

The San Mateo HORSEMAN

San Mateo County



SPRING
2004

— BEST OF LUCK —

Briarwood Equine Clinic

Gary E. Hanes, D.V.M.

Experienced • Caring • Dependable

*Providing Bay Area Horsemen with
Quality Care For 23 Years*



880 RUNNYMEDE ROAD, WOODSIDE, CALIFORNIA 94062 • 650-851-1569

GREEN TRUCK DEBRIS BOX SERVICE

8 5 1 - 7 6 7 3

PO BOX 620196, WOODSIDE, CA 94062
OWNER: DOUG MOODY

We proudly provide residential & barn debris box service for the Woodside community. Box remains on site for continuous use. We schedule our trucks to fit our customer's pick-up requirements.

Please call for specific information and price quote. We haul yard, barn and general debris, but no wet garbage.

Inside

2004 Kick-off Dinner 3
By Nancy Crowley McGrath

Come ride in the Watershed! 6

A Note From the Editor 6

SMCHA's General Meeting 7
By Sarah Filice

Condolences 9

Congratulations to Adda Quinn 10

A Journey Into Horse History 12
By Rick Payne

News from our Members 14

"KATY" 15
By Kari Garaas Johnson

If you've ever..... 16

Welcome New Members 16

Trading Post 18

What do you call that horse? 19
By Joell Sadler-Dunlap

Calendar Inside back cover

Please Support
Our Advertisers!

Magazine: Tanya Rebarchik • **Mailing:** Linda Menon • **Advertising:** Libby Kurtz

Photos: Ron Harris, Tanya Rebarchik
Sue Sheehan, Nancy Crowley-McGrath

COVER

2004 Horsewoman of the Year
Tanya Rebarchik and
Horseman of the Year
Pete Spence
Photo by Nancy Crowley-McGrath



PRESIDENT'S MESSAGE

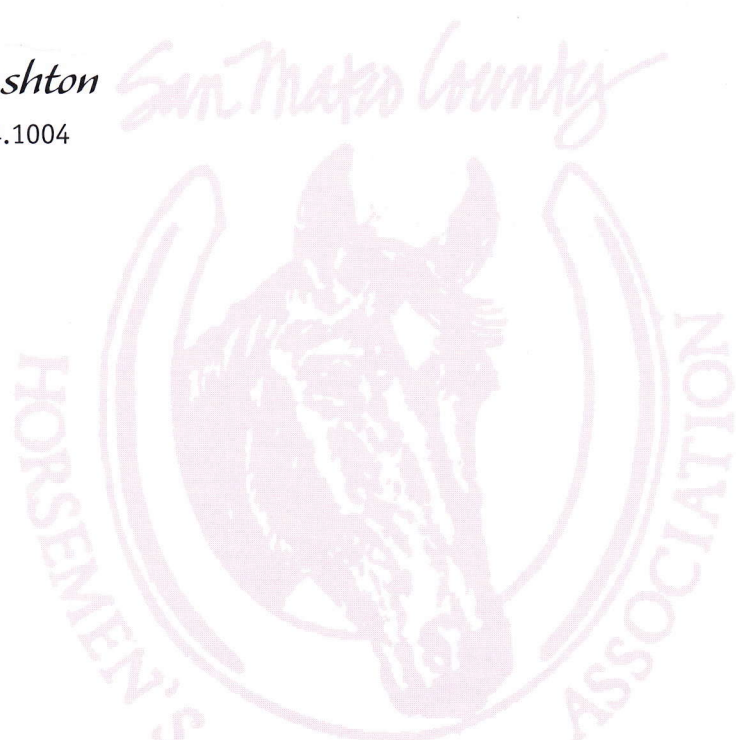
Well my first three months have gone by very quickly. I know the remainder of the year will be just as successful as the first three months because of my great program directors and the many S.M.C.H.A. members who have been taking part in the activities. As you will read in the magazine, the participation has been very high in all of the activities so far this year.

If you missed the installation dinner this year, you missed a wonderful evening. We are so fortunate to have some very selfless Directors on our board. A special thanks to Tanya Rebarchik, Michelle Goodspeed and Pete Spence. They all worked very hard to make sure the evening was a great success. Also, I was touched by the very generous donations of Al and Sarah Filice who paid for the music, and kudos to Larry Pelzner who donated the wine for the evening.

Now that spring has arrived, I must tell you we have a full calendar of programs and events for you and your horse. Please visit our web site www.smcha.org for further information. There is so much to learn about, please come and join us.

Bill Ashton

650.854.1004



San Mateo County Horsemen's Association

2004 Officers

PRESIDENT	Bill Ashton
1ST VICE PRESIDENT	Pete Spence
2ND VICE PRESIDENT	Al Filice
SECRETARY	Ann Kirby
TREASURER	Michelle Goodspeed
SERGEANT-AT-ARMS	Stan Ramirez
HISTORIAN	Nancy Crowley-McGrath
REGISTRAR	Linda Menon

2004 Board of Directors

Bill Ashton
Cheryl Basin
Pamela Bradley
Nancy Crowley-McGrath
Gene Ericksen
Ann Farris
Al and Sarah Filice
Maria Fonseca-Cole
Brooke Fox
Kathie Goddard
Michelle Goodspeed
Carol Graves
Diane Hawks
Ann Kirby
Nancy Kouchekey
Libby Kurtz
Virginia Magliano-Darrow
Linda Menon
Noel Moody
Larry Pelzner
Donna Poy
Stan and Denise Ramirez
Tanya Rebarchik
Karen Rowley-Shawback
Joell Sadler
Alan and Kathy Schmidt
Pete Spence
Sue Sheehan

Advertising & Subscription Rates

All remittances must be paid in advance.

Business Card:

\$25.00 per issue
\$80.00 per year (4 issues)

Camera Ready Ads:

1/4 page: \$50 per issue
\$160 per year
1/2 page: \$75 per issue
\$250 per year
Full Page: \$150 per issue
\$400 per year

Subscriptions:

Subscriptions are available for \$25 per calendar year which includes membership in the San Mateo County Horsemen's Association. Please fill out and mail in Membership application on the back page of this magazine.

We invite you to grow with this magazine by promoting your service or product. Please send your ad and your check to San Mateo County Horsemen's Association.

DEADLINE

**FOR ADS AND ARTICLES
for the Summer 2004 issue
is June 15, 2004**



P.O. Box 620092
Woodside, CA 94062-0092
650-568-0145

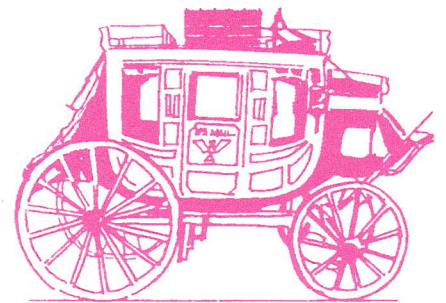
Visit our website at www.smcha.org

The San Mateo HORSEMAN

Spring 2004

The official publication of
**San Mateo County
Horsemen's Association**

Published quarterly
January (Winter)
April (Spring)
July (Summer)
October (Fall)



**MEMBERSHIP
Join SMCHA
Mail Application
Today!**

(Application on back cover)

No paid political or religious advertisements will be accepted; all articles submitted are subject to editing; all articles or items reprinted from another source must be cited as to source and permission to reprint; items or articles submitted for publication that are not printed will not be returned to the author or persons submitting them. Editing will be reviewed by a review committee of the President and two board members.

2004 KICK-OFF DINNER

By Nancy Crowley McGrath

As is the SMCHA custom, we started the year off right with an evening of friends, food, music, awards and the installation of the 2004 Officers and Board of Directors. Saturday, January 10 we celebrated in style at a new location, the Crown Plaza Hotel in Foster City.

We gathered for hors d'oeuvres and cocktails in the ante room where our hostesses Michelle Goodspeed and Tanya Rebarchik checked everyone in and passed out nametags. As we retired to the ballroom for dinner, we were greeted with the unique musical presentation of Jonathan Wild. A favorite from the Los Viajeros 4 day ride, Jonathan is a one man show of everything from Elvis Presley to Tim McGraw.

After dinner the awards for 2003 were presented by outgoing President Virginia Darrow and the Officers and

Directors for 2004 were sworn in by CSHA Vice President, Ron Jenkins. Virginia handed out her Helping Hand Awards, Board Member Appreciation Awards and some special recognitions. Gene Ericksen presented Larry Rebarchik with a surprise special award for helping at the Jack Brook Campout—a miniature Staypuft- marshmallow-man with a plaque engraved with Larry's name and the words "Quest for the perfect marshmallow." Very fitting, since Larry spent a considerable amount of time at the campfire roasting marshmallows.

The highlight of the awards is always the Horsewoman and Horseman of the year. This year the honors went to Tanya Rebarchik and Pete Spence. Tanya has served on the SMCHA board for nearly 10 years and does an outstanding job as editor of this magazine. Pete served as 2nd Vice President in 2003 and also stepped in to organize



2004 Board of Directors

Bill Ashton and his sister Dawna



MC Doug Moody

Doug Moody, Dawna Ashton and Noel Moody



Passing the gavel: Bill Ashton and Virginia Magliano-Darrow

a Junior Color Guard for a trip to the Grand National Rodeo.

Bill Ashton accepted the gavel as the 2004 President. Also sworn in as Officers were Pete Spence as 1st Vice President, Al Felice as 2nd Vice President, Michelle Goodspeed as Treasurer, Ann Kirby as Secretary, Stan Ramirez as Sergeant of Arms and Nancy Crowley McGrath as Historian. For the complete list of the 2004 Board of Directors, check the inside cover of this magazine.



Rick Payne



Barbara and Joe Amos and Gary McGrath

Entertainer Jonathan Wild



Virginia presented the Horsewoman and Horseman of the Year Awards to Tanya Rebatchik and Pete Spence



Al and Sarah Filice



Dawna Ashton and Michelle Goodspeed



Gene Ericksen



Nancy and Gary McGrath



Phil and Karen Barbera



Linda Menon



COME RIDE IN THE WATERSHED!

As mentioned in previous issues, the San Francisco Public Utilities Commission has recently opened the Fifield-Cahill Ridge trail in the Peninsula Watershed to some controlled limited use by hikers, bicyclists and horseback riders. The newly opened 10-mile trail starts at Skyline Quarry at Highway 92 and extends northward to the watershed boundary at the Portola Ridge gate, where it connects with the Golden Gate National Recreation Area's trail system and the Sweeney Ridge section of the Bay area Ridge trail which is open to the public.

Small groups of riders can now make reservations for a guided ride along the Fifield-Cahill Ridge trail. Equestrian groups are limited to 10 people and must be accompanied by volunteer trail leaders. To view a list of scheduled rides, and to make a reservation, register online at trail.sfwater.org, or call 650-652-3203.

For information on how to become a volunteer trail leader, visit the website at volunteer.sfwater.org, email Ridgetrail@sfwater.org or call 650-652-3203.



A NOTE FROM THE EDITOR

I was extremely surprised and very honored to receive the Horsewoman of the year award for 2003. I'm sure one of the major reasons I received it is this magazine. And so I would like to take this opportunity to thank all of you who contribute—it wouldn't be possible without everyone's help, especially Ricki McGlashan, our publisher who turns a pile of stories and pictures and ads and cd-roms into a great issue every quarter.

Spring is here, the wild Iris are in bloom in the parks, and another wonderful season with our beloved equine friends is just starting. Get out there and enjoy, and then write a little story or two about your adventures—and then email it to me at trebar@hamilton.com

Happy Spring!

Tanya Rebarchik, your editor

Mid-Peninsula Electric

Electrical Contractor

LIC 309080

ROBERT W. KRENSKY

700 GLENCRAG WAY

WOODSIDE, CA 94062

368-8200

30 year SMCHA Member

Accounting Offices of
**LAWRENCE E. PELZNER
AND ASSOCIATES**

LAWRENCE E. PELZNER

840 HINCKLEY ROAD
SUITE 120

BURLINGAME, CA 94010-1505

BUS: 650-697-TAXX
OR 697-8299

FAX: 650-697-5080



DEANS ANIMAL FEEDS

403 Quarry Road
San Carlos
800-675-1425

Purina Chows for all animals

Equine Senior

All-In-One

Equine Junior

TDI 16

Equine Adult (new)

Oats

Omolene

Barley

Horse Chow

Bran

Pure Pride

Shavings

Purina! Your Horse Deserves It

Open Monday to Friday

8:30 to 4:30

SMCHA'S GENERAL MEETING AT STAR EQUINE MEDICAL CENTER

By Sarah Filice

On Thursday, February 26, 2004 our General Meeting was held at Star Equine Medical Center, at the Portola Valley Training Center. This is the second year that Dr. Russ Peterson, and his associates, has been gracious enough to host our meeting and provide our membership with outstanding presentations on equine related topics. Our membership must have really enjoyed the presentation last year, because this time we had around 75 people in attendance! Our cowboy hats go off to Pete Spence and his committee for another informative and enjoyable time for our members!

Our membership learned about common lameness issues and illnesses in the recreation horse; such as hock arthritis, gastric ulcers, and muscle tying up. There was also an update on the West Nile Virus. Rachael Harnish, DVM, and Eilidh Wilson, BVMS, MRCVS, gave a live Gastrosocopy demonstration, performed on Pete Spence's horse, to show how a definitive diagnose is made for Equine Gastric Ulcer Syndrome. Dr. Russ Peterson gave a presentation of the Medical Center's new digital radiography system. This advanced program processes high-quality images within three seconds of exposure and provides digital images of significantly improved resolution over conventional radiographic films. The image is also available immediately for review, since the image is digital and does not require the normal processing time. It was truly an educational evening and the membership seemed to

appreciate the knowledge they acquired from the presentations. For those of you unable to attend, I would like to give an overview of the information we received from the staff at Star Equine Medical Center.

Elaine Carpenter, DVM, Diplomate of the American College of Veterinary Surgeons, gave a wonderful presentation on lameness in the Pleasure/Performance Horse. She discussed arthritis, a degenerative joint disease, of the hock in the horse. The hock, a joint very similar to our ankle, is prone to arthritis whenever excess stress is placed on the hocks or hind end over a length of time. Examples of this type of performance included horses that do jumping, dressage, reining, cutting, barrel racing, and roping. The overuse of this joint causes inflammatory cells to gather at the site to repair the injury and there is a release of chemicals which causes damage to the joint's cartilage. This damage is irreversible and if the abuse to the joint continues there is a thinning of the joint cartilage. Pain is one of the first signs of arthritis. The pain can be from subtle changes in performance, to moderate or severe in nature. The horse may be disunited in canter, unwilling to canter, unwilling to pick up a particular lead, reluctant to turn or decelerate, will not engage their hind end, have low grade stiffness that wears off with work, or the farrier may have difficulty shoeing the hind feet. When diagnosing arthritis in the hock the vet will examine for an enlarged area on the inside of the lower hock joints, soreness of the lumbar/gluteal muscles, positive acupuncture points, decreased flexion of the limb, and swinging of the limb to the inside and then landing to the outside. A Spavin test (where the limb is held parallel to the ground for 60-90 seconds and then the horse is trotted off) will be recommended to determine a grade of lameness (none, mild, moderate, or severe). Joint blocks can be a good diagnostic tool for arthritis to help determine if the lameness disappears following the joint analgesia. X-rays can help evaluate the degree of cartilage loss, such as narrowing of the joint space, and can evaluate any degree of bone changes, such as excess bone growth/loss and bone spurs. Treatment is built around accomplishing pain relief, to allow the horse to continue to work, and minimizing further damage. Non-Steroidal Anti-Inflammatory Drugs (NSAIDS), such as Bute and Banamine, help reduce pain, swelling of the joint, and decrease stiffness. NSAIDS do not prevent joint damage. Legend (given intravenously by a vet) and Adequan (given intramuscularly) help with stimulating joint fluid production, they boost cartilage metabolism, and blocks the action of destructive enzymes. These drugs help minimize damage. Sometimes Intraarticular medications (injected directly into the affected joint) are recommended. They can be



SMCHA's General Meeting At Star Equine Medical Center, continued

repeated two to three times a year and provide some protection with their anti-inflammatory effects. They help relieve tender, swollen and inflamed joints. Oral supplements, such as Glucosamine, MSM, and Chondroitin Sulfate, have no scientific data to support their effectiveness, but many horses do appear to benefit from them. Shock wave therapy can help decrease pain and can regulate bony changes, and surgery is only done as a last resort. Lastly, occasionally the joint will fuse, which will result in soundness, but this is rare.

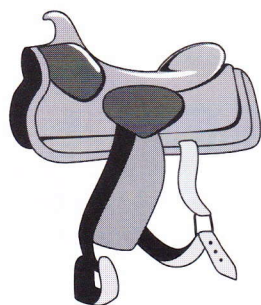
Next Lisa Atckison, DVM, spoke about Muscle Tie Up in the horse; which is also known as the Monday Morning Disease. Tying up involves chronic tension in the horse's muscles. When a horse's muscles are active, they produce a product called lactate. Too much lactate causes lactic acidosis, which prevents the muscles from relaxing properly following contraction. This results in large muscle groups to seize up in a constant state of contraction. When a horse is mildly tied up, the horse will be extremely sore and stiff, but when a full blown tie up occurs, the horse is unable to move. Horses can suffer from sporadic or chronic tying up. Potential causes of sporadic tying up include exercise that exceeds a horse's underlying state of training, electrolyte imbalances, heat exhaustion, or strenuous exercise while suffering from respiratory disease or an existing lameness. Some of the symptoms may include stiff gait, abnormally short strides, reluctance to move, firm and painful muscles (especially in the hind end), elevated pulse, and labored breathing. If your horse is also sweating profusely, refusing to move, or has dark brownish urine (this signifies severe muscle damage) it is considered a veterinary emergency. Never move a horse in this state, since moving him even a few steps can cause the condition to worsen. Keep your horse on his feet and cover him with a blanket to keep him from chilling. Encourage your horse to drink, since the fluids will help flush the kidneys of wastes. Diagnosis will be determined by obtaining a history of the event, amount and type of exercise performed, and any previous episodes of tying up. The vet will evaluate the horse's vital signs, muscle soreness, and any discoloration of urine. A blood test will be drawn to evaluate any increase in muscle enzymes in the blood (CK and ASK). If the horse is dehydrated, fluids and electrolytes can be administered via a nasogastric tube or be given by IV fluids. The horse may be given medications for sedation and to relieve muscle pain. Recovery will include strict stall rest (the

duration will depend on the severity) and then a very gradual increase in the progression of exercise. Prevention is the key to making sure this does not happen to your horse. Most importantly, use common sense; don't overexert an unfit horse, and provide adequate warm up and cool down times for your horse. Do not overfeed carbohydrates (grain) or eliminate them altogether from their diet. Fortify their diet with salt on a daily basis (provide a salt block in the stall or pasture) and supplement with electrolytes prior to sweat loss.

Next, Rachael Harnish, DVM, and Eilidh Wilson, BVMS, MRCVS, spoke on Equine Gastric Ulcer Syndrome (EGUS). EGUS occurs when there is damage to the non-glandular or glandular areas of the stomach. Ninety percent of all race horses and 60% of all performance horses have some degree of EGUS. The exact cause of EGUS is unknown, but increased acid exposure, and lowering of the stomach's pH, can have an effect. Equines secrete stomach acids continuously; unlike other animals who secrete stomach acids when they eat. Horses are not meant to have meal timed feedings; instead they are built to forage for food over the entire day. These feeding practices mean that for large periods of time the horse has no food contents in the stomach. Horses require constant movement for normal gastrointestinal motility. Prolonged periods of inactivity, like our stalled horses, have delayed emptying of their stomach contents and gastric acid. NSAIDS (Bute and Banamine) and steroids are medications that can cause ulcers; especially with prolonged use. Stress from a sickness, excessive traveling, the pressure of training/performing, overly excitability can cause ulcers to occur. The horse produces excess corticosteroids; which in turn stimulates acid secretion. Some of the clinical signs of EGUS include decreased performance, change in attitude (lethargy or agitation), decreased appetite, weight loss and dull coat, soft stools, and colic. Some horses with EGUS show no clinical signs at all (I know this is not comforting!). Diagnosis is determined by the vet performing a Gastroscopy (a 3 meter endoscope is inserted through the nose and passed into the stomach). Medical treatments are available, but vary in effectiveness. GastroGard is the premier medical treatment for EGUS and is the only FDA-approved treatment for gastric ulcers in horses. GastroGard inhibits the formation of acid production in the stomach. Tagamet and Zantac are Histamine (H2) receptors that block acid release within the stomach. Carafate is a coating agent that acts like a bandage that covers the top of the ulcer.

Antacids, like Maalox and Neigh-lox, require such extremely frequent dosages and are impractical to use in the horse. Prevention is the best treatment. Minimize risk by feeding smaller meals throughout the day. Provide as much turn out as possible for your horse to encourage intestinal motility. Decrease or eliminate the stressful events in your horse's life that we have control over.

Lastly, Matt Randall, DVM, gave an update on the West Niles Virus. Since December of 2003 the virus has been seen in nearly every state in the United States. California has had one case verified. West Niles is a mosquito born virus. The infected mosquito serves as the main vector, transmitting the virus during its feeding on its victim. Birds, especially crows, serve as the most significant reservoir, or amplifying host, for the virus. Horses, humans, and most other mammals are considered dead end hosts. There is no known transmission from mammal to mosquito to mammal. Clinical signs most commonly reported in ill horses include weakness, especially in the hind end, staggering, unable to get up without assistance, facial twitching, mild fever, and lethargy. Diagnosis is confirmed by a positive blood test. Treatment primarily consists of supportive care. By the time the horse shows clinical signs there is little or no virus in the bloodstream. Death occurs in about 25% of all confirmed cases. There are some long term, residual effects from the virus. A relapse can occur 2 weeks to 6 months post diagnosis. Gait abnormalities, behavioral changes, muscle atrophy, decreased energy, and vision problems have been noted. Prevention is the key to eliminating this virus. Vaccinate your horse as recommended by your vet. The virus is most prevalent from May to October, when mosquitoes are most abundant, so the vaccinations should be tailored around that time. Eliminate mosquito breeding areas by minimizing standing water (bird baths, old tires, plant trays, and water buckets) or changing the water twice a week.



OUR CONDOLENCES TO THE FAMILY OF BENJAMIN "DOC" OLIVER HEBERT

Born in Menlo Park, California, Oct. 27, 1922 and entered into rest on April 3, 2004, surrounded by his family. Survived by Colleen Hebert, his loving wife of 45 years and his five children. For over 50 years, his passion and love for animals led to his legendary career in veterinary medicine. His time, interests and generous support included involvement with the Grand National Rodeo and Horse Show, Junior Grand National Rodeo, Future Farmers of America, 4-H, Woodside Livestock Committee, San Mateo County Fair Livestock Program and official veterinary services at Santa Anita, Tanforan, Bay Meadows and Golden Gate Fields racetracks.



 **MERIT SECURITY**
CONSULTING • COUNTERMEASURES • PRIVATE INVESTIGATIONS

TECHNICAL SECURITY APPLICATIONS

Security Consulting & Private Investigations

P.O. Box 7236
Redwood City, CA 94063

650.366.0100

alesser@meritsecurity.com
P.I. #23721

Art Lesser

President & CEO

*Free Initial Consultation
for Equestrians*

WWW.MERITSECURITY.COM

CONGRATULATIONS TO ADDA QUINN, OUR "TRAIL NAG" FOR BEING NAMED THE 2003 HORSEPERSON OF THE YEAR BY THE MOUNTED PATROL OF SAN MATEO COUNTY!

The following is a reprint from the Mounted Patrol's brochure:

ADDA QUINN

From a working-class family, Adda Quinn had to suffice with only her 11-year-old-girl horse fetish for the first four decades of her life. After marrying George Sublett in 1990, she finally learned how to ride with his encouragement. Initially with no horse trailer, they rode only on local trails.

In 1996, Quinn became aware of an attempt to close trails to horses in Edgewood Park because of claims that rocking trails affected plants by changing soil chemistry. At the time, she was doing research in contaminated soil and water. She produced scientific documentation that justified the County's use of rock to harden trails so horses could continue to use them in winter. "Here I was, just learning about all of these wonderful trails, but they were being closed to me before I could even ride them! And closed not even for good reasons!"

Quinn sensed that the underlying issue in many trail closures was really public dislike of horse manure on the trails. She co-founded "EnviroHorse" to fund and synthesize research on horse manure in defense of horse trails. Check out www.californiastatehorsemen.com. She also writes newsletter articles on environmental issues and trails as the "Trail Nag". Check out her rig license: TRL NAG! It is her goal that every horse person become a volunteer with some land management agency so that we have cache when trail issues arise.

Over time, her reputation as "Poop Queen" of San Mateo County plunged her into service regionally. Quinn serves on the Manure Management Committee of the San Mateo County Resource Conservation District (RCD), the board of the Coastside Horse Council, and the County Confined Animal Technical Advisory Committee which administers the stable ordinance that she helped to write. Quinn served as an editor and contributor to the USDA Bay Area RCD's vaunted manual: "Horse Keeping: A Guide to Land Management for Clean Water". She also serves on the County Volunteer Horse Patrol; Mid-Peninsula Regional Open Space District (MROSD) Trail Patrol; as a San Francisco Water Department Docent; and was the first trained equestrian docent for MROSD. She has been active with the Bay Area Ridge Trail to open the Fifield and Cahill Ridges, providing them with a financial grant to hire



consultants to rebut unusual scientific allegations found in the draft EIR. These ridges were finally opened to the public on August 21, 2003.

Quinn has been active in trails creation and preservation in the north Tahoe area as well, serving as equestrian advisor to the Truckee Donner Land Trust. Active which is building the new 23 mile long Truckee Donner Rim Trail. She recently donated a bridge over Gregory Creek and is currently working with State Parks to get a horse camp in Coldstream Canyon near Truckee which will provide a needed link between Robie Horse Camp and Euer Valley horse camping facilities.

Through the creation of EnviroHorse, Quinn has become a nationally and internationally acknowledged contact point for information on horses and their access to public land. She spends hours pointing inquirers to resources and strategizing approaches with people interested in opening land to horses and/or keeping horses on threatened trails, all volunteer time. EnviroHorse recently formed a library alliance with the Equestrian Land Conservation Resource (ELCR), headquartered in Illinois. ELCR will become the official library for EnviroHorse papers and research findings. They will scan documents and manage a database that EnviroHorse is creating to make informa-

tion easily available. Quinn adds "This effort is also critical to my marriage. My husband will kill me if I don't get this thirty linear feet of research papers out of his den!"

Quinn does not just attend meetings. She is a visible presence on our trails. When she is not patrolling or providing docent services, she loves to take long rides. She has ridden the Skyline to the Sea Trail, The Ohlone Trail, and the Bay Area Ridge Trail from Castro Valley to Berkeley to Orinda. This past summer she rode from Truckee to Auburn on the Tevis Trail and completed most of the Tahoe Rim Trail. She is known to have run low on gas for her truck on one ride, only to get to the gas station to find she had no wallet or money. She had to leave her saddle as collateral for a tank of petrol. The gas station attendant was happy to take it since he had a girlfriend who needed a new saddle! Needless to say she was back there in a flash with the cash.

For 2004, Quinn will ride the middle third of the Tahoe-Yosemite Trail, and in the Evolution Basin area of the John Muir Trail. She has two great horses: Flight a 16 year old sorrel racing Quarter Horse, and Cocoa a 12 year old Missouri Fox Trotter given to her by Joe and Barbara Amos. The wonderful picture of Cocoa with Adda is courtesy of Jeanne Carley Photography.

Quinn is grateful for all of the support from individuals and horsemen's organizations. "We have made a tremendous impact with information from EnviroHorse. But more importantly, those of you who have given your time to write letters and attend public meetings in support of horse trails must be thanked profusely. We accomplish little as individuals. But our collective efforts do not go unnoticed."

Quinn is also grateful for all the friends who ride with her. "I am basically too chicken to ride alone. Without riding companions, I probably wouldn't leave my barn. I have met so many wonderful people through my horses and riding clubs. Thank you all for being there for me and for all the volunteer work that you do for trails!"

Don Pugh, Patrol member who nominated Adda for the 2003 award, said, "Our Trail Nag, Adda Quinn, has been a tireless defender of equestrian rights, fighting and winning on significant issues few of us hear about or understand their significance. Activists have created an onslaught of environmental complaints against horses which Adda has fought with facts, figures, and scientific

analyses, attending endless dreary meetings, reading piles of documents, and writing rebuttals to ill-founded conclusions – tasks no one wants to do but constitute the first line of our defense which, if left unchallenged, could eliminate horses in San Mateo County. This award is an excellent recognition of a person who has done much for the future of the equestrian community".

Pat Dallam, frequent riding companion of Quinn and wife of Patrol member Mike Harper, said, "I can't think of anyone who deserves the Horseperson of the Year Award more than Adda. In addition to being the nicest person I have ever met, she never has a mean word to say about anyone and has so unselfishly given of herself for the benefit of all horse people throughout San Mateo County—and the entire country for that matter."

EVERY HORSEPERSON . . . A VOLUNTEER!



Cinderella Shoe Service

Leather & Fabric Shoe Dye
Specialize-N-Boots

801 Woodside Road #6
Redwood City, CA 94061

Mitch
(650) 365-4095

HORSE DENTISTRY



Scott Loman DDS, ACEqD

Advanced Certified Equine Dental Technician
Mountain View, CA

650-969-3218 VOICE • 650-496-8739 PAGER

Trained and Certified through the Academy of Equine Dentistry
Glenns Ferry, Idaho

"Working with your vet for the health of your horse."

A JOURNEY INTO HORSE HISTORY

By Rick Payne

I recently had the good fortune to be invited to a tour of a most impressive collection of original Indian saddles, Cavalry Saddles, equipment and uniforms and other memorabilia from the early 1800s through World War II.

Bill Bentham told us about the Evolution of the Military Saddle from the Spanish American War in 1812 until World War II in 1941—the McLellan style saddle pretty much prevailed for 150 years. There were several saddles on display—among them examples of how the Junior Officers would customize their drill and parade saddles; under all the trim they were still McLellan saddles. There were some beautiful works of art among those saddles! We also learned about the functional design of those saddles—why there is that giant air slot down the middle of the seat—for one, it lets the horse's back breathe while also making the saddle lighter weight, but another very important factor was the male rider's comfort.

"Lieutenant Colonel" Kermit Claytor, in full Civil War period dress uniform, gave us a most interesting demonstration on how to dress and pack a horse for battle and 3-4 days of being out in the field. It was incredible how much stuff could be packed onto a McLellan saddle; a lot of things had several functions, for example the rain poncho doubled as a tarp/blanket doubled as a game board. Everything from cooking equipment to food to extra clothing and tools was neatly wrapped into two rolls which were tied to the saddle. The water canteen

1) A fully packed military saddle 1) before 2) during and 3) after



2)

was worn on one's person, and Kermit showed us how he strap went across the body over one shoulder, and high enough so the canteen was out of the way and not banging around when riding. A similar concept was used to secure the soldier's sword.



3)



Past SMCHA Presidents
Bruce Baker and Ron Harris



Remember the movie when General Patton hit a soldier—who was in the hospital—with his riding crop for being a coward? Well, there on display was the riding crop—along with one of Gen. Patton’s journals from WWII in Italy—I always thought that scene was movie fiction, but it really happened.

In the old cowboy movies from the 1940s I kept seeing “Cannonball” rip off a piece of something with his teeth and spit it out. I assumed it was beef jerky or tobacco—I had no clue it was actually gunpowder in a paper pouch. Now I know why he was spitting so profusely—to get the gun powder out of his teeth!

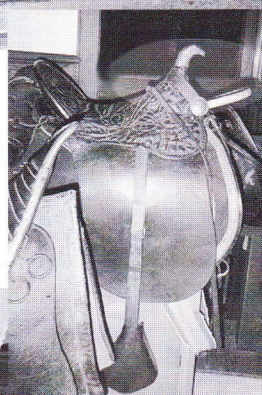
Bill gave us a demonstration on how involved it is to load a Black Powder Cap & Ball Revolver: If you didn’t crimp the ball hard enough in the chamber it would roll out of the barrel and the sparks from one chamber could inadvertently ignite adjacent chambers. So after loading, chambers were covered and



Officer's sword engraved with the names of seven Civil War battles

sealed with bear grease or lard to prevent misfire. Keep in mind this loading process often took place on a moving horse, while being fired upon at the same time!

Bill Bentham and Lt. Col. Kermit Claytor



Officer's fancy saddle

A complete Officer's set—matching saddle, breast collar and bridle



NEWS FROM OUR MEMBERS

Our condolences to Libby Kurtz on the loss of her horse Bubba in January. Libby has just acquired another spotted saddle horse, a handsome gelding named Natural Ice.

Congratulations to Lynn Kinney and Mark Griffith on the arrival of their Peruvian Paso colt, Rey del Viento (RSV Inolvidable x Carmela HC) in February. For the Breyer Horse collectors—this baby's sire, RSV Inolvidable, is the model for Breyer's Peruvian Paso Horse. Lynn and Mark also had another addition to their herd: A shire Filly, foaled March 20th, which also was her dam's birthday.



Above: MarLyn Jet to my Heart (Cora), with her mom Jenson Brownville's Jet (Maggie).



PASTORINO HAY

"PERFORMANCE HORSE QUALITY"

"PERFORMANCE HORSE QUALITY"

Oat • Alfalfa • Grass/Alfalfa
Timothy • Grass • Straw • Shavings

FREE DELIVERY (650) 726-6155

921 MIRAMONTES STREET
HALF MOON BAY, CA 94019

WAYNE & DANA PASTORINO



**EQUESTRIAN
LAUNDRY SERVICE**

We offer complete cleaning, repair and alterations of blankets, sheets, coolers, pads, polos, leg wraps and trunk covers

In addition, we offer monogramming or embroidery for you to ID or personalize your items, new or used

Call for more information

PH/FAX (650) 726-9141

11850 San Mateo Road
Half Moon Bay, CA 94029

"KATY"

From the CSSO News (California Side-Saddle Organization) January/February 1991

By Kari Garaas Johnson

I recently attended a horse show which included a Lead Line Class. A Lead Line Class, as everyone knows, is an introduction for young riders (usually about 5 or 6) to the great world of competitive horse riding. At this show, there were only two entries. These two entries, however, were so representative of all that one sees at these shows, that I felt I must share with you some memories from that event. The first rider was dressed immaculately.

Her "Dusty Rose" hat exactly matched her "Dusty Rose" chaps, which exactly matched her form fitting equitation suit, which exactly matched her tiny gloves, which . . . well, you get the idea. She was rouged, lipsticked, and mascaraed; so much so that she looked . . . familiar. It wasn't until sometime later that I realized why. She looked like an original 1950's . . . Barbie Doll. She even had the same expression: the pursed & unsmiling lips, the trim determination; she was to do one thing, WIN, and she let everyone know it. Miss "Dusty Rose" (I never did catch her name) sat up perfectly straight, looked straight ahead, held her reins in utmost correctness, and NEVER cracked a smile. (I remember feeling as if I were at the wrong end of an audience with Queen Victoria.) Sheer perfection, and she knew it.

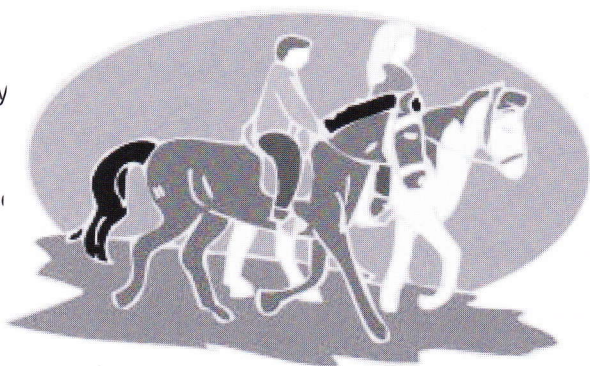
And then there was Katy; in her red and white gingham shirt and blue jeans. She wore a hat so big it hid her laughing eyes (that is, when it wasn't being chased down by an equally laughing mother.) Katy, beaming in satisfaction as she rode around the ring, waving to the crowd like Miss Grand National; taking both hands off the saddle horn to blow kisses to the crowd. She was having the time of her young life, and she did not care who knew it. Katy patting her horse, at the risk of falling head first into the tanbark.

So who won? The Judge tactfully tied the class. Miss "Dusty Rose" accepted her trophy and ribbon with what can only be described as subdued rapture, VERY subdued. Katy, on the other hand, waved her ribbon in the air in joyous celebration, and chattered all the way out the ring. I couldn't help but wonder what the future held for these two young ladies. One was destined for a show

career: lessons, clinics, trainers, well-schooled horses and competition in a world not always kind. She just might survive, even flourish, but at what cost? I don't want to say. Katy? Well, my heart goes out to the Katies of the world: The ones who will ride for only the pleasure and companionship it brings them; the ones who fill the rings at backyard schooling shows and playdays. Ones who, maybe, will end up in a spangled shirt, riding

under the glitter ball as "Miss Grand National"; waving to the throngs of the people in the audience who wish they were in her boots.

The Judge may have tied the Class, but there was no question in my mind who ended up the real winner.



SMCHA Jackets and T-shirts!

Jackets: Adult	\$35
Kids'	\$30
T-shirts:	\$15

**Available by calling Ann Kirby
at 650-851-9543**

Visit our website:

WWW.SMCHA.ORG



Critter Comforts

Tanya Rebarchik
trebar@hamilton.com

- 🐾 Dog grooming (pick-up & delivery)
- 🐾 Horse Care
- 🐾 Custom Pet Services

(650) 367-9773 - home
(650) 867-2987 - cell
(650) 364 1524 - fax



Black Oak Ranch

Mare & Foal Care / Retirement Horses
Lay Ups / Pasture Available
209-668-2516
Blackoakranch@charter.net
Offering 35 Years Experience



OATS

O'Brien Animal Transportation Service

Horse Transportation
Local, National, International
Featuring Rear-Facing Gooseneck Trailers, Air Conditioning,
Heated,
Solid Rubber Floors, Box Stalls

Rear-Facing provides safer, healthier travel
650-348-0547
www.animaltransportation.com

Payne & Soelberg

Always
Better
Service

A B S
Auto Body

Rick Payne
650-364-4448

Specializing in:
Collision repairs
Insurance claims
Frame repair
Welding
Suspension

B&D TACK

We at B&D TACK believe that the West hasn't died, it's just moved to 2021 Broadway in Redwood City. The soul of the WEST is in YOU and we are here to serve all your western needs. Whether you're a real cowboy, or just need to fulfill a fantasy, we can supply you with the equipment and apparel that it takes to put you in the saddle. Or at a Garth Brooks Concert, a Rodeo, a Hoe-down, or just a Good Old Fashioned Western Bar-B-Que.




B&D Tack
650-368-9191
2021 Broadway
Redwood City, CA 94063



VERONIQUE EQUINE

VERONIQUE WOOD KRUPP
CESMT, CMT
Body Therapy for Horse & Rider
650-251-9673 • MOBILE: 650-575-1721



SPRING DOWN EQUESTRIAN CENTER

BOARDING, LESSONS, TRAINING, AND SALES
TELEPHONE (650) 851-1114
FAX (650) 851-3585
www.springdown.com

FOUR ENGLISH SCHOOLING SHOWS PER YEAR
CAMPS, BIRTHDAY PARTIES

725 PORTOLA ROAD, PORTOLA VALLEY, CALIFORNIA 94028-7205

IF YOU'VE EVER...

From the Internet

This was seen on poster at a stable and is well worth sharing.

Choked back tears watching a new foal wobble to his feet for the first time...
or watching your good horse wobble to his feet after surgery...
or seen the ends of the reins float straight out as a reining horse spins beneath them...
or chuckled to yourself as you watched a tiny tot on a patient pony trot through a barrel pattern at a saddle club playday...
or felt the building tremble as an eight-up hitch of feather-legged giants towed a hand-carved beer wagon into the arena...
or had your heart stop when you saw your horse lying motionless in the pasture on a sunny day—and waited breathlessly to see an ear flicker...
or cheered at the screen when The Man From Snowy River slid Dunny down the mountainside, or when Seabiscuit made his final surge to best War Admiral...
or cruised along the highway and seen a horse in the pasture and wondered what he's like to ride...
or pictured him as a prospect...
or sucked in your breath as a horse and rider approached a six-foot wall...
or sworn a solemn oath to your horse that together you would triumph...
or flipped through the TV channels and stopped when you saw a horse... even when it was a commercial...
or laughed aloud when you rubbed your horse's face and he rubbed back...
or gotten chills hearing Dave Johnson's "...and DOWN THE STRETCH THEY COME!" (Or "Run For The Roses" circa 1980 ish?)
or stood in awe at your horse in morning play as he sprinted around the pasture, then stopped, head erect, and snorted defiance at the rest of the world...
or been thankful to see wild horses grazing casually at the foot of a hill...
or felt calmed by the sleekness of a silky haircoat beneath your hand...
or felt your jaw drop as you watched a Lipizzan perform a capriole...
or if you've ever seen someone in the grocery store wearing a certain kind of hat or boots or buckle, or have a certain cut and length to their jeans...and felt some remote kind of connection...

or felt warmed by a soft-nicker greeting you as you entered the barn...

If you've ever been moved by any of these feelings, I hope you'll enjoy the time you spend here.

Another species being heard from ...

If it's small, tough and doesn't come when you call it, then it must be a Jack Russell Terrier!

Unknown horseman

Welcome New Members



Heather Buton

Anne & Timothy Chuter & Family

Marilyn Kendrick

Carol Malnick

Pam McReynolds

JJ, Laura & Christine Raposo

Amber Reed

Joell Sadler

Mr. & Mrs. Louis Salerno

Debbie Sauers

Teri Stuntz

Susan Wood

Miss Teri Dance Studio

★ Dancers ★

*A working studio
Watch classes in progress*

★ **Preschool** ★
Ballet/Tap
Begin at 3 years

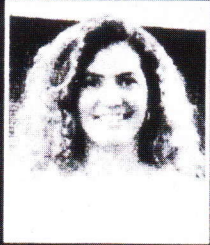
★ **Combination Classes** ★
Ballet/Tap/Jazz
Five years through Teens

★ **Classical Ballet** ★
Six years through Adults
BALLET MASTER AND MISTRESS

Jorge Esquivel
San Francisco Ballet
Yoira Esquivel Brito
Oakland Ballet

(650) 342-3514

38 South B Street, Suite 205 • San Mateo
1463 Beach Park Boulevard • Foster City



Foster City Studio
Now Open

STAFF
Teri Zanette
Sally Van Loon
Jet Kesselring
Megan Watson
Leah Watson



Miss Teri
1970

Trading Post

WANTED: Pasture board in Central Woodside for one gelding. Must be primarily flat terrain. (650) 346-9120

GORGEOUS WOODSIDE Paddock Available for Long-Term Sub-Lease at beautiful private barn on Tripp Road. Minutes from Huddart Park and the Mounted Patrol Grounds. Level paddock with shelter, mats and excellent fencing. Quality grass/alfalfa mix fed twice a day. Cleaned daily. Tack Storage, turn out area and wonderful boarders. Lots of trees and a creek view. Immediate trail access. Your horse will be so happy here. No trailer parking. \$400/month. Cell (650) 346-9120.

Mini
Warehouse

Company

DICK SANDERS
650-364-6930

2793 Spring Street, Redwood City, CA 94063

Larry Wohlford, DVM

Equine Medicine & Surgery
Equine Acupuncture

(415) 851-1214

2995 Woodside Rd., Suite 400 - #372, Woodside, California 94062



Cadillac



HUMMER

RICK CORSO
Vice President

PUTNAM CADILLAC CHEVROLET

198 California Dr.
Burlingame, CA 94010

www.putnamgm.com

(650) 342-9500

W Farms
himsical

- Lay-ups
- Turnouts
- Retirements

LISA DIXON

9050 Bradshaw Road • Elk Grove, CA 95624

916.714.2522 • 650.326.3455

fax: 916.714.2572

E-mail: equestqh2@excite.com

WHAT DO YOU CALL THAT HORSE?

By Joell Sadler-Dunlap

Published by www.HorseCity.com in December of 2000

Atherton eyed the carrot with a haughty, almost disgusted look. Implying that I could just leave the carrot in her feed bin, she might eat it later. Her servant/owner beamed and lovingly stroked the mare's immaculate coat.

"What's her name?" I asked.

"Atherton" came the proud reply.

"What do you call her?"

The servant/owner blinked twice as she tried to figure out why I'd asked the same question again and answered "Atherton."

Atherton is the exception and not the rule.

Because most of us give our horse a barn name. Something we call him in lieu of his registered or given name. I mean, you can't just waltz into the barn and call out "Hello Dox Ruby Red Design" or croon "Easy there Admiral Winston ZX." Can you?

I've learned that the barn name can tell you a lot about a horse and his owner. For instance, cowboys are practical and thrifty. There is a "Red" at every ranch, as well as a "Grey Dog," a "Blackie" and the inevitable "Spot." The one exception to this rule is the horse named "That-Big-Good-Lookin'-Horse-I-Got." This well regarded horse packs around this huge moniker no matter what his registered name is. The cowboy can be heard telling tales of his favorite mount: "So I'm in the box on That-Big-Good-Lookin'-Horse-I-Got, and the steer . . ." Or "I had to go out and gather cattle with Jim, so I load up That-Big-Good-Lookin'-Horse-I-Got . . ." Or "hey Jeff, get your mangy butt off That-Big-Good-Lookin'-Horse-I-Got . . ." When you ask the cowboy the name of this horse, he'll scratch his head and say "I dunno, but my wife calls him Meat-head."

Ponies are another favorite. You know what you're up against just by the barn name. Gus is a packer, and Button is as cute as one. Otis and Bart will buck you off. Ernie is terribly mischievous and Tess could terrorize a snake.

Endurance horses are cool. There's always a Star, a Flash, a Magic and a Zephyr. These horses invariably earned their name and are easy to identify.

The Eventing crowd are more reflective than descriptive.

They dub their horses according to the aspirations they have for their mounts. There's always a King, a Champ, a Victor and a Princess. Well then there's Crash, whose name just stuck.

In the dressage barn, things get loftier. By naming your horse a foreign name, he automatically becomes more elegant. Joe is Johannes, Henry is now Henri, and Jack becomes Jacques. There's Bella, Beau, Enrique and the flaming chestnut in the corner stall is of course, Fabio.

The hunter/jumpers of the world are the Jet-Set. They tend to name their horses for places they have been or want to go. There's Indio, Culpeper, Cairo and Montana. You might find Prauge, Perth, Peoria. and Martinique (sometimes referred to as Martin, sometimes known as Eek!) Woe to the poor creature who gets dubbed Winnemucca.

But racing takes the cake. With scores of horses coming in and out bearing official titles like "Classy Son By A Lot" or "Zam Zam's Martini" the rule is that the name must be a single syllable title that somehow describes the horse. Naturally, Frog is the 2-year-old filly that tries to jump out from underneath you at the quarter mile mark and Grunt is the beautiful mare with an attitude she doesn't keep hidden. Bob is the lanky black colt that's not the sharpest knife in the drawer and Ike is the trusty gelding you can count (and bet) on. Needless to say, Pat is the horse whom you just can't tell or remember whether he is a she or vice versa.

When choosing a barn name for your steed, remember the wise words of my dear friend to her students: "Don't ever call your horse something you don't want him to be." This includes Dork, Bucky, Snort or Squirrel. Bear in mind of course that the lady bestowing this advice was mounted on a horse we lovingly called "Land Mine."

Happy Trails!

About the author: Joell Sadler-Dunlap is a freelance writer based in Palo Alto, California. She teaches beginning riding to children and adults and specializes in teaching riding to children with learning challenges. She can be reached at joell@goodriding.net

All rights reserved Joell Sadler-Dunlap, December 2000



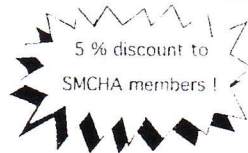
4-C's

HAY

&

FEED

HALF MOON BAY, CA
Authorized dealer for
America's Choice Shavings



Free Delivery

Grass Hay • Alfalfa
Oat Hay • Straw • Shavings

Year-round Grass/Alfalfa supply

John Cozzolino • 650-726-6918 • www.4cshayfeed.com

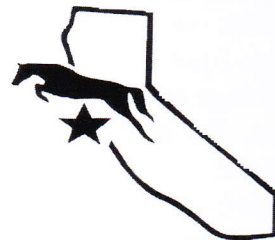
Peninsula Equine

STAR Equine Medical Center

Russ Peterson, DVM, MS

Elaine Carpenter, DVM, MS

Lisa Atckison, DVM



A complete sports medicine & surgical facility offering progressive veterinary services in the following areas:

Arthroscopic Surgery * Thermography * Surgery-Elective & Emergency
Radiology * 24-Hour Intensive Care * Therapy * Ultrasonography
Lameness Evaluation * Onsite Blood Work Lab * Nuclear Scintigraphy
Nutrition * Laser Surgery & Therapy * Reproduction / AI
Physical Therapy & Comprehensive Rehabilitation Consultation
Pre-Purchase Evaluations

Peninsula Equine is conveniently located at the Portola Valley Training Center
100 Ansel Lane * Menlo Park * Ca * 94028

(650) 854-3162

Peninsula Equine



STAR Equine Medical Center



2004 Calendar

TENTATIVE

April

- 4 *LV: Ride*
- 8 **Board Meeting**
- 10 **Trail Days**
- 17 **Jack Brook Work Day**
- 18 **SMCHA Spring Ride**
- 22 **General Meeting**

May

- 1 **May Day Parade**
- 2 *LV: Ride*
- 12 **Board Meeting**
- 20 **Western Riding Clinic**
- 23 **Western Riding Show**
- 27 **Western Riding Clinic**

June

- 3 **Western Riding Clinic**
- 6 *LV: Ride*
- 9 **Board Meeting**
- 10 **Western Riding Clinic**
- 17 **Western Riding Clinic**
- 19 *Mt. Patrol Cowboy Poetry*
- 24 **Western Riding Clinic**

July

- 3 *Mt. Patrol Rodeo Dinner/Dance*
- 4 *Mt. Patrol Rodeo*
- 4 **4th of July Redwood City Parade**
- 7 **Board Meeting**
- 8 **Western Riding Clinic**
- 10 **NCEFT Poker Ride**
- 15 **Western Riding Clinic**
- 17 **Clinic Show & Dinner**
- 28 -8/2 **Jack Brook Horse Camp**

August

- 1 *LV: Ride*
- 8 **English Schooling Show**
- 12 **Board Meeting**
- 22 **Nor-Cal Show**

September

- 4-6 *LV Jack Brook*
- 9 **Board Meeting**
- 23 **General Meeting**

October

- 1 **SMCHA Nite @ The Races**
- 3 *LV: Ride*
- 14 **Board Meeting**
- 17 **SMCHA President's Ride**
- 29 **Cow Palace Opening Nite**

November

- 2 *LV: Progressive Ride*
- 11 **Board Meeting**
- 23 **General Mtg.-Elections**

December

- 3 **Board Dinner**
- 4 **All Clubs Christmas Party**

January

- TBA **Installation Dinner**

SMCHA events in **BOLD**

LV, Mtd. Patrol in Italics

LV: Los Viajeros

SFHA: San Francisco Horsemen's Assn.

PLEASE CHECK WEBSITE FOR CHANGES AND UPDATES

www.smcha.org

THE SAN MATEO HORSEMAN
P.O. BOX 620092
WOODSIDE, CA 94062
(650) 568-1045
www.smcha.org

PRSR STD
 U.S. POSTAGE
PAID
 Redwood City, CA
 Permit No. 12

ADDRESS SERVICE REQUESTED

Published by
SAN MATEO COUNTY HORSEMEN'S ASSOCIATION
 A Non-Profit Organization
 Member of California State Horsemen's Association

President: Bill Ashton
Volume 63, No.2 Spring 2004

Bobbi Petrov
 Misty Ridge Farm
 2995 Woodside Rd #400/128
 Woodside, CA 94062

**SAN MATEO
 COUNTY
 HORSEMEN'S
 ASSOCIATION**



Membership Application

Annual Dues

- ___ JUNIOR MEMBERS (17 OR UNDER) \$15.00
- ___ SENIOR MEMBERS (18 OR OLDER) \$25.00 New Renewal
- ___ MR./MRS. MEMBERS \$40.00
- ___ FAMILY MEMBERSHIP \$45.00
 (married or single parent and unlimited number of children 17 or under)

I would like to help with the following events/functions:

- A Board of Directors
- B Trails
- C Western Riding Clinic
- D English Shows
- E Western Shows
- F Programs
- G Magazine
- H Trail Rides
- I Junior Members
- J English Riding Clinic
- K Playday
- L Hospitality
- M Membership
- N Publicity
- O Junior Color Guard
- P Senior Color Guard
- Other _____

I would like to contribute to the following events or functions (see listing at right) in the following amounts:

- B \$ ___ E \$ ___ H \$ ___ K \$ ___ O \$ ___
- C \$ ___ F \$ ___ I \$ ___ L \$ ___ P \$ ___
- D \$ ___ G \$ ___ J \$ ___ N \$ ___ Other \$ ___

TOTAL CONTRIBUTIONS _____ TOTAL AMOUNT ENCLOSED _____

Annual dues are for January 1 through December 31 of each year.

Join after October 1 for membership through the following year. Your cancelled check is your receipt.

Do you want to be included in our Membership Directory? ___ Yes ___ No

NAME _____ TELEPHONE _____

ADDRESS _____ EMAIL _____

CITY _____ STATE _____ ZIP CODE _____

PLEASE MAKE CHECKS PAYABLE TO **SMCHA**. PLEASE DO NOT SEND CASH. MAIL APPLICATION TO:

SMCHA
P.O. BOX 620092
WOODSIDE, CA 94062