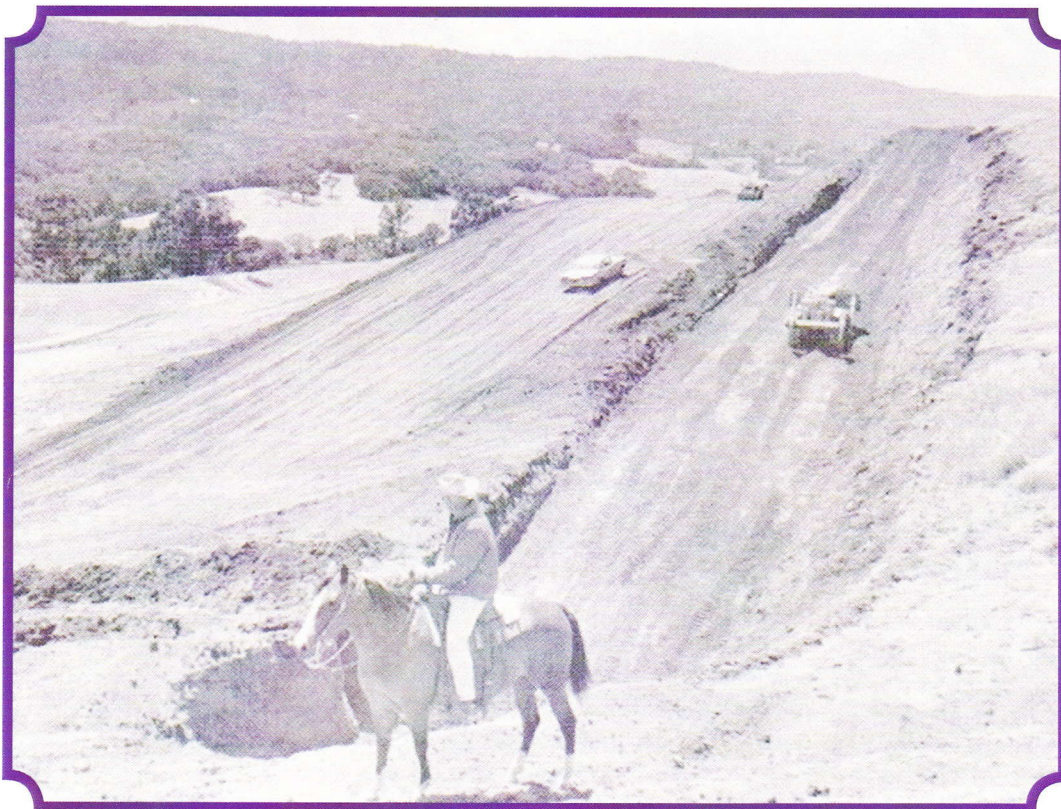


The San Mateo HORSEMAN



75th Anniversary Year



MAY 1967 • PICTURE OF THE MONTH

That's strange there used to be a trail here.

Bill Holmes watches as bulldozers and graders gash the land for Junipero Serra Freeway

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COVER

*Cover photo from May 1967
San Mateo Horseman*

**PRESIDENT'S MESSAGE
SPRING 2015**



We're almost half way through our 75th anniversary year. It's so hard to believe that L.C.Smith had the inspiration to start SMCHA 75 years ago. Dick Convery was SMCHA President for our 50th Anniversary and his comments are worth repeating as many of you may not know how our club was born. "During the year 1939, San Mateo County officials arranged to have the first Floral Show and Fandango to be held at the new Bay Meadows Club House located in Hillsdale. In conjunction with the Fiesta, a parade was held that started in Burlingame. L.C.Smith who was a prominent figure in the community was asked to organize a group

of horsemen and carriages to ride in the parade. They wound up with 300 horses parading down the streets. What a sight that must have been. After seeing the tremendous interest in horsemen getting together, they decided to form the San Mateo County Horsemen's Association. So now you know."

While the number of horses in the area has declined substantially since those first years, we're still having wonderful events, shows and clinics. We started 2015 with our Installation Dinner at the Mounted Patrol. Mark Musante and his crew prepared an awesome gourmet dinner for over 100 guests. The Clubhouse looked beautiful with yellow & blue linens and flowers. The Woodside Bakery and Cafe provided their famous chocolate mousse cake for dessert. Once again, Gayle Sutherland and her band, Sweet Talk, kept us dancing until the lights went out. We have an amazing group of volunteers that made this event a superl success: Liz Sullivan, Sharon Butler, Gretchen King, Dan Ryan, Ann Kirby, Holly Winnen, Jen Mize, Deb Padilla, Gina Silva, Annie Tyo, Chris Friis, Susan Snook, Amy Hublou, Greg Sonstegard, Silver Hawk Russi, Laurie Geenblat, Terry Connor, Sylvia Ruggiero and Rich Boyd as Master of Ceremonies. Thank you all!

Other events during the first few months are included in articles in this magazine, all lots of fun with our dedicated volunteers that do an awesome job. Our membership drive that went from January through April resulted in many new members with Ramona Martinez earning the most points and winning the Silver Buckle donated by Noel Moody. Congratulations, Ramona!

For the 4th of July parade in Redwood City, we're planning a special flat-bed truck decorated appropriately for our 75th anniversary, which will be led by our Color Guard. So stay tuned for more details and come join us.

Thanks to all of our members who support SMCHA. We would not have made it to 75 years without you.

SMCHA's 75th Anniversary.
Please come on out and get involved with your club.

Happy Trails,
Cheryl Basin
SMCHA President 2015

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Cheryl Basin

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The San Mateo HORSEMAN

Spring 2015

The official publication of
**San Mateo County
Horsemen's Association**

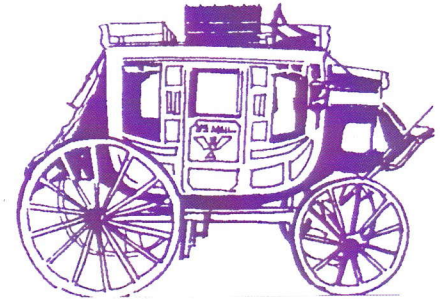
Published quarterly

January (Winter)

April (Spring)

July (Summer)

October (Fall)



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2015 Installation

Dinner & Gala



Rancho Del Oso Trail Ride

Saturday, March 21, 2015

By: Gina Silva

When you hear San Mateo County Horsemen (SMCHA), what do you think? When I hear SMCHA, I think of a group of dedicated men and women who have a common interest...to meet new people who own, lease or love horses. Our board members are dedicated to preserving our horse community and heritage by putting on events for our SMCHA Members and friends.

I am a board member of SMCHA and I volunteered to be Vice President and Ride Committee Chair this year. I wanted to try something different and put on new rides where other clubs have not gone, which is how the ride at Rancho Del Oso came about.

Rancho Del Oso is a beautiful park in Davenport which is across Highway 1 from Waddell Beach where the kite surfers soar above the waves and where the park has a "Sea to Berry Falls" trail that is 12 miles round trip. We had perfect weather in this very picturesque area. There is a creek running along the trail where we saw ducks floating lazily and many birds that seemed to be checking us out. There is a change of landscape from wide trail to single track to crossing a creek with water-worn pebbles and going over wooden bridges that look like they have been there for quite a while.

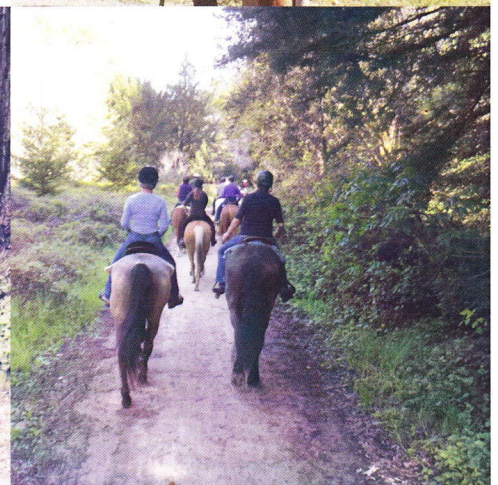
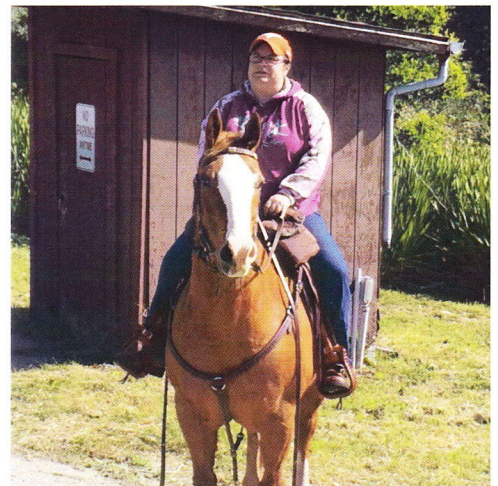
We had two groups of riders, the fast walkers and the not-so-fast walkers. The plan was to ride for a couple of hours, but ended up being about a 4-hour trail ride because everyone was having such a great time and did not want to turn around. The riders laughed and told stories and a few even pretended that there were hobbits in the trees. Several others offered an education and called out the names of the various creations of nature.

Kristi Eiffert and Mike Bushue were great trail bosses for the two groups and their horses were excellent at setting a great pace for the seasoned riders and first timers alike. Safety was their first goal and they made sure riders and horses handled the bridges, creek crossings, poison oak, etc., without a mishap.

For lunch we had Norm's of Pescadero; chocolate chip cookies that are about 4 times the size of a normal cookie, sandwiches with freshly baked bread, lunchmeat and cheese that were to die for. Food and drinks were overflowing and everyone had a wonderful time hanging out eating at wooden picnic benches where we talked about the awesome ride and enjoyed each other's company. We all shared the enormous cookies because they were so big and so yummy! No one seemed to be eager to leave and there was talk about reserving the horse camping site during summer so they could come out and ride again.

Thank you to many of the riders for the emails about the great time and to all of the people that volunteered to help make this ride a success. I look forward to seeing many of you on our next trail ride.

Happy Trails....Gina



February - March, 1974

THE SAN MATEO HORSEMAN

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History Highlights

IRMA C. GOLDSMITH, HISTORIAN

The San Mateo County Horsemen's Association was officially born as of February 1940 and everyone "got on the trail" with great enthusiasm and willingness to help the newly formed Association. One basic for their success was the decision that there is strength in numbers, that a large democratic group working with good-will on a common interest can truly forge ahead. So it has been. Mr. L.C. Smith was re-elected President in March of 1941 assisted by Harold Himmelman, 1st V.P., Eddie Allan, 2nd V.P., R.B. Watt, Secretary and Lillian Jones, Editor Treasurer. A few social affairs were held during this year, namely, dances, moonlight barbecues and breakfast rides.

E.J. Spillane took over as President in 1942, Harold Himmelman, 1st V.P., Eric Gilson, 2nd V.P., Rolla B. Watt, Secretary and Editor, and Mel Hanks, Treasurer; however, replacements had to be made in a short time due to the war namely K.L. McDonald as 2nd V.P., Hazel McDonald, Secretary and Editor and Bryce McNeil, Treasurer.

Just before Rolla Watt was called to the Service, he planned and put on a Second Long Distance Competitive Trail Ride of 85 miles, which started at Woodside, riding over the mountains towards Pescadero, and returning via La Honda Bear Gulch Road. The

winners were again Mrs. J. Grepe and John Dillard, also Hillis Hubbard, Tony Rossi, in their respective weight divisions.

Doc Whitman was in charge of a second Rodeo and barbecue also held at the Lazy Day Ranch during the summer months.

Creed Haberlin was elected 2nd V.P. in March of 1943 and the rest of the officers carried on as for 1942. "Red Hot Pepper" has surely been constant in his service to SMCHA and his kindness to every person and animal is well known.

The first Trail Markers were established along the trails during this time. A successful Horse Show was held at the Green Briar Stables at Belmont, and a dance held in San Mateo was in cooperation with the newly formed San Mateo Mounted Patrol. SMCHA then became affiliated with the California State Horsemen's Association, a loyal tie until 1966 when the dues reached such an unfair high that it was no longer either possible or plausible to continue the relationship, even though SMCHA's interest in and work for and with them continues as ever before.

Creed Haberlin became the third President of the Association in March 1944, serving with him were Bryce McNeil, 1st V.P., Harold Himmelman, 2nd V.P., Hazel McDonald, Secretary and Editor, Elaine Mortenson, Corresponding Secretary, Ben Kramer, Treasurer, and Robert Williams, Scrap-Book. Much progress can be attributed to this able team of officers and directors.

More interest in horses and more activities spring forth, but one of the most important trends was the start of a closer co-operation with the County Officials sparked by the wonderful gift to the County of 1000 acres of land located in Woodside to be known as Huddart Park. The County accepted this gift in 1946 as

a public recreation playground with trails to be cut through for hiker and horseman.

Monthly meetings were now held in Laurel Hall, San Carlos, which became permanent headquarters of SMCHA. The "Pink Shirt" ran paid advertisements and so brought in a new income. The Statewide Trail Program, sponsored by CSHA, was born and the Creed quite naturally assumed a most active role, one which held his constant interest through the ensuing years, a fact our present membership is well aware of.

The "Bill Byrne Annual Futurity" was inaugurated during this eventful year. This permitted member owners of weanling colts and fillies through two year olds to nominate their stock at the time their mare was in foal for this showing and to carry on for the two years. Rules were carefully enforced, so that a veterinary's health certificate for illness was needed to excuse the absence of any weanling from the first showing. Ben and Norma Kramer carried the chairmanship until some years ago. However, time marches on and despite the addition of open halter classes judged separately, there were not enough entires to justify the event and it was discontinued in 1965.

The "Annual Playday" added to the interest of horse events and was held in conjunction with the Futurity and this has been and still is being carried on enthusiastically.

"Let's Be Alive in '45" was the slogan of Alton C. Cryor, ever faithful, hard working and co-operative "Al," assisted by the following officers was the fourth President of SMCHA; Pete Towne, 1st V.P., L.D. Lockwood, 2nd V.P., Alvin Mariani, Secretary, Daniel Custer, Corresponding Secretary, and Ben Kramer, Treasurer, Robert Williams, Scrap Book, and Hazel McDonald, Editor.

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JACK BROOK WORK DAY A Big Success

By: Bob Rosenberg

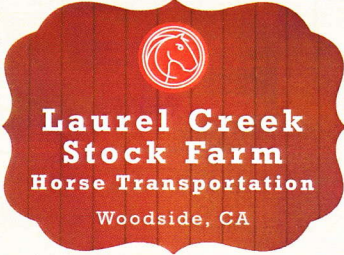
We had over 40 volunteers from several horse groups come to the Jack Brook Work Day. The camp was really overgrown with tall grass and weeds, and many of the workers focused on cutting, raking, and piling them for the Rangers to dispose of. We also had some skilled workmen among our volunteers: Mike Bushue led a team replacing a fence along site 2 that was down, Mike Tyo of SMCHA doing the plumbing to replace the last 3 commodes with low flow models (2 of them were installed by the Rangers last year), and Gary Kind doing some serious carpentry on the dry rotted wall around the men's bathroom. We also had many folks working to cut and stack firewood, others working to level the surface of many of the corrals, and some wonderful folks to prepare a great lunch for us all.

see photos of the day at:

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Our Historical Roots...

from The San Mateo Horseman, Spring 1999

GENERAL MEETING AND "WHITE ELEPHANT" EXCHANGE

by Libby Armanino

The first general meeting of the year was held on February 25 at Charter Oaks in Woodside. The weather was a bit wet and the warmth of the fireplace was welcomed. About 30 members joined in the White Elephant exchange including a few of our Junior Members. Mary Beth Stucky's gift seemed to be the hit of the party. She had warned several members that she was bringing a rather large, ugly gift and to stay away from choosing it. Quite the contrary, everyone was after the cow skull and it was passed around several times before it ended up with Colleen Daley. Since Colleen was the first to pick that evening and didn't have a chance to "steal" anyone else's gift, she not only graciously gave it up but did so with a smile knowing full well that in the end, she could "steal" any gift she wanted so she would end up with it at the end of the night. And that she did!

The dinner was potluck and there was a wide variety of food with ample portions for all.



Rob and Lucy Krensky

It was a great way to start off the year, to see some new faces and meet some old friends.

Special thanks to Gladys Martines of Charter Oaks for the use of her beautiful facility.

WELCOME NEW MEMBERS!

SMCHA would like to extend a warm welcome to our new members (counting from January 99)!



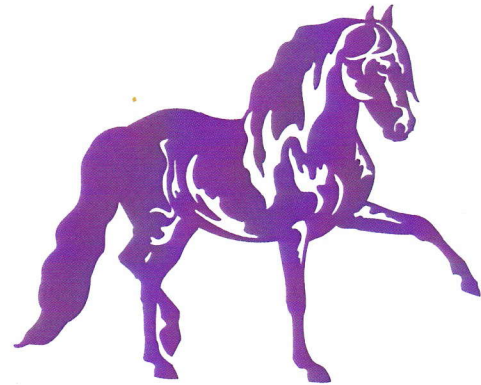
Bill Ashton, Portola Valley
 Wayne Browning, DVM, San Carlos
 Elke & Peter Bullock & Family, Woodside
 Connie Cardinale, Redwood City
 Sumire Hughes, Redwood Shores
 Jessica Johnson, La Honda
 Susan Lang, Woodside
 Bill Lilla & Donna Poy, Woodside
 John Monarski, Hillsborough
 John & Kathy Morris, San Mateo
 Judy Anderson Mullins, Woodside
 Wayne & Dana Pastorino, Half Moon Bay
 Mr & Mrs Gary Schenck, Blackhawk
 Bette & Dave Schott & Family, Los Altos
 Thomas M. Smith, Redwood City
 Teri Zanette, Burlingame

Years Later...

GENERAL MEETING AND BUNCO

Saturday, February 21, 2015

By: Bonnie Beretta and Gretchen King



San Mateo County Horseman had a wonderful time at the annual Bunco Night on February 21. Held at Independence Hall in Woodside, the lively group of 44 began the evening enjoying appetizers provided by Sue Sheehan, Gina Silva, Elizabeth Sullivan, Jenny Mize, Susan Snook, Christine Friis, and Silverhawk Russi. Snacks and drinks were followed by a delicious pasta dinner prepared by Mary and Greg Sonstegard accompanied by salads made by Adeline Forrest and Sharon Butler.

Rosemary Silverman was our Bunco caller and she was able to keep our animated group in check and on task! Awesome prizes were awarded to game winners. Special thanks goes to member Dan Ryan, who was responsible for the fun jobs of "heavy lifting," garbage detail, and bartending.

Watch the SMCHA website for the next membership event coming up in the summer. The committee is planning an informational and exciting, fun filled day. Come and Play with SMCHA!

.....



Our Historical Roots...

February - March, 1974

THE SAN MATEO HORSEMAN

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Dates to Remember 1974

| | | | | | |
|--------------|----------|--|--------------------------|---------|--|
| MARCH | | | 25 | THUR | WESTERN RIDING CLINIC |
| 27 | WED | SMCHA GENERAL MEETING | 27-28 | SAT-SUN | FREMONT HILLS HORSE SHOW |
| 30-31 | SAT-SUN | SMCHA SCHOOLING SHOW (RAIN DATE APRIL 6-7) | 31 | WED | SMCHA GENERAL MEETING |
| APRIL | | | AUGUST | | |
| 7 | SUN | LOS VIAJEROS RIDE | 1 | THUR | WESTERN RIDING CLINIC |
| 10 | WED | SMCHA BOARD MEETING | 2 | FRI | MOONLIGHT RIDE |
| 11-17 | THUR-WED | JUNIOR COW PALACE | 3-4 | SAT-SUN | COOK'S QUARTER HORSE SHOW - SCHA |
| 14 | SUN | STAGE COACH RIDE | 4 | SUN | LOS VIAJEROS RIDE |
| 20 | SAT | COOK'S SCHOOLING SHOW | 4-11 | SUN-SUN | MONTEREY HORSE SHOW |
| 24 | WED | SMCHA GENERAL MEETING | 7 | WED | SMCHA MID-WEEK SHOW - WESTERN |
| 27-28 | SAT-SUN | FREMONT HILLS SHOW REGION NO. 6 | 8 | THUR | WESTERN RIDING CLINIC |
| 28 | SUN | SPRING RIDE | 11-17 | SUN-SAT | SANTA ROSA HORSE SHOW |
| MAY | | | 14 | WED | SMCHA BOARD MEETING |
| 4-5 | SAT-SUN | LOS VIAJEROS OVERNIGHT RIDE | 15 | THUR | WESTERN RIDING CLINIC |
| 4-5 | SAT-SUN | COOK'S QUARTER HORSE RANCH SHOW - CSHA | 18 | SUN | WEBB RANCH HORSE SHOW |
| 8 | WED | SMCHA BOARD MEETING | 18 | SUN | COLAGASILUCCHIENZE RIDE |
| 11-12 | SAT-SUN | MOUNTED PATROL SHOW | 21 | WED | SMCHA MID-WEEK SHOW - ENGLISH |
| 12 | SUN | STAGE COACH RIDE | 22 | THUR | WESTERN RIDING CLINIC |
| 17-18 | FRI-SAT | MENLO CIRCUS CLUB - "A" SHOW | 24 | SAT | COOK'S QUARTER HORSE RANCH SCHOOLING SHOW |
| 23-27 | THUR-MON | SANTA ROSA GOLDEN STATE SHOW | 28 | WED | SMCHA GENERAL MEETING |
| 25 | SAT | WEBB RANCH SHOW | 31-9/2 | SAT-MON | SMCHA THREE DAY HORSE SHOW |
| 29 | WED | SMCHA GENERAL MEETING | 31-9/2 | SAT-MON | LOS VIAJEROS THREE DAY RIDE |
| JUNE | | | SEPTEMBER | | |
| 1 | SAT | SMCHA JUNIOR BACK ALLEY SHOW | 7 | SAT | TALLY HO MENLO CIRCUS SHOW |
| 1-2 | SAT-SUN | BRANDYWINE STABLE SHOW | 8 | SUN | STAGE COACH RIDE |
| 2 | SUN | LOS VIAJEROS RIDE | 11 | WED | SMCHA BOARD MEETING |
| 4 | TUES | MOONLIGHT RIDE | 14-15 | SAT-SUN | FREMONT HILLS HORSE SHOW |
| 8-9 | SAT-SUN | FREMONT HILLS SHOW - ENGLISH & WESTERN | 15 | SUN | PRESIDENT'S RIDE |
| 9 | SUN | SAN FRANCISCO HORSEMEN'S SHOW - ENGLISH | 15-22 | SUN-SUN | SACRAMENTO STAGE HORSE SHOW |
| 12 | WED | SMCHA BOARD MEETING | 21 | SAT | COOK'S QUARTER HORSE SCHOOLING SHOW |
| 15-16 | SAT-SUN | SMCHA JUNIOR HORSE SHOW - ENGLISH & WESTERN | 25 | WED | SMCHA GENERAL MEETING |
| 20 | THUR | WESTERN RIDING CLINIC | OCTOBER | | |
| 20-23 | THUR-SUN | LOS VIAJEROS FOUR DAY RIDE | 5-6 | SAT-SUN | FREMONT HILLS HORSE SHOW |
| 22-23 | SAT-SUN | COOK'S QUARTER HORSE RANCH SHOW | 5-6 | SAT-SUN | LOS VIAJEROS OVERNIGHT RIDE |
| 26 | WED | SMCHA GENERAL MEETING | 6 | SUN | SAN FRANCISCO HORSEMEN'S SHOW |
| 26 | WED | SMCHA MID-WEEK SHOW (WESTERN) | 9 | WED | SMCHA BOARD MEETING |
| 27 | THUR | WESTERN RIDING CLINIC | 13 | SUN | STAGE COACH RIDE |
| 29 | SAT | STANFORD STABLE SHOW | 19 | SAT | COOK'S QUARTER HORSE SHOW - OPEN |
| JULY | | | 20 | SUN | SMCHA FALL RIDE |
| 2 | TUES | WESTERN RIDING CLINIC | 30 | WED | SMCHA GENERAL MEETING |
| 4 | THUR | SMCHA JUNIOR RODEO | NOVEMBER | | |
| 4-7 | THUR-SUN | WILLOW TREE SHOW | 9 | SAT | LOS VIAJEROS DINNER DANCE |
| 6 | SAT | MOONLIGHT RIDE | 10 | SUN | STAGE COACH RIDE |
| 7 | SUN | LOS VIAJEROS RIDE | 13 | WED | SMCHA BOARD MEETING |
| 10 | WED | SMCHA MID-WEEK SHOW - ENGLISH | 27 | WED | SMCHA GENERAL MEETING |
| 10 | WED | SMCHA BOARD MEETING | DECEMBER | | |
| 11 | THUR | WESTERN RIDING CLINIC | 7 | SAT | LOS VIAJEROS PRESIDENT DANCE |
| 14 | SUN | SMCHA PONY SHOW | 8 | SUN | STAGE COACH RIDE |
| 14 | SUN | STAGE COACH RIDE | 11 | WED | DINNER FOR THE SMCHA BOARD OF DIRECTORS |
| 12-20 | FRI-SAT | SANTA BARBARA HORSE SHOW | JANUARY | | |
| 18 | THUR | WESTERN RIDING CLINIC | 1 | WED | NEW YEAR'S DAY RIDE |
| 20-21 | SAT-SUN | COOK'S QUARTER HORSE SHOW - OPEN | 4 | SAT | SMCHA JUNIOR INSTALLATION |
| 23-27 | TUES-SAT | SANTA MARIA HORSE SHOW | 25 | SAT | SMCHA SENIOR INSTALLATION DINNER DANCE |
| 24 | WED | SMCHA MID-WEEK SHOW - WESTERN | CUT OUT AND SAVE! | | |

Years Later...

2015 Calendar of Events
Subject to change - please check website for updates



San Mateo County Horsemen's Association
2015 - 75th Anniversary Year
(CHECK WWW.SMCHA.ORG FOR UPDATES)

January

- 8 Board Meeting
- 24 Installation Gala @ Mounted Patrol

February

- 12 Board Meeting
- 21 General Meeting/Bunco @ Town Hall

March

- 12 Board Meeting

April

- 9 Board Meeting
- 18 Jack Brook Clean-up Day
- 25 Presidents & 75th Anniversary Ride - Garrod Farm

May

- 2 Woodside May Day Parade
- 13 Board Meeting
- 9 San Mateo Cnty Fair Show - Cow Palace
- 9 Leather Lace & Horse Power @ NCEFT
- 10 Western Schooling Show - Webb Ranch
- 14 Western Riding Clinic - Mounted Patrol
- 17 Spring Ride-Post Cloverdale Ranch
- 21 Western Riding Clinic - MP
- 23-24 AQHA RHV Show - MP
- 25 Hillsborough Parade
- 28 Western Riding Clinic - MP

June

- 4 Western Riding Clinic
- 7 Day at the Races-Golden Gate Fields
- 10 Board Meeting (note: Wednesday)
- 11 Western Riding Clinic - MP
- 14 Tack Sale - Horse Park
- 18 Western Riding Clinic - MP
- 6-14 San Mateo County Fair
- 25 Western Riding Clinic - Dinner
- TBD Clarkia Trail Clean-up (Summer)

July

- 3 Mounted Patrol: Rodeo Dinner & Dance
- 4 Redwood City Parade (Color Guard)
- 4 Half Moon Bay Parade
- 4 Mounted Patrol: Junior Rodeo
- 6 English Riding Clinic - Spring Down
- 17-20 The Californios Clinic - MP
- 9 Board Meeting
- 11 General Meeting TBD
- 13 English Riding Clinic - Spring Down
- 20-26 Reining By the Bay
- 20 English Riding Clinic - Spring Down
- 22-26 Jack Brook Horse Camp
- 27 English Riding Clinic - Spring Down

August

- 2 English Schooling Show - Webb Ranch
- 4-9 Menlo Charity Show-Menlo Circus Club
- 13 Board Meeting
- 30 Open English/Western Show-Horse Park

September

- 10 Board Meeting
- TBD Clarkia Trail Clean-up Day (Fall)
- 18 General Meeting/Movie Night @ Webb
- 26 Horses & Heroes Gala @ NCEFT
- 27 Fall Ride

October

- 8 Board Meeting
- 10 Woodside Day of the Horse
- 16,17,23,24 Grand National Rodeo
- 16 SMCHA Night/Bus to GNR
- 24 Play Day & Halloween Extravaganza

November

- 12 Board Meeting
- 14 General Meeting - Elections & Bingo

December

- 13 Holiday Boutique & Barn Party

January 2016

- 14 Board Meeting
- 23 Kick-Off Gala & Installation

Winners of the 2015 SMCHA Selfie Contest



Debbie Padilla & Chula



Sueno & Friend



Jenny Mize & Lil Joe

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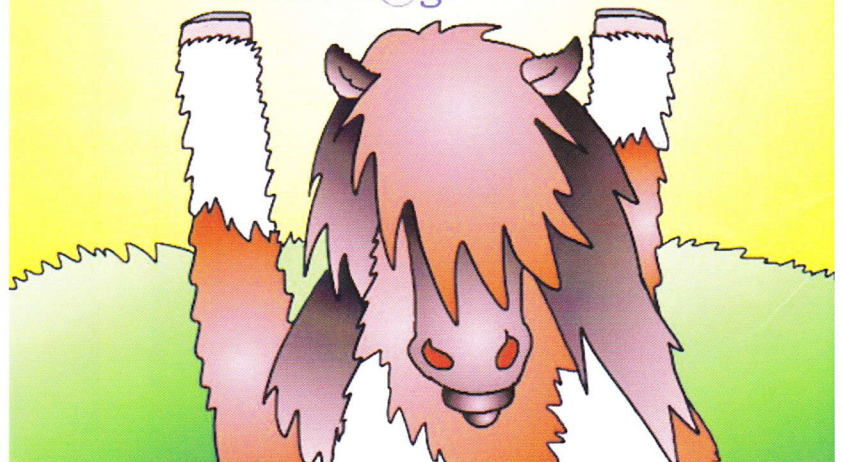
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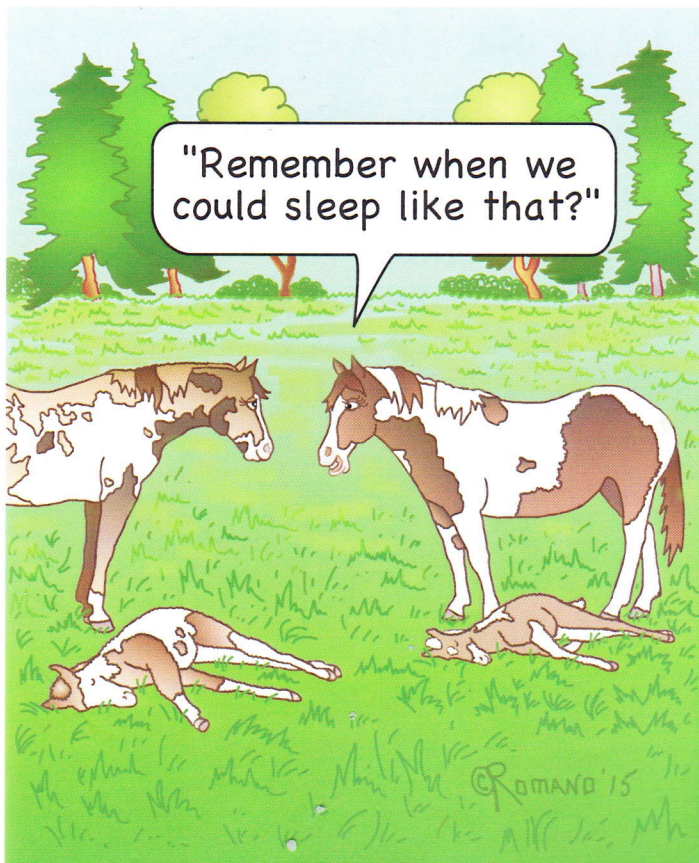
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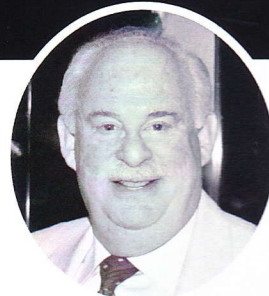
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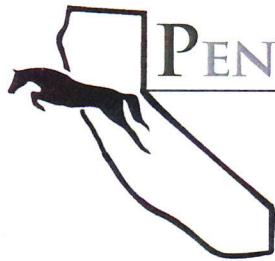
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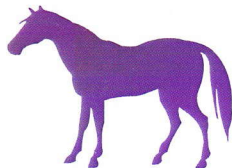
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Answer Key for Crossword Puzzle
on Page 31

| | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| F | E | I | | N | O | S | E | | C | A | P |
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| S | O | S | | H | E | R | E | | R | A | N |
| H | H | | L | E | A | D | | A | | S | O |
| O | | C | A | N | T | L | E | | G | E | |
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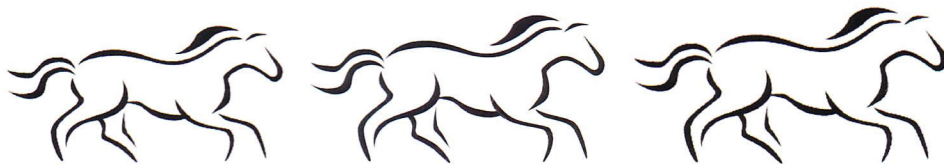
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All participants must be SMCHA members. Membership forms will be available at the clinic (\$35/adult).

Cost: \$120 for all four sessions or \$35 per individual session.

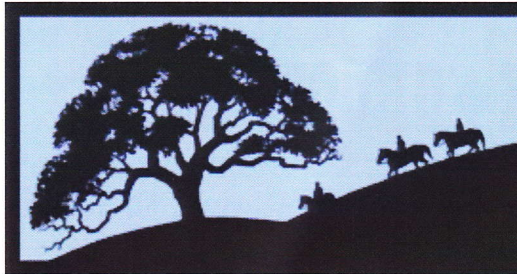
Spring Down school horses are available for an additional \$40 per session with a reservation made Friday before each session.

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Approved helmets and boots are required for participation in this riding clinic. Spring Down has helmets and boots available for borrowing at no additional charge.

For more information, contact: Laura Stevens - Phone: 650-465-4083

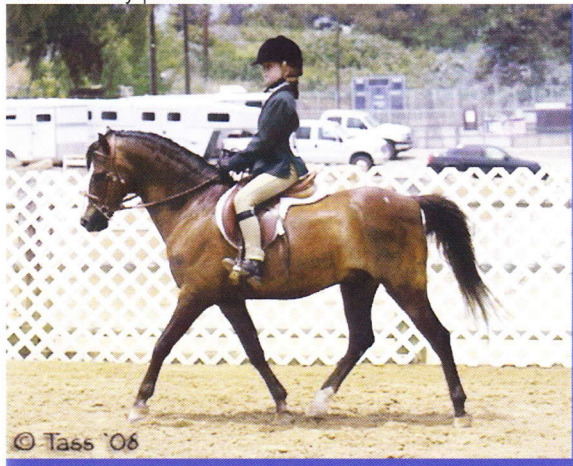
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CLEANING UP OUR ACT

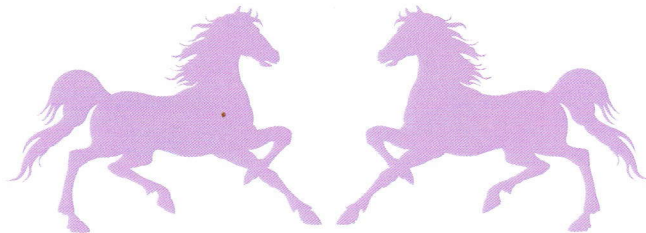
By: Bob Rosenberg

Future Public Equestrian Access Depends On These Two Manure--Removing Habits

Manure is something all equestrians are familiar with. For better or for worse, it's something that is intimately associated with horses and riding. While we all might wish our horses were housebroken and never defecated anywhere but a single corner of their stalls or pastures, they don't do this. Horses go while tied to trailers, they go on the trails, they go right in the middle of a busy intersection or right on a new bricked driveway of a nice looking house.

While horse people are so used to manure that this doesn't seem like a big deal, we have to look at it from the non--rider's point of view. Dog owners are expected to bag and remove their dogs' feces, and don't understand why equestrians get away with leaving much larger piles around.. Kids are raised with video games and hand--sanitizers instead of mud and livestock, and parents are worried about germ--ridden horse feces in our public parks and trails. Bicyclists view horse manure (never mind the actual horses) as a trail safety hazard, as riding through it can foul bike brakes.

Why should we care what dog--walkers, parents, or bikers think of horse manure? We should care because there are many, many more of them than us. When the non--equestrians visit parks and trails, they complain to park/land managers and neighborhood associations. They work to keep horses off their hiking and biking trails. The land managers' job is to balance the needs of everyone, and since equestrians are such a minority of users, the hikers and bicyclists would be granted their wish of manure--free trails. Equestrians will lose current trail access and be denied new access to trails and trailer parking. So our



manure really is our problem at this point. We have to change our own view on manure from something that's goofy and harmless, to something truly dangerous for us to leave behind

There are two major manure--related changes we will all do to keep our trails. The first is to diligently keep trailhead and trailer parking areas manure free. Pick up manure and put it back in the trailer both before you ride, and also before you trailer home. Many of us already do this, but we all need to get on board with it. The second new habit, and this is a larger change, is to actively move our horses on the side of the trails before they defecate, and actually dismount (yes, dismount!) to kick manure off paved areas like driveways and sidewalks.

While horses do slow down and can be stubborn before raising their tails, this gives us a chance to feel that the manure is on its way and we can use leg to move our horses over to the side of a trail. Horses can be trained this much to get to the side of a trail before defecating--- believe it or not they do housebreak therapy ponies, so don't let your horse convince you s/he HAS to go right in the middle of the trail or driveway. It might take strong leg at first, but they will get the idea.

The second thing for suburban--trail riders is, if your horse does happen leave a pile on a driveway or sidewalk, is to actually dismount and kick manure off the pavement. For those of you thinking that dismounting on the road for a silly pile of manure is not safe or practical, imagine if a horse started limping after walking over some gravel. We'd all think it was worth it to dismount to

pick the rock out of our horse's foot, even though we'd need to find a place to hop back on or mount from the ground. If you can't get off and on your horse while trail riding, this is a real safety issue, manure or not. We have to see a pile of manure in a driveway as something just as risky to our trail riding as a rock in the hoof, because those piles will make trail easements and horse access disappear.

Some equestrians feel like all we need to do is educate non-riders on the facts of manure. We can teach that unlike dog feces, there are not significant numbers of human pathogens in horse manure. Or we can point out that the nice winterized trails in Huddart and Wunderlich Parks, the town trails in Woodside, and the Clarkia Trail in Edgewood

Park, are maintained by the equestrian community and everyone benefits from that, even with some manure added. These things are true, but that is only one part of keeping horses on our trail. We have to change our own ways as much as we change others' thinking.

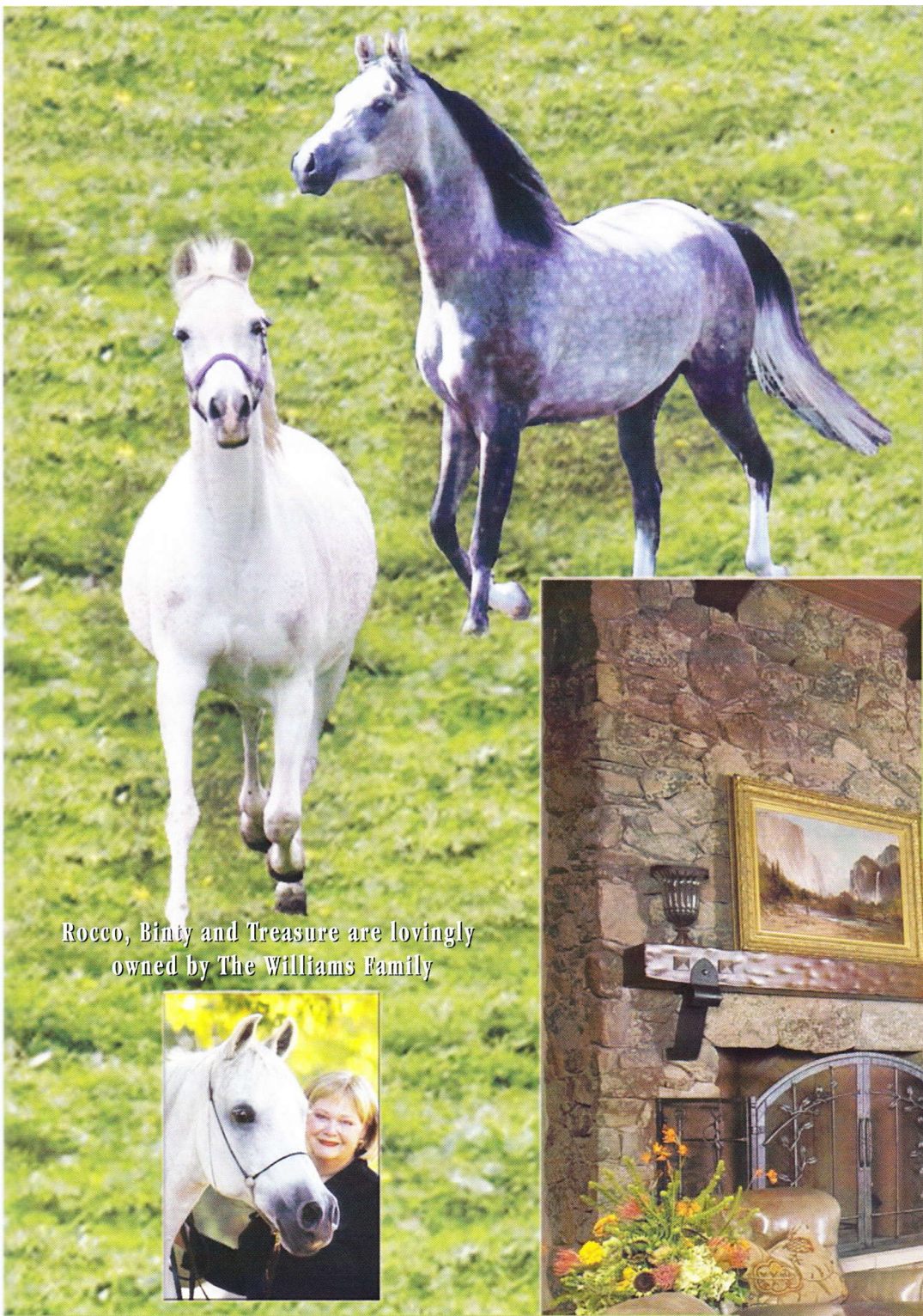
We're at the point where the hikers and bicyclists so outnumber us that if we are going to keep our access to trails and public easements, we really do need to clean up our act. That means shoveling manure back into our trailers before and after we ride, and actively preventing horses from leaving piles on the middle of trails and driveways. Let's enjoy our trails and our trail horses for many years to come!

SMCHA PHOTO BOMB CONTEST



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Winners will be published in our next edition magazine!



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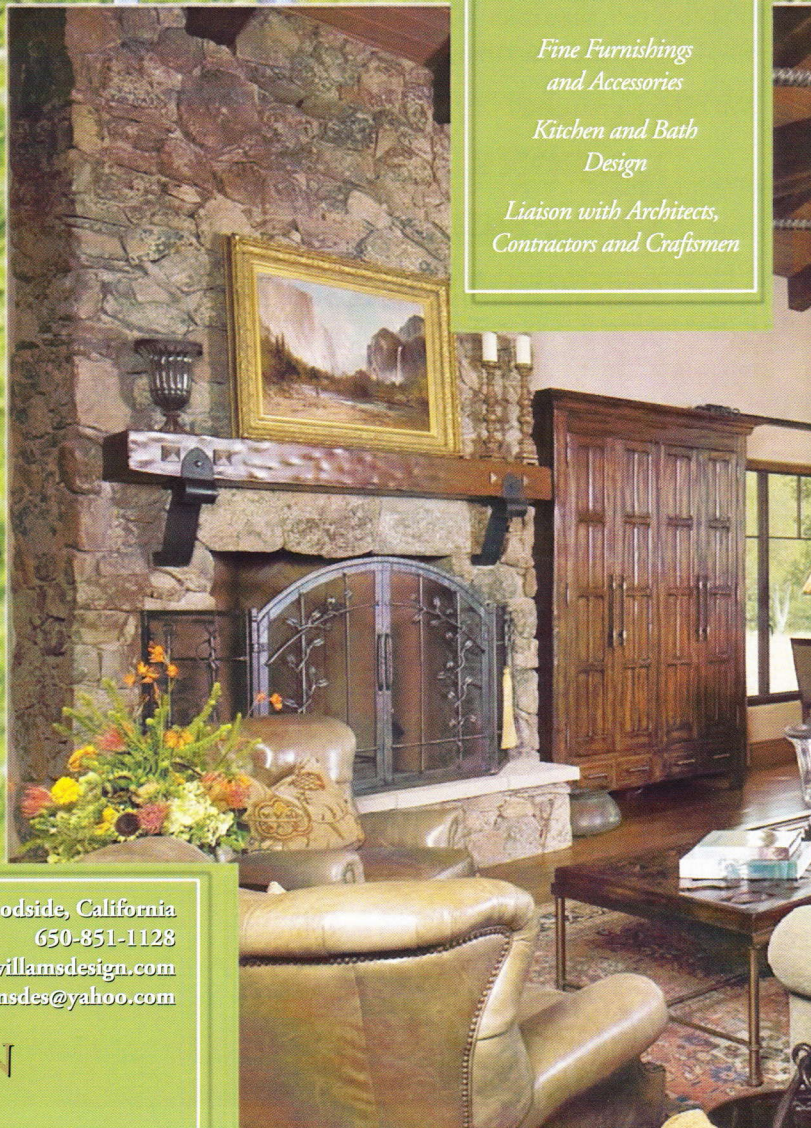
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Reflections On What It Means To Be In The SMCHA Color Guard...

Going on year 5 with the SMCHA Color Guard will be a bit different for me as I recently retired Casey my Color Guard horse. I will continue to coach the team from the ground instead of the saddle. Color Guard has been such a big part of my life the last few years and I've loved every minute of it! A lot of work and pride goes into every practice and presentation by the entire team. Watching new members join and become better, more confident, riders as well as develop their relationship with their horse has been amazing to watch. The memories we have experienced... some fun, some scary and some heartwarming have created such a bond with the ground crew and riders that we continue on this journey yet again. I'm looking forward to another year supporting SMCHA, flying the flags with honor and working with these amazing and talented horsewomen!

-Captain Christine Friis

Very proud times for me to be part of the SMCHA color guard led by Captain Christine Friis. A wonderful combination of fun, camaraderie, discipline for horse and rider, and carrying the flags of the USA, California, SMCHA and a very special flag to honor our fallen heroes. Our entire team is a dedicated group of SMCHA members, not only riders but ground crew who are so accomplished when it comes to the details of getting all of us "suited and booted."

-Cheryl Basin

It's been an honor to be part of the SMCHA Color Guard team and a great experience to be able to ride and fly our colors for opening ceremonies at so many great events. I have bonded with my horse at a level I didn't know existed! I can only hope to be able to bond with my new horse this year and have more great memories. I'm looking forward to a great and fun year!

-Sara Esquivel



To be a part of the SMCHA Color Guard has been an awesome experience. It has brought me some great friends, teamwork, and a bond with my horse that I never thought was possible. You think you have a good bond with your horse and then you go through experiences such as Color Guard and learn it only gets stronger! I truly feel that when riding my horse, Mufasa and I, are now one. It is an honor and a blessing to be working with such great people, with my horse, and presenting our flags.

-Stephanie Owens

The 2015 season is my second year with the SMCHA Color Guard team and another exciting year it will be with such wonderful and experienced equestrians as teammates. The exhilaration and pride you feel when your riding in a parade with the flags flying and the SMCHA banner being carried out in front of the horses is hard to describe. The strong sense of camaraderie and friendship, all working together on the ground and in the saddle is very special. Thank you to SMCHA, Captain Christine Friis, ground crew manager Jenny Mize, and all my teammates for giving me this opportunity and lifelong memories.

-Kristina Wuslich

Being a member of the Color Guard has meant a lot to me over the last two years. I enjoy being with and around the other team members. We work hard and work well together. It is very rewarding for me to see the mounted members succeed and overcome their fears. I'm very honored to be included in this wonderful group of women.

-Debbie Padilla

I was introduced to the Color Guard last year partially because I have a horse of the right color - my chestnut Quarter Horse mare, Viva. She and I started practicing with the Color Guard but I soon decided ground crew was a better place for Viva and me right now. I have really enjoyed getting to know the Color Guard "family" and helping at events! It takes an army to tack up the horses and dress and mount up our four riders. This is a wonderful group of people and I love being a part of the events - we have a great time!

-Cindy Sidaris

Becoming involved with the SMCHA color guard has been an amazing journey that I will surely never forget! The amount of hours that we spend together practicing, getting "suited and booted", and presenting colors creates a bond between teammates and horse and rider that many would never be able to understand. Pushing yourself and your equine companion to an all-new level is something that takes an incredible amount of passion and bravery. No matter what we have asked them to do, our team of horses and riders has always walked through the scariest of situations together. Chris, Cheryl, Steph, Kristi, Caprice, Tina, Sara, Deb, and Cindy I am honored to have walked this journey with you and to be able to not only call you teammates but also friends.

-Jenny Mize

Making a Pair of Horn Bags Out of Your Old Cowboy Boots

BEFORE throwing away your old leather cowboy boots, you can make a handy pair of horn bags. All you need is an old pair of leather boots, a hole punch, two small buckles, some rivets, leather lace (three strands about 3 feet long), and some spare leather strap (about 3 feet long). You use this piece for your strap and buckles. Imitation leather boot tops won't work.

Step 1/ Cut the tops off your old boots; be sure that you measure 7 to 8 inches from the top of the boot.

Step 2/ Punch holes across the bottom.

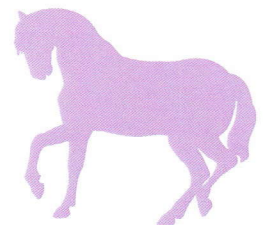
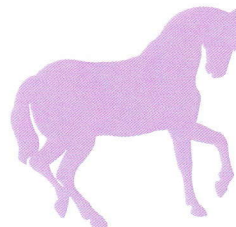
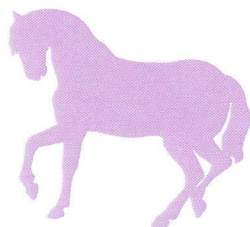
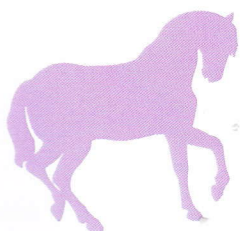
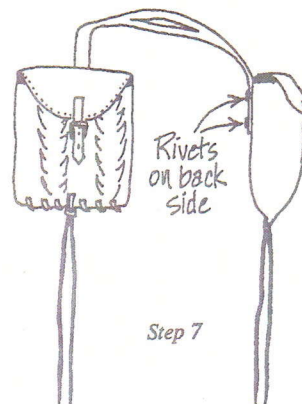
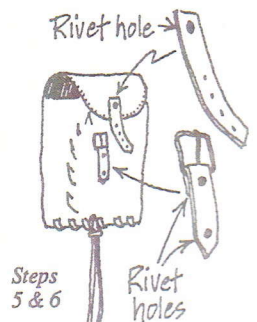
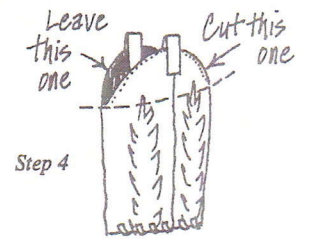
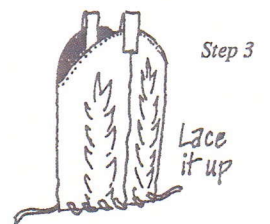
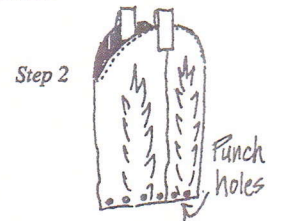
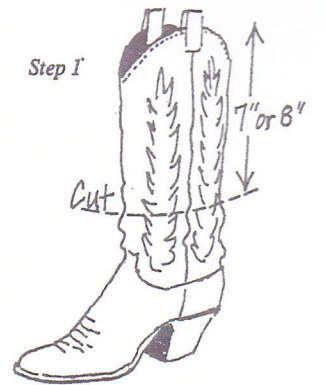
Step 3/ Lace it up using the holes you just punched. Make sure it's tight.

Step 4/ Cut off one of the rounded tops of the boot, so the other one can flap over.

Step 5/ Rivet the buckle and strap on.

Step 6/ Punch a hole and put your tie-down lace on. This ties to a ring on your saddle.

Step 7/ Repeat these six steps for the other bag, then hook them together with a 1½-foot strap. Cut a slice down the middle of the strap big enough to fit over your saddle horn. Hook the strap on with rivets.



First Aid Workshop

By: Kristin Dietrich DVM



- **COLIC:** The most common emergency call is for colic. Colic is a general term for abdominal discomfort. Usually, the pain is intestinal, but any organ in the abdomen can be responsible (i.e. liver, uterus in mares, etc.) Symptoms can include inappetance (being off feed,) pawing, looking at sides, getting up and down uncomfortably. Causes of colic vary from the most common, gas colic, to impactions, enteroliths (stones,) intestinal twists and ileus (a condition where the gut shuts down and food fails to pass normally from the mouth to the anus.) **WHAT TO DO?** Take your horse's temperature using either a glass, ring top rectal thermometer or a plastic, digital thermometer. (Sometimes a fever can mimic a colic because the horse goes off his feed.) Call your vet if the temperature is greater than 102 degrees F. Give 500mg Banamine IM or orally. Take note of the time that you administer the medication. Hand walk your horse for 30 minutes, and then offer a 1 lb wet bran mash with 1 T salt, 1 Cup oil and some molasses or sweetener to improve the taste. If you see no improvement in your horse's behavior within 1 hour of administering the Banamine, you will need to call a veterinarian to examine your horse as soon as possible. If your horse improves, **DO NOT FEED HIM FOR THE REST OF THE DAY.** You may offer a small amount of green grass for grazing, if available, but you certainly do not want to make an existing impaction larger. Keep in contact with your veterinarian for maintenance over the next several days.
- **TYING UP:** Another disorder that is often mistaken for colic is rhabdomyolysis. In this disorder, the horse will demonstrate intense discomfort, profuse sweating and may refuse food. If the condition is allowed to progress without veterinary intervention, the horse gets very muscle sore, refusing to walk. The muscles harden as they are damaged, releasing the muscle protein myoglobin into the bloodstream to be filtered by the kidney. This is what changes the urine to a dark coffee color. Tying up usually happens to large, muscle bound breeds, but can happen to any horse, particularly if he is not conditioned and aerobically fit. The classic tied-up horse is a draft or quarterhorse that is fed a high energy (carbohydrate) diet routinely, even on days of rest. When the horse is not exercised, carbohydrates consumed don't get used and end up creating muscle lactic acid, which destroys the muscles. **WHAT TO DO?** This condition really needs medical treatment, as it is very complex metabolically, and can cause life threatening kidney failure. While waiting for your veterinarian, keep your horse quiet and warm, blanket him, if available. **DO NOT WALK HIM.** If you have an appropriate medical emergency kit, you can administer 1cc Dormosedan IM to alleviate pain, mildly sedate him and enhance circulation to his muscles. As always, record the time that you give any medication. Attempt to hydrate him and replace the electrolytes he has lost in his sweat with a commercial electrolyte paste.
- **LACERATIONS:** Location, location, location. Where a laceration occurs greatly affects its need for repair, prognosis for the stitches (and soundness,) and potential for life threatening infection. The most important part of assessing a wound is determining what structures beneath the puncture, cut or slice may have been penetrated or damaged. Putting gentle traction on the edges of the wound will help you determine if it is full skin thickness or if just the epidermis has been abraded off, revealing the dermis of the skin. Of course laceration over tendons, ligaments, and joints, as well as those that have a spurting arterial blood vessel require more immediate attention. **WHAT TO DO?** Clean the wound with clear cool water and liquid soap (all soaps by nature are bacteriocidal due to the detergent present) Apply pressure with a clean towel to stop excessive bleeding. Kotex pads and bandaging materials are inexpensive, easy to carry on the trail and effective in absorbing blood from open wounds on the legs. Most of the time, lacerations, punctures and abrasions will swell within the next 48 hours, so it is a good idea to start on an anti-inflammatory agent soon. If you are uncertain about whether your horse' injury requires sutures, flushing or antibiotics, it is best to consult your veterinarian. An additional note: Lacerations or trauma to the head, particularly around the eyes and eyelids, require special attention as there may be secondary complications of loss of sight or neurologic disorder. Trithalamic eye ointment is good to have in your emergency kit (**JUST BE CERTAIN THAT IT CONTAINS NO STEROIDS---HYDROCORTISONE, PREDNISONE, ETC.**)
- **AN OUNCE OF PREVENTION...** I am a firm believer in prevention. The best emergency is the one you prevented. There are several simple preventative maintenance steps you can easily do to prevent the vast majority of **EXPENSIVE** emergencies. Adding 1 T of salt (iodized sodium chloride mixed 50/50 with "Lite" potassium chloride salt) replaces lost electrolytes, prevents pica (a condition where horses eat dirt, manure, etc. in an attempt to replace deficient nutrients and minerals) helps muscle function, preventing most tie ups, and keeps your horse thirsty and hydrated, thus preventing impaction colic. Keep your horses teeth floated and balanced. Reduce hot feeds (corn, oats, barley, All in One) as much as possible, especially in horses that are inactive. Hot feeds are carbohydrate-based, metabolically converting to intestinal gas and lactic acidosis, a very good recipe for gas colic, tying up, laminitis, etc. Iodine the soles of your horse's feet, especially during the wet winter months, and transitional months into and out of winter. This simple act kills bacteria and toughens the hooves, making them more impervious to hoof abscesses. Have a good medical emergency kit containing: 1cc syringe of Dormosedan (for IM, IV or oral administration); 500mg Banamine liquid or paste; Trithalamic eye ointment; Bandaging materials (Kotex or absorbent cotton/Elasticon/ Gauze rolls); wound cleansing cotton or gauze pads; liquid soap; bandage scissors; a knife; Furacin antiseptic ointment; Bute paste (easily administered on the trail); Azium oral powder or injectable for insect bites, swelling and hives; commercially available over the counter Electrolyte paste.

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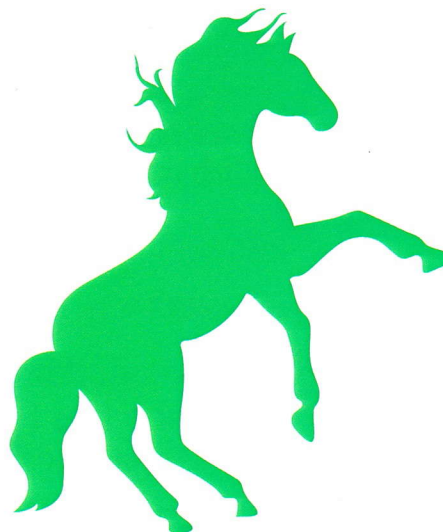
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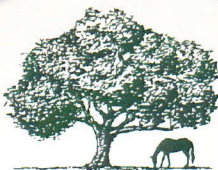
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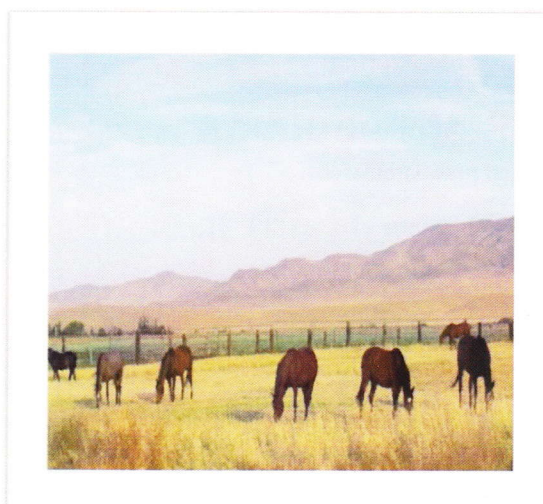
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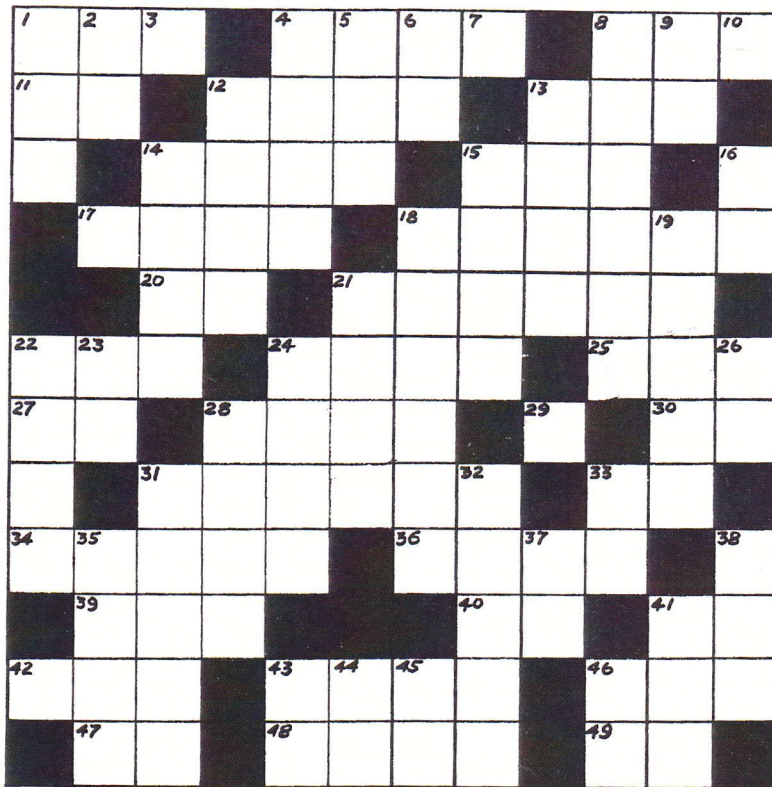
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CROSSWORD PUZZLE



Across

1. Federation Equestre Internationale
4. Forward part of horse
8. Head Cover
11. Letter Telegram (ab.)
12. Producer of offspring
13. General Sherman's horse
14. Back of the neck
15. Male human
17. Linseed and Kneatsfoot
18. Used to lead a horse
20. Trail Exhibition
21. Type of Horse
22. Save Our Skyline (ab.)
24. Opposite of there
25. Horses did at track
27. Harness Horse (ab)
28. To guide
29. Old Horse's age (ab.)
30. Therefore
31. Part of saddle
33. General Electric (ab.)
34. Intestinal parasites
36. Pertaining to Horses
39. Female deer
40. not prefix
41. Overseas Airlines (ab.)
42. To take off
43. American Horse Shows Association (ab.)
46. A color
47. Riding Sports (ab.)
48. Newborn horse
49. In or near

Down

1. Insect bothers Horses
2. Equestrian Team (ab.)
3. Roman numeral
4. Bites
5. Metal in its natural form
6. South east (ab.)
8. Collected run
9. To be first person
12. Horse auction
13. Mineral
14. Yellowish affixtures on hairs
15. Hair on Neck of Horse
16. Chemical element
18. Barrier to jump over
19. To wipe out
21. Found in swellings
22. Exhibition
23. Exclamation
24. Female chicken
26. Negative command
28. Sorefooted
31. Implements used to assist aids
32. Same as
33. Enlisted soldier
35. Smell
37. United Nations (ab.)
38. Horse feed
41. Grain
43. Air Force (ab.)
44. Type of model railroad
45. Race Track S. Calif. (ab.)
46. Bachelor of arts (ab.)

Answer Key
on page 18

EQUINE EVENTS

TACK SALE

SUNDAY June 14, 2015

9AM to 3PM

The Horse Park at Woodside

3674 Sand Hill Road, Woodside

Held at the "day haul-in area"

Sell your tack, equipment, clothes... anything (no horses)

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Membership Application

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| <input type="checkbox"/> New <input type="checkbox"/> Renewal Annual Dues _____ Youth Member (17 & Under) \$25 _____ Senior Member (18 & Older) \$35 _____ Couple \$50 _____ Family Membership* \$55 * Parent(s) & unlimited # children under 18 Please list names and ages of children _____ _____ _____ | I/We would like to help with the following events/functions: <input type="checkbox"/> Board of Directors <input type="checkbox"/> B - Trails <input type="checkbox"/> C - Western Riding Clinic <input type="checkbox"/> D - Horse Shows/Playdays <input type="checkbox"/> E - Magazine <input type="checkbox"/> F - Trail Rides <input type="checkbox"/> G - Youth Programs/Youth Color Guard <input type="checkbox"/> H - Hospitality/Promotions <input type="checkbox"/> I - Membership <input type="checkbox"/> J - Senior Color Guard <input type="checkbox"/> K - Other: _____ |
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If you **DO NOT** wish to have your name appear in our membership roster, please check here: _____

To be included in our roster, please remit dues by January 31.

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Not all horse camps are made the same...

By: Amy Hublou

Horse camps are horse camps...right? Wrong! When it comes to Horse Camps this year there are a lot of breeds to choose from. Here is a deeper look into the different offerings of some of our local barns and organizations!

Gallop Ventures: Horses, Art and Nature for Social and Emotional Learning

Available for four weeks from mid June to mid July, from 9:00 am – 3:30 pm and located at Webb Ranch in Portola Valley. Gallop combines horses, art and nature for learning and development. Each camp week has a specific theme designed to promote essential life skills including self-awareness, communication, relationship, resiliency and problem solving. Appropriate for all kids between the ages of 6-12.

NCEFT: Happy Trails Camp

Available the first two weeks of August, from 9:30 am – 1:30 pm and located in Woodside. Happy Trails Camp welcomes NCEFT patients with disabilities, as well as their siblings (with or without disabilities). Together they will explore the great outdoors, discover the joys of horses and other animals, get creative with arts and crafts, and just get to relax and enjoy the summer.

Appropriate for kids with or without disabilities between the ages of 6 and up.

BOK Ranch: Full Inclusion Summer Camp

Offering several week-long sessions throughout the summer and located in Woodside. BOK's Full Inclusion Summer Camp provides a well-rounded equine education that encompasses all aspects of horse care and riding in a relaxed and friendly place. This camp is appropriate for kids with or without disabilities and is fun for beginners and challenging enough for experienced riders. Ages are between 6 and 16.

Webb Ranch: Summer Horse Camps

Camps are running all summer long with both full day and half-day options, located in Portola Valley. This camp is more instructional and riders learn grooming, saddling, bridling, and of course, riding! All sessions learn both English and Western and culminate in a trail ride on the last day. Appropriate for mostly typical kids ages 6 and up.

Spring Down: Horsemanship Camps

Offering six week-long sessions between mid June and August, from 9 am–1 pm and located in Portola Valley. Spring Down groups riders according to experience, but no experience is needed to participate. Camp focus is on teaching riding, horsemanship and horse care in small, interactive groups for a hands on experience. Appropriate for mostly typical kids ages 6 and up.