen the severity of the white opacity called a corneal scar. Conjunctival swelling around the eye must be addressed, in addition to spasms in the eye due to pain.

Dr. Browning is the owner of Bayhill Equine, a two-doctor medicine and surgery practice located in Woodside. Please direct any questions regarding this article to him at 851-2300.

Increased discharge from the eye (tearing) is a common presenting sign, and can range from clear and watery to thick and white. The most common causes include clogged tear ducts, allergy and/or dust irritation, and bacterial infections. The tear duct runs from the inside corner of the eye to an opening just inside the nostril. These ducts frequently become clogged with dust and must be flushed by inserting a cannula into the nasal opening and flushing backward up to the eye. Irritation to the eye from dust and flies can be treated with an eye ointment containing a steroid to reduce inflammation in addition to fly masks. An antibiotic ointment will be used for bacterial infections. A good rule of thumb is a bilateral discharge is usually from dust or flies, while discharge from one eye only is due to a clogged duct or infection.

Recurrent uveitis, or moon blindness, is a severe inflammation of the eye of unknown origin that can occur anytime. Recurring episodes of pain, squinting, tearing, and corneal cloudiness occur, which can eventually lead to loss of vision. Treatment is symptomatic and involves drugs to quickly reduce the inflammation and dilate the pupil to reduce adhesions (synechia) in the eye itself.

I always recommend prompt veterinary care or consultation when the eye is involved. Eye conditions, like colic, can rapidly

(continued)

Eyes, continued

escalate into a major problem without proper treatment. However, there are some helpful things that an owner can do while waiting for their veterinarian, or in some cases, to avoid a visit altogether. Rinsing the eye with saline or boric acid can help flush out a foreign body. These products can be purchased at any store in the eye care department. A cold compress applied two to three times daily can help reduce swelling and pain. Finally, moving the horse to a dark stall will help lessen the pain from sunlight to the affected eye. However, if the eye does not show dramatic improvement within 12 hours, consult your veterinarian.

San Mateo County
Horsemen's Association

43RD ANNUAL
OPEN
WESTERN SHOW

AUGUST 15
8:30-4:30

Mounted Patrol Grounds
Woodside



Food • Fun • Great Horses

FAMILY PICNIC

by Mary Jensen

A good time was had by all that attended the Family Picnic on Sunday, May 16th at Huddard Park. There were horseshoes to throw, water balloons to toss, eggs to race with and even a pinata filled with candy to break open (until Aleta Reed broke the stick!). Bruce Baker brought his horse and the kids had a wonderful time taking turns being lead around the park. Hopefully, more people will take an interest in this event to make it an annual picnic and next year it can be bigger and better. Thanks to all that attended this year's picnic — and thanks to Aleta Reed for her organizing efforts.



Bre has fun giving the kids rides



The first annual Family Picnic

STATUS REPORT ON BICYCLE ACCESS

by Mary Claire Wellman

First of all, members of ROMP (Responsible Owners of Mountain Pedalers) and other bicycle groups are applying for permission to ride more trails in San Mateo County Parks, for example Huddard, Wunderlich and Edgewood. It has not been granted at this time—it is in process. There are a few places where it is legal for cyclists to ride now (listed below). They also have permission to ride in some Peninsula Open Space lands, on specified multi-use trails. It is still illegal, however, to ride bicycles in most San Mateo County Parks.

The Bicycle Access Subcommittee of the County's Trails Advisory Committee has been studying the bicyclists' request for access to other trails. They want a "flatlands" (Canada) to Skyline loop trail. After almost a year of meeting with them, Marian Vanden Bosch and I found that opinions were very strong on each side—creating polarization and stalemate. So we requested hikers on the Subcommittee and got them. We wanted some method where we could move forward, so a Trail Evaluation Guide was adopted. This means we have moved past the stating of opinions, however strong, and are studying the trails ROMP requested. Cyclists, hikers and equestrians meet at a different site each month. On the field trips we evaluate the trail according to these suggested criteria:

What is the sight distance? Steepness/grade? Width? Side slope? Surface? Erodibility? Effect on wildlife? On habitat? What quality of wilderness experience for each group of trail users (peaceful / "Thoreau-like")? Is the trail part of a loop? Parking/vehicle access? Where? Amenities? Which user groups: hikers, horse riders, bikes? Bikes: likely range of speed downhill? Distance in feet to stop? Ranger enforcement/help?

As I understand it, when evaluations are finished, a report will be drawn up giving various points of view. This goes to the Trails Advisory Committee which studies it, makes a recommendation and forwards it to Parks and Recreation. They study it and forward it with a recommendation to the Board of Supervisors, and they make the decision.

As you see, we need your active participation and help all along the way. Equestrians and hikers are advised to write our

feelings, opinions and trail requirements, holding them until the time comes to submit them. I am assured they will be given attention and will count.

TRAILS LEGAL FOR BIKES: Sawyer Camp, various roads on San Bruno Mountain, four trails in Pescadero Creek County Park, one trail in San Pedro Valley Park. Also many trails in Santa Clara County and Mid Peninsula Open Space (Windy Hill, Purissima). Volunteer Horse Patrol is working on a list of nearby trails where mountain bikes are legal. When they encounter illegal riding, they plan to give a list to the cyclist.

If you encounter cyclists on an unauthorized trail, phone a report to Mary Claire Wellman, 9 a.m. to 9 p.m., at (415) 326-0414. Give the name of park, trail, date, time of day, how many bikes, and approximate ages of riders. Information will be consolidated and written up for the head ranger.



BACK TO AFRICA—A 250 MILE RIDING SAFARI IN KENYA

by Doris Lantz

It would have been a shame to tour this wonderful country in a minibus staying in lodges and viewing animals in lighted waterholes, insulated from the real life of the country. We made the trip much like it was done in the 1900's, on horseback. The Maasai are still there, herding their cattle, killing lions with their spears and living much like they did in the past centuries. The wild animals still remain in abundance and variety. Riding through the country and galloping after zebra and wildebeest is excitement you would never forget.

We arrived in Nairobi and stayed at the Norfolk Hotel. The next day we began our riding adventure. We drove through the Kikuyu tribal lands to the edge of the great Rift Valley. We then descended 2000 feet to the valley below, studded with volcanic mountains. This was the beginning of an animal kingdom bigger than anywhere else in Africa. We ended up in the forested Loita Hills close to the Tanzanian border. We reached camp and set up beneath towering Fever trees and Podo trees on the banks of a small stream. This was also where we were introduced to our horses. The horses that we rode are polo ponies that they use for safari when it's not polo season, so they are very quick and agile. The tack is English.

A branch of the Maasai tribe live at this camp. The chief's name is Daniel; he came with us as our night watch on most of the ride. Protecting the horses from lion attacks at night is very important. The Maasai are very brave and make good night watchmen.

We visited Daniel's village consisting of a few huts built with

sticks and daubed with mud and cow dung, and surrounded by a thick thorn stockade. This protects their herds of cattle. Their sheep and goats stay in their huts at night with them for protection from predators.

The first day's ride was in the Loita Hills. We rode up to 8000 feet above the Nguruman Encampment. You could see Colobus monkeys high in the trees above. They are quite large, and black and white in color. The next day we rode to the Morijo valley and set up our second camp. On the way we saw impalla, waterbuck, Thompsons gazelle and a variety of highland birds. At the camp the local Maasai came by with lots of their jewelry and hand crafted items to sell. Of course, I bought a lot of this wonderful art.

The next day we rode across rolling highlands up to Subugo, the highest point of the Loita Hills. We then descended to Narosura spring, where there were many baboons and vervet monkeys. From this camp we then rode to Maji Moto, across open plains interspersed with acacia and leleshwa trees. We crossed seasonal rivers draining the Loita Hills. We passed through herds of zebra, eland, Grants and Thompsons gazelle and giraffe. Our next camp was Olare Lamun—to get there we rode through thousands of wildebeest and zebra. You can't be-

(continued)



Masai with thier handicrafts

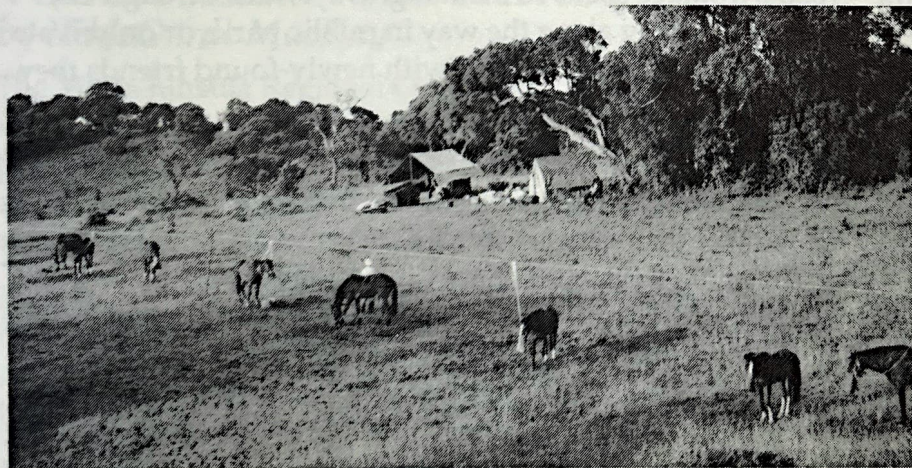
lieve the thrill when you are running on a horse and zebra are running at a gallop alongside of you. Giraffe run away pretty quickly; it's hard to get too close to them on horseback.



Giraffe . . . it's hard to get too close.

The next camp was at Olare Orok — it's a long day in the saddle riding through rolling hills and plains. We saw topi and ostrich for the first time. This camp is in a secluded valley. There are many night predators at this camp.

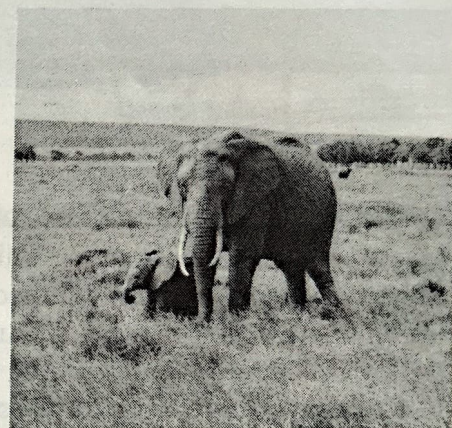
Daniel even had to throw his spear at a lion who was going after one of the horses on the picket line that night.



The picket line at our "Out of Africa" camp

This camp is right on the border of the Maasai Mara Game Reserve. At night you can hear the lions roaring and the elephants walking around. We saw lots of lion on their kills. We even saw a lion chase down a zebra and catch it. That was one of the scariest things I have ever seen. The zebra was screaming, sounded like donkey, and all the other zebras in his herd were standing around watching the lion trying to kill him. The whole thing was unbelievable. Much to my surprise, the lion must have gotten tired of

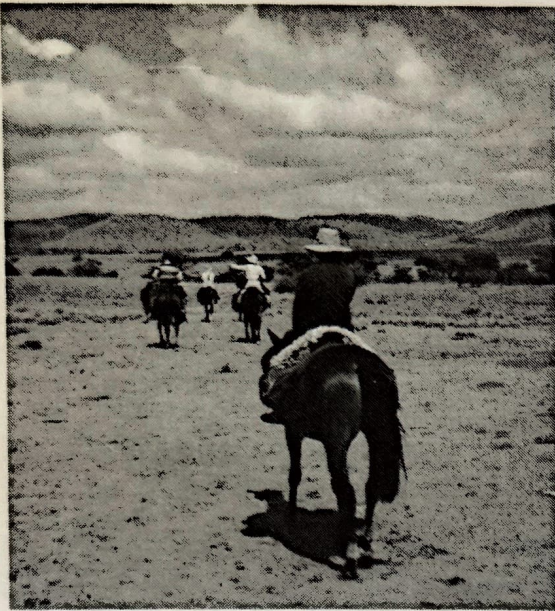
struggling with this zebra and the zebra got loose and ran off. The lion then walked off stained with the zebra's blood. We also rode very close to some elephants. One big elephant got nervous with our presence and began to flap its ears and charge. The horses really spooked at that and ran off. Luckily I stayed on.



The Maasai Mara Game Reserve lies just north of the Serengeti in Tanzania. It's part of the same ecosystem. There are so many animals here that everywhere you go you see game. We saw leopard, cheeta with babies, and on kill. Lots of cape buffalo, hyena and jackal. Vultures are sitting waiting for their chance at a carcass. Hippo are in every lake and river, as are crocodiles. Warthog are also a common sight.

Our next camp took us riding through the Reserve across the Mara plain and the Mara river to the Soit Oloolol Escarpment which is quite heavily wooded.

(continued)



Heading toward
the Masai Mara Game Reserve

This camp had beautiful views of the Maasai Mara Game Reserve. This camp was also where they filmed the burial scene from the movie "Out of Africa". The next camp was the Mara River camp. There were numerous hippo pools. It's real exciting to see and hear hippos splashing and calling, warning you not to get too close. At night the hippos come out of the water and graze. We went for a night ride in a land rover to look for hippos that were grazing. You cannot believe how fast these animals can run. They see the headlights coming and they are off in a flash. This was the last camp with the horses. We stayed here for two nights and then headed back to Nairobi.

For an adventure you won't forget, you should do this ride. You should be able to trot and canter for extended periods. You are in the saddle at least 5 hours per day.

750 MILES? —NO PROBLEM

by Linda Menon

After reading J. Smeaton Chase's *California Coast Trails—A Horseback Adventure from Mexico to Oregon* (1913), Lisa Woods decided to recreate this historic, if little known, trip up the California coast. For two years, Lisa planned her trip. She contacted over 100 officials for permission to camp with her horse on public property. She found and restored an antique 1918 McClellan saddle, similar to the one originally used by Chase, and had saddlebags custom-made to pack her provisions. She "interviewed" dozens of horses and finally found COTCHO, an athletic, well-mannered and mellow quarter-type horse on a Southern California ranch. Lisa and COTCHO practiced packing all the necessary gear, and worked to build up their stamina.

Lisa, a manager with the Waste Management Department of the City of San Diego, took a four month leave of absence from her job and she and COTCHO left Santa Monica on May 15. They travelled up the California coast, cut inland to Solvang, rode through Carmel Valley to Monterey and on to Santa Cruz. They have ridden on horse trails, back country roads, frontage roads to main highways, and through city streets, camping along the way in public parks or on private land, or occasionally staying with newly-found friends they have met along the way.

I met Lisa and COTCHO as they were leaving Santa Cruz on their way to Davenport. Travelling was a little slower than usual due to Lisa's broken shoulder blade — one of those freaky little horse accidents that happen (Lisa slipped off while cantering bareback when COTCHO put his head down and shook it). Even with all the preplanning Lisa had done, much of her trip was serendipitous and her next "need" was to find a way to haul COTCHO through San Francisco and over the Golden Gate Bridge. I volunteered. But after hearing about our wonderful Woodside trails, Lisa agreed to a slight detour so we rode through watershed property for a view of Crystal Springs Lake one day and through Spreckels and Huddard Park another day. Lisa summarized our ride:

"... we rode our horses through beautiful rolling hills, observing the wildlife and telling horse stories. A portion of the trail traverses the Spreckels estate, where modern art is provided for the enjoyment of man and beast—very sweet.

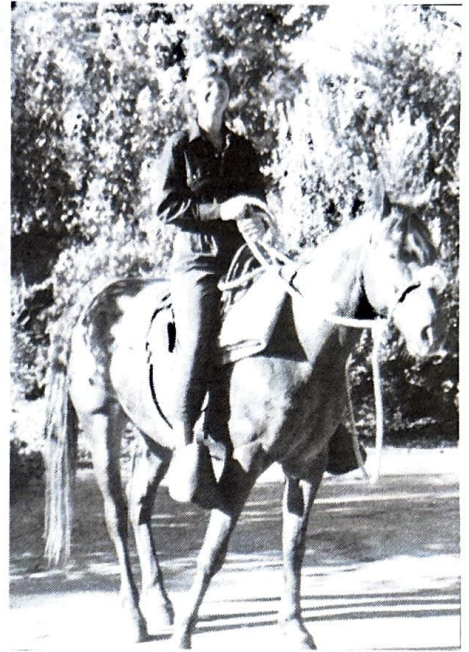
(continued)

750 Mile Trail, *continued*

My horse echoed my sentiments about the big hunks of metal and wood by spooking with uncharacteristic surprise at one of the larger pieces [the black and white cow] . . ."

I was fascinated with the gear that Lisa managed to condense into her pack: tent, sleeping bag, stove, hatchet, saw, shovel, first aid supplies, extra clothing, food, horse brushes, matches. . . But the most useful item that Lisa swears she couldn't be without was the duct tape — it was used to reseal the dehydrated food packets, repair COTCHO's halter, etc., etc. And all of this (including Lisa, the saddle and the packs) tipped the scales at just 200 pounds!

I left Lisa and COTCHO in Marin (COTCHO at a beautiful ranch that we happened across—more serendipity—and Lisa at her parents' home) to rest for a few days before continuing with the final portion of their journey. By the end of August they plan to reach Smith River, California, the last California city, and then they will ride across the Oregon border, just as Chase did almost 80 years ago.



Lisa Woods and COTCHO

VOLUNTEER TRAIL PATROL

by HildeGarde MacKay

The Midpeninsula Regional Open Space District is expanding its volunteer opportunities by developing a volunteer trail patrol program. Volunteers will provide information to visitors, educate visitors about proper trail use and safety while on the trail, and report trail conditions and use patterns to staff.

Initially, the size of the group will be limited to ten hikers, ten bicyclists, and ten equestrians for a total of thirty members. After one year, the program will be evaluated and the number of members may be increased if an interest is expressed.

Members must be at least 18 years old and willing to commit a minimum of one year to the program. They will be required to attend all orientation and training sessions given by the District. At least one field training session will be included. However, volunteers will be expected to become familiar with District preserve and trails that they wish to patrol. Volunteers will be expected to patrol at least once a month and spend a minimum of two hours on each patrol.

We, as equestrians, should support this volunteer effort and demonstrate to the MROSD Board of Directors that we, not just the bicyclists and hikers, also care about what happens on the District's lands. For further information on this program, please call Joan Young at the MROSD's office.





JOIN OUR PARTY AT THE RACES!

Your day for fun and excitement is coming up! Be sure to add this date to your calendar and experience the thrill of Thoroughbred racing at it's best.

DINNER AT THE TURF CLUB

DATE: SEPT 10TH

TIME: FIRST RACE AT 5:30 PM

PLACE: THE TURF TERRACE

PRICE: \$25⁰⁰ PER PERSON

DRESS CODE: DRESS SLACKS, SHIRT, SHOES (No Denims, No Tennis Shoes)

RESERVATIONS: Please phone Doris Lantz (415) 583-7800 or 366-5475

BY SEPTEMBER 1ST

Price includes: Admission, official program, reserved seating for our group and Dinner in the Turf Club



C A L I F O R N I A • J O C K E Y • C L U B

BAY MEADOWS

West of Hwy 101 off Hwy 92 in San Mateo.



**S.M.C.H.A.'S
JACK BROOK HORSE CAMP
LA HONDA
OVERNIGHT RIDE
AUGUST 21ST & 22ND**



Come & enjoy the beautiful riding trails at Jack Brook Horse Camp. Deluxe accommodations for both horse and rider. There are 36 corrals and a wash rack for your horse. There are HOT showers and flush toilets and some electrical hookups for us humans.

The cost of the weekend is just \$60, which includes the camping fee, 2 breakfasts, 2 lunches, and a BBQ dinner Saturday night "SANTA MARIA" style. Catering is being provided by C & C catering, Chuck Heitz.

For those who wish to come to the Saturday night BBQ only, the cost is just \$20⁰⁰. There will be live entertainment and music on Saturday night. Those wanting to arrive early may do so after 3 PM Monday Aug. 16 at a charge of \$6⁰⁰ per person per night.

There will be several different rides planned for Saturday, scheduled to leave at 10 AM and Sunday we'll have a poker ride (do you feel lucky), or you can ride on your own. Maps will be available.

Saturday night we will have a big raffle with lots of prizes. You must be present to win.

**GUESTS AND NON RIDERS WELCOME
NO STALLIONS • NO DOGS**

*Reservations by August 10th (guaranteed)
DORIS LANTZ (415) 583-7800 OR 366-5475*

Do you have anything lying around your home or tackroom you could donate to our raffle, new or used? Contact Doris Lantz THANKS

S.M.C.H.A. 1993 CALENDAR OF EVENTS



4	8:00 am	Independence Day Parade, Redwood City
8	6:30 pm	Western Riding Clinic, Mounted Patrol Grounds
14	7:30 pm	Board Meeting, Senior Center
15	6:30 pm	Western Riding Clinic, Mounted Patrol Grounds
18	8:00 am	Western Schooling Show, Webb Ranch
22	6:00 pm	Western Riding Clinic Show & Dinner, Mtd. Patrol Grounds
23	6:30 pm	General Meeting, Webb Ranch



8	8:00 am	English Schooling Show, Webb Ranch
11	7:30 pm	Board Meeting, Senior Center
15	7:00 am	NORCAL Open Western Show, Mounted Patrol Grounds
16-23	1:00 pm	Annual Jack Brook Horse Camp Overnight Ride
29	1:00 pm	SMCHA Color Guard Tack Swap Meet, Woodside Elementary School



8	7:30 pm	Board Meeting, Senior Center
10	5:30 pm	Night at the Races, Bay Meadows, San Mateo
12	8:00 am	Play Day, Charter Oaks, Woodside



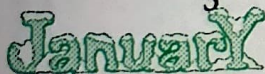
10	9:00 am	President's Ride, TBA
13	7:30 pm	Board Meeting, Senior Center
22	8:00 pm	Grand Nationals, Cow Palace, Daly City



10	7:30 pm	Board Meeting, Senior Center
18	6:00 pm	General Meeting, Election of New Board, Ice Cream Independence Hall, Woodside



3	7:00 pm	Board Dinner, Election of Officers, TBA
---	---------	---



22	6:30 pm	Installation, Elk's Club, Redwood City
----	---------	--

DON TEETER

LHS

LADERA HARDWARE & SUPPLY



350 Alpine Road
Menlo Park, CA 94028
(415) 854-6804

MICHAEL VAN NOY, D.V.M.

Briarwood Equine Clinic, Inc.

884 PORTOLA ROAD
PORTOLA VALLEY CA 94025
(415) 851-1569



*Please Patronize
Our Advertisers*

**The Franciscan Forge
& Interiors**

Distinctive Furnishings arranged in a relaxed setting that makes shopping or browsing a real delight.



3295 El Camino Real
Atherton, CA

369-5261

**Portola Valley
Rental & Feed
Center**

COMPLETE LINE OF QUALITY FOODS & SUPPLIES
FOR ALL YOUR ANIMALS NEEDS

- Science Diet
- IAMS
- Nutro
- Alfalfa
- Assorted Grains
- Robinson Farms
- "All in One"
- Waynes
- IKen-L-Ration
- Baled Shavings

The Village Square
844 Portola Road
Portola Valley
851-1750



Company

DICK SANDERS

415-364-6930

2764 SPRING STREET
P. O. BOX 5767
REDWOOD CITY, CA 94063



OLSEN NOLTE SADDLE SHOP

EVERYTHING FOR THE HORSE AND RIDER

- **WESTERN** Monday—Saturday
- **ENGLISH** 10:00 AM—5:30 PM
- **APPAREL** Thursdays til 7:00 PM
- **EQUIPMENT**

OLSEN NOLTE SADDLE SHOP
1580 El Camino Real • San Carlos
(415) 591-4403

SAN MATEO COUNTY HORSEMEN'S ASSOCIATION
P. O. BOX 620092
WOODSIDE, CA 94062

BULK RATE
U.S. POSTAGE
PAID
Redwood City, CA
Permit No. 12

ADDRESS CORRECTION REQUESTED
FORWARDING AND RETURN POSTAGE GUARANTEED

Published by: the **SAN MATEO COUNTY
HORSEMEN'S ASSOCIATION**

A Non-Profit Organization
Member of California State Horsemen's Association

President: Amos Dana

Volume 52, No. 3 • Summer 1993

1199 S 02/16/93
BARBARA PETROV
12422 SKYL INE
WOODSIDE CA 94062



San Mateo County Horsemen's Association

1993
Membership Application

	Annual Dues	I would like to help with the following events/functions:	
_____ JUNIOR MEMBERS (17 or under)	\$15.00	<input type="checkbox"/> A. Board of Directors	<input type="checkbox"/> H. Trail Rides
_____ SENIOR MEMBERS (18 or older)	\$25.00	<input type="checkbox"/> B. Trails	<input type="checkbox"/> I. Junior Members
_____ MR./MRS. MEMBERS (married couple)	\$40.00	<input type="checkbox"/> C. Western Riding Clinic	<input type="checkbox"/> J. English Riding Clinic
_____ FAMILY MEMBERSHIP	\$45.00	<input type="checkbox"/> D. English Shows	<input type="checkbox"/> K. Playday
(married or single parent and unlimited number of children 17 or under)		<input type="checkbox"/> E. Western Shows	<input type="checkbox"/> L. Hospitality
		<input type="checkbox"/> F. Programs	<input type="checkbox"/> M. Membership
		<input type="checkbox"/> G. Magazine	<input type="checkbox"/> N. Publicity

Annual dues are for January 1st through December 31st of each year.

Other: _____

TOTAL AMOUNT ENCLOSED _____

NAME _____ TELEPHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

PLEASE MAKE CHECKS PAYABLE TO **SMCHA**. PLEASE DO NOT SEND CASH. MAIL APPLICATION TO:

SMCHA
P.O. BOX 620092
WOODSIDE, CA 94062